



Weekly Inbox

07 MAY 2019 Issue 321

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs
PM: Practice Manager
Ad: Administrative staff (including medical secretaries, receptionists)
PN: Nurses (including HCAs, Practice Nurses, ANPs)
OC: Other clinicians (including ECP, Pharmacists)

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CHART OF THE WEEK

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FOR INFORMATION

GP PM

1 2019/2020 Care Homes LES

The 2019/20 Care Homes LES has been agreed with minimal changes and the same principles remain. We advise that everyone re-reads the LES fully to ensure nothing new has been missed. The below summarises what has been updated:

- Residential bed payment increased to £2.83.
- More focus on Purple Book and the need to share this with Care Homes
- Updated all wording including 'population needs' and removed duplication.
- Removed 'consider' face to face ward round and added paramedic and clinical pharmacist to appropriate clinician to carry out ward round
- Added 111*6
- New medicines template
- Removed Flu from quarterly data return as the CCG gets this directly
- Add info on INTs

Please click the link to the new [Care Homes LES](#) page on the CCG website. Access is for primary care only and not care homes, it is password protected.

Appendix 4 (how to code, etc.) is yet to be updated and uploaded. This will be shared before the end of the quarter. We are also developing a template for SystemOne for clinicians to complete after a ward round, which will be shared asap.

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Please contact [Laura Kroluk](#) with any questions.

OC GP PM Ad PN

2 Safeguarding Children Update

As many of you already know there is a new referral portal into Customer First to refer any children's safeguarding concerns. To use this portal for the first time you need to register first. The portal should be a quick and easy process and can be found [here](#).

As a rule, the use of the old referral forms is being discontinued, however, MASH have agreed that for the time being you still have the option to complete a MARF if you would prefer but please note the email address to send them to is NOT the one on the form itself, it is customer.first@suffolk.gov.uk.

Any questions, please do not hesitate to contact 01473 264357, contact [Jo Hutchings](#) by email or by mobile: 07958 362068.

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3 [FIT Goes Live on Tuesday 7 May \(Today!\)](#)

Faecal Immunochemical Test in Primary Care (FIT in PC) is being introduced in Suffolk and North East Essex on 7 May 2019. Please click [here](#) for the practice briefing which will be uploaded onto DXS.

If you have any questions please email [Caroline Angus](#) (Suffolk) or telephone on 01473 770283.

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PM

4 [Practice Manager Forum – Save the Date!](#)

The next Practice Manager Forum is taking place on Tuesday 2 July 2019, 13:00 – 16:30, Ipswich. Please save this date in your diary. Further details and agenda will be out soon!

If you would like to attend, please email Jennifer Burman.

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5 [Local Vacancies](#)

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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EDUCATION & TRAINING

6 [Introduction to the Care Homes Local Enhanced Service \(LES\)](#)

Trinity Park Conference and Events Centre, Felixstowe Road, Ipswich, IP3 8UH

Thursday 20 June 2pm-4.30pm (lunch from 1pm)

'Enhancing Ward Rounds—Improving Patient Outcomes'

This session is aimed at practitioners that are new to primary care and/or new to delivering a care home ward round. It is a 'back to basics' session. You will be able to meet the CCG care home team, Selina Lim (a Geriatrician from Ipswich Hospital), who is attending the first half of the session and it's an ideal forum for networking with colleagues doing the same role in other practices. The agenda is still being finalised but will include a ward round 'how to' guide, My Care Wishes item and Medicine Management in care homes.

To book a place or if you have any questions, please email [Laura Krolik](#) by Friday 31 May.

We look forward to seeing you.

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7 [Next Training and Education Event – Wednesday 22 May - Reminder](#)

The next education afternoon is on Wednesday 22 May, where we will be offering Safeguarding Training for all clinicians. [Click for flyer](#).

The main session will cover **Children and Adult combined Safeguarding Updates** including: MASH, Turning Point, Child Exploitation (Make a Change) team, Homelessness Reduction Act & Duty to Refer and Multi-agency Adult Safeguarding Framework.

In parallel, *Jo Hutchings, Deputy Designated Nurse Safeguarding Children and lead for Primary Care* will be running a **Safeguarding Children L3 Training - *Booking is essential as numbers are limited; please email shelley.mitchell1@nhs.net***. This is the same session run by Jo throughout the year at Landmark House and West Suffolk House, which you may have already done or booked onto.

Both sessions will count towards your required hours at the appropriate level for clinicians.

The SNEE STP Leadership and Innovation launch event follows directly after the training event. For more information or to express an interest, please contact [Chloe Cummings](#).

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8 [Kingfisher Mother and Baby Unit Open Sessions](#)

Open sessions are being offered at the Mother and Baby Unit fortnightly (starting Thursday 2 May) at 10:30am and lasting approximately 60-90 minutes. Please click [here](#) for further details and booking information.

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9 [Medico Legal Society – Gross Negligence Manslaughter Lecture – 24 May 2019](#)

Ipswich and Suffolk Club, Archdeacons House, Northgate St., IP1 3BX

Dr Jenny Vaughan will give a lecture on 'Towards a just culture in healthcare – lessons from the world of gross negligence manslaughter'.

Please click [here](#) for booking information and menu.

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10 FREE GP Skills Workshop – 15 May 2019, 1.00-5.00pm (lunch from midday)
Post Grad Medical Education Centre, Lecture Theatre, Ipswich Hospital

Effective Professional Interactions are running a course on ‘Responding Effectively to Medically Unexplained Symptoms’ on Wednesday 15 May. Places must be booked by contacting [Jayne Steele](#). Please click [here](#) for further information.

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11 PACT (Primary care and Community care Training Hub)



Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local

people.

Please follow the link to [PACT Training Hub Newsletter Issue 82](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

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CONTACT

12 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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DID YOU KNOW...?

13 Celebrate Suffolk Day in Felixstowe, 21 - 23 June 2019

Click [here](#) to keep up to date with what is happening over the weekend of 21 – 23 June in Felixstowe, to celebrate Suffolk Day.

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CHART OF THE WEEK

14 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

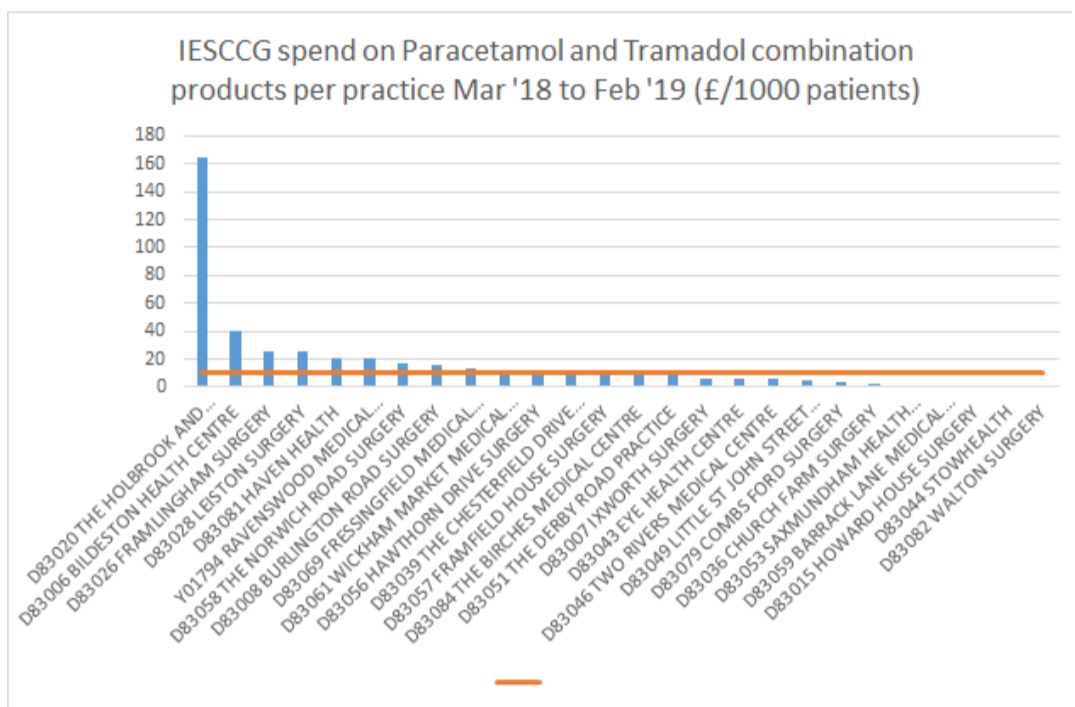
Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at the IESCCG spend on Paracetamol and Tramadol combination products per practice Mar 2018 to February 2019 (£/1000 patients).

Top tip!

NHS England have deemed paracetamol and tramadol combination products (e.g. Tramacet) as a medicine of low clinical value as they contain sub-therapeutic doses of paracetamol and tramadol. Prescribers are requested to consider using alternative analgesia such as regular paracetamol or paracetamol and codeine which are deemed more cost-effective. Further advice is available in our position statement which can be found [here](#).

For further information please contact your Medicines Management technician or contact a member of a team on 01473 770249.



[Click on chart to enlarge](#)

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