



Weekly Inbox

23 APR 2019 Issue 319

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

- GP: GPs**
- PM: Practice Manager**
- Ad: Administrative staff (including medical secretaries, receptionists)**
- PN: Nurses (including HCAs, Practice Nurses, ANPs)**
- OC: Other clinicians (including ECP, Pharmacists)**

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FOR ACTION

1 [E-Learning with Blue Stream Academy](#) PM

Practice staff lists have been sent to Blue Stream for setting up the new accounts therefore any new staff who were not on your original list, will need to be added to the new system by individual practices once you've received your activated logins, which all being well, will be on 1 May. Can Practice Managers please ensure that you have an accurate up to date record of your staff training record as at 30 April in order to input the data onto the new system.

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2 [Learning Disability and Autism Training for Health and Social Care Staff Consultation](#) OC GP PM Ad PN

The government wants to know how we can make sure that health and social care staff have the right training to understand the needs of people with a learning disability and autism, and make reasonable adjustments to support them.

Thank you if you have already responded, if not the original deadline for responding to this consultation has been extended by 2 weeks. It will now close on 26 April.

Please have your say and share widely by clicking [here](#).

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FOR INFORMATION

3 [Caring for Primary Antibody Deficiency \(PAD\) Patients in the Community](#) GP

Please click [here](#) for a leaflet written for GPs regarding caring for Patients with PAD in the community.

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4 [Self-harm Project](#) OC GP PM Ad PN

Student Life is working on behalf of the CCG to raise awareness of self-harm. There is for an opportunity for young people to be involved including producing a film on the subject. Please pass the details ([see flyer](#)) on to anyone you feel may be interested.

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5 [Local Vacancies](#) OC GP PM Ad PN

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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6 Mental Health Education Evening – Tuesday 7 May – Reminder!

The next in our series of free mental health and emotional wellbeing education evenings is on Tuesday 7 May. The topic is **Management of Anxiety & Depression** and our speaker is Dr Ram Elayaperumal, Consultant Psychiatrist and Clinical Tutor from Essex Partnership University NHS Foundation Trust.

Sessions are open to all primary care staff and include supper, but places are limited. To book your place, please contact [Karen Ghosh](#) and to advise of any dietary requirements.

For more information, please click for [flyer](#).

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7 Free Safeguarding – Gangs and County Lines Events

Building on messages shared across the Midlands and East geography, these events will provide further contextual safeguarding discussions, debates and learning attention, spreading awareness and key messages on the subject of the criminal exploitation of children and young people.

The events will all include a theatre performance from Alter Ego Creative Solutions on County Lines and Gangs, contextual safeguarding messages from local/ regional Police colleagues and the opportunity for round table discussions on issues raised.

Please see below dates and booking links. Please be aware when booking a ticket there is a separate morning and afternoon session taking place.

Please only book on to one session.

15th May 2019 - Jurys Inn East Midlands Airport

[09:30 – 12:00](#)

[13:00 – 15:30](#)

5th June 2019 - Newmarket Racecourses

[09:30 – 12:00](#)

[13:00 – 15:30](#)

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**8 FREE Cancer Update – 6 June 2019
Ravenwood Hall, Rougham, Nr Bury St. Edmunds**

There will be a FREE cancer update from 2-5pm for all clinicians, including GPs and Practice Nurses.

Cancer Prevention - *Professor Rob Thomas, Oncologist Addenbrookes* - latest research on diet and exercise

Radiology and Cancer - guidelines/early diagnosis
Dr Simon Smith, Radiologist, Ipswich

The new FIT Test in Primary care - *Dr Peter Holloway, GP Mendlesham and CCG lead*

Early Diagnosis of Lung Cancer - *Dr Thomas Pulimood, Consultant Chest Physician, Bury*

In the morning, there is an educational event for **practice nurses only** which will include talks, followed by lunch:

- Lung Cancer Patient Pathway** - Dan Jolly CNS
- Ipswich Urology Service** - Charlotte Etheridge CNS
- Medicine Information Resources for Primary Care** - Sarah Cavanagh Pharmacist
- Update on Cancer Care Reviews**

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9 FREE Mental Health Awareness and Emotional First Aid Workshop

This workshop is wide reaching. The aim is to enable attendees to develop an awareness of mental health problems and illnesses in order to be able to recognise when someone, whether a patient or colleague, is struggling with mental health and to offer emotional first aid. Therefore the workshop is helpful to all staff and their managers irrespective of disciplines or fields of practice.

Click for [flyer](#).

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10 PACT (Primary care and Community care Training Hub)



Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 80](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

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CONTACT

- 11 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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CHART OF THE WEEK

- 12 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

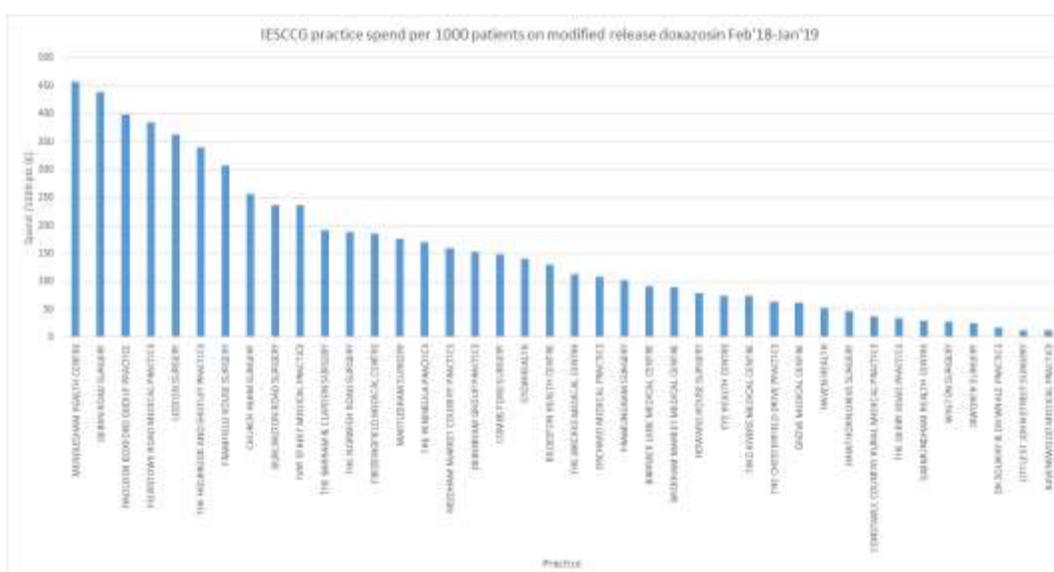
Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: IESCCG practice spend per 1000 patients on modified release doxazosin Feb 2018 – Jan 2019.

Top Tip!

NHS England have deemed modified release doxazocin as a medicine of low clinical value. Prescribers are requested to consider using immediate release doxazosin in place of the modified release preparation as it provides the same control on blood pressure but for a lower acquisition cost.

Medicines management technicians have a protocol to allow them to identify suitable patients and switch them to the immediate release preparation. For further information please contact your Medicines Management technician or contact a member of a team on 01473 770249.



[Click on chart to enlarge](#)

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