



# Weekly Inbox

28 October 2019 Issue 346

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: General Practitioner</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretary, care navigator)</b>
<b>PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)</b>
<b>OC: Other clinicians (including ECP, Pharmacist, PA)</b>

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## FOR INFORMATION

OC GP PM Ad PN

### 1. Reminder: Veterans Covenant

As we lead into Remembrance period could you please promote the [Did you serve? slide pack](#) that the CCG communications team have developed for the screens in surgeries.

The Suffolk Military Covenant website has a range of services including engagement and support groups. They have top-line data on veterans living in Suffolk (by post code area) who receive a compensation payment for health or wellbeing issues from the Ministry of Defence. Surgeries can contact the Suffolk Military Covenant for more information.

#### NHS GP Initiatives:

- [Top Tips for Military Veterans – how to get the most from your GP - part of Veterans Friendly GP Surgery Initiative](#)
- [Veterans' Healthcare Toolkit \(RCGP\)](#)

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### 2. Correction: Veterans Covenant

Last week's Weekly Inbox quoted the incorrect GP record system READ Code 13JY. The SNOMED equivalent code is 302121005. Apologies for any confusion.

- 302121005 History relating to military service (observable entity)
- 753651000000107 Military veteran (finding)

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### 3. The General Practice Podcast: Suffolk Primary Care

Drs Neil Macey and Nick Rayner were recently interviewed for 'The General Practice Podcast' about Suffolk Primary Care (SPC). The episode went live this morning & can be accessed via the link below:

<https://ockham.healthcare/nick-rayner-neil-macey-a-super-practice-in-suffolk/>

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### 4. PPG News

Please find [here](#) the latest edition of the PPG News which includes member's blog, Armed Forces Coffee morning, Connect for Health Social Prescribing programme is now live and [Suffolk How Are You?](#)

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### 5. SEND Parent Carer Update October 2019

Please find [here](#) the latest issue of the SEND Parent Carer Update newsletter, this issue includes SEND youngsters stars of disability hate crime awareness video, support wheel is proving helpful in navigating the Suffolk Local Offer website, Suffolk Parent Carer Network (SPCN) annual survey and self-assessment review event on 1 November.

Link to the update on the Local Offer

website: <https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/advice.page?id=xpW23akMBqI>

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## 6. CGG Website user account

If you have forgotten your login details or need a password reset and cannot access the online reminder, please contact [shelleyhart@nhs.net](mailto:shelleyhart@nhs.net). Whilst the website is no longer used for e-learning, there is still lots of useful clinical and training information for primary care staff that is available online:

[www.ipswichandeastsuffolkccg.nhs.uk/GPpracticememberarea.aspx](http://www.ipswichandeastsuffolkccg.nhs.uk/GPpracticememberarea.aspx)

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## 7. Local Vacancies

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

The Peninsula Practice are currently advertising for a Salaried GP, please find more information and contact details [here](#).

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## PCN CLINICAL DIRECTORS INFORMATION

## 8. PCN Questionnaire

As Primary Care Networks continue to develop and form, NHS England are keen to understand the issues that PCNs are facing and whether support can be developed to overcome common issues that PCNs may be experiencing.

In order to more clearly understand the issues that PCNs may be facing, NHS England would like to canvass your views and experience to date via a [short list of 9 questions](#).

The responses will be used to develop support or where appropriate point PCNs in the right direction to enable them to develop and achieve their objectives over the coming months.

Thank you for taking the time to complete this. It is recognised that this will take some time for you to complete but it is not envisaged that to be more than 30 minutes of your time.

The feedback will be considered by the Regional Primary Care Development Working Group to jointly develop support activities and share solutions, ideas and best practise to unblock some of these challenges for PCNs. All responses will remain anonymous and a summary of the findings will be shared with all PCN Clinical Directors in the East region.

Please find the [PCN Questionnaire here](#).

Please return responses to [oe.gpfv@nhs.net](mailto:oe.gpfv@nhs.net) by **Friday 1 November**.

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## EDUCATION & TRAINING

## 9. Training and Education 6 November 2019

The next education and training afternoon is on Wednesday 6 November, at Trinity Park.

Our headline topic this month is Older People, with Dr Dan Coates, consultant in older people's medicine at ESNEFT. At the same time we are offering SEND awareness training with Tabitha Griffin, which is open to non-clinical practice staff too.

This month's event will also cover a wide variety of other topics and meetings including Respiratory, Serious Mental Illness health checks, Urgent Treatment Centre, SEND, Safeguarding Leads, Clinical Directors meeting and NHS Pension schemes.

Additional meetings include [Care Homes & GP Networking Event](#) (to confirm attendance, please email [Jennifer.burman@ipswichandeastsuffolkccg.nhs.uk](mailto:Jennifer.burman@ipswichandeastsuffolkccg.nhs.uk)) and for nurses, the [Practice Nurse Forum](#), where our agenda includes respiratory and wound care.

For more information and timings, please [download Afternoon Agenda](#). We hope you see you there; as ever it helps with planning if we have an idea of numbers so if you are planning to come please [email Shelley](#).

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## 10. Psychosis: the What and Why of Early Intervention

The next in our series of evening education sessions is coming up on Tuesday 12 November will be focused on Psychosis. We welcome Clinical Psychologist Dr Rebecca Rollinson and Dr David Williams from NSFT, who will aim to deliver an understanding of psychosis, the rationale for the importance of early intervention, what is provided within an early intervention service and procedures for screening and referring through from primary care. [Download flyer](#)

Date: **Tuesday 12 November 2019**

Time: 6.45pm for two-course supper. Education 7.30pm – 9.30pm

Venue: Trinity Park Bucklesham suite, Felixstowe Road Ipswich IP3 8UH

Places are limited and we need to know numbers for catering so any staff wishing to attend will need to book a place please via email to [shelleyhart@nhs.net](mailto:shelleyhart@nhs.net) or call 01473 770021.

A reminder that our series of evening education events are FREE to ALL primary care staff working in general practice in Ipswich and east Suffolk and resources from each session are available on the [CCG website](#). Videos from previous sessions will be available very soon and we thank you for your patience!

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## 11. GP Training: Goal-setting for Patients Living with Multimorbidity

Learn how to use goal-setting to support patients living with long term health conditions, this course will help you discover the practice of goal setting in a primary care context. This course is accredited by the Royal College of General Practitioners and is an online course. Please visit the [Future Learn website](#) for more information and to sign up.

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## 12. Reminder: FREE Workforce Transgender Awareness Training

Open to primary care staff working with Suffolk patients, this two-hour session aims to increase your knowledge and skills when working with people who identify as transgender, enabling you to work more confidently and compliantly within current legislation and guidance. [View Flyer](#) for more information. Choice of two dates/venues:

**Tuesday 12 November**, 2.30pm-4.30pm, Bury St Edmunds [Please click here to book](#)

**Wednesday 20 November**, 10.30am-12.45pm, Claydon [Please click here to book](#)

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### 13. Standard Level Prescribing Clerk Training – Wednesday 11 December

Standard Level Prescribing Clerk Training is being held on Wednesday 11 December 2019 at Endeavour House. Please click here to [view](#) the flyer for more information.

The session will be an introduction to basic repeat prescribing duties for new staff. It will help to identify potential roles for prescribing clerks, provide some underpinning knowledge to assist staff in carrying out the role and update on current policies. If you would like to book a member of staff on to this session, please email [Claire Allen](#) to reserve your space. Spaces are limited and allocated on a first come first served basis.

Dates for 2020 training will be advertised shortly.

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### 14. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care. **Please follow the link to the latest [Training Hub Newsletter Issue 106 – 16 October](#)**

If you would like to sign-up to receive the newsletter directly each week or have any queries please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

*The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.*



Suffolk & North East Essex Primary Care Training Hub

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## DID YOU KNOW...?

### 15. CCG Newsletter

The CCG has a regular newsletter that is sent out to the public, patients and partners across our region to let people know about the work we are doing and new services. Take a look at the latest newsletter [HERE](#).

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## CONTACT

16. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#). If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.

**Want to become a Dementia Friend? Watch an online video** by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

#### Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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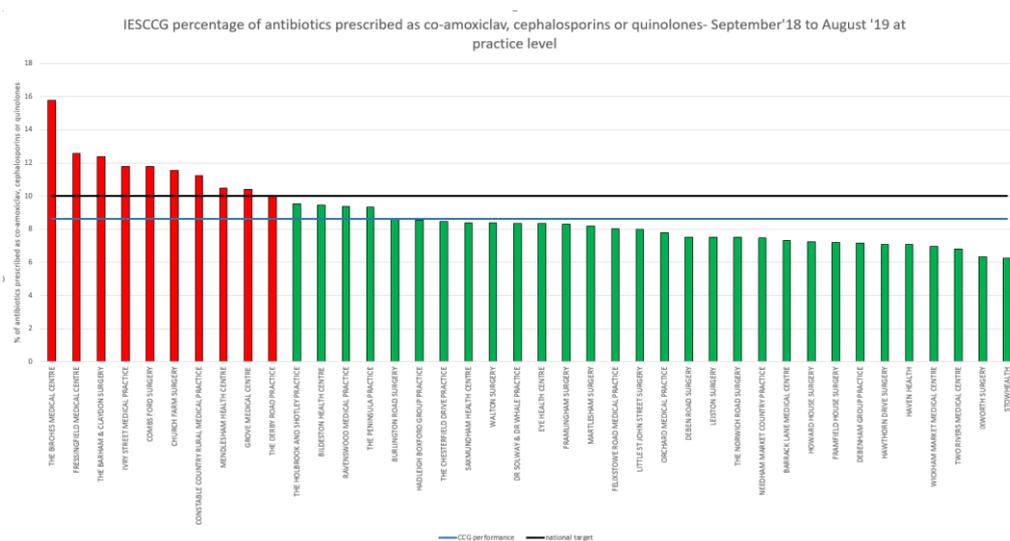
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## CHART OF THE WEEK

17. We publish a chart every week offering comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Please [let us know](#) if there are any topics that you would find it useful for us to cover. This week we are looking at **Antibiotics prescribing**

IESCCG has **updated the antimicrobial LES** to encourage practices to continue to review their broad spectrum antibiotic prescribing at their practice meetings. The updated LES will run until March 2020 and all practices are encouraged to participate. Further information including a copy of the LES has been sent out to Practice managers and prescribing leads. If you have any questions please contact a member of the medicines management team on 01473 770249.



[Click on chart to enlarge](#)

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