



Weekly Inbox

25 FEB 2019 Issue 311

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs
PM: Practice Manager
Ad: Administrative staff (including medical secretaries, receptionists)
PN: Nurses (including HCAs, Practice Nurses, ANPs)
OC: Other clinicians (including ECP, Pharmacists)

FOR ACTION	SOCIAL PRESCRIBING
1. Update for Patients being Stepped up to a Community Hospital	11. 'Connect for Health' Community Adviser Surgery Open
2. EU Exit Letter on Personal Data	EDUCATION & TRAINING
FOR INFORMATION	12. Loss and Resilience – Meaning Making though Illness or Bereavement
3. DXS Update	13. Health Coaching Flyer
4. Can Do Health and Care Newsletter	14. Training and Education Event – Thursday 14 March
5. COPD Respiratory HOT Clinic - Reminder	CONTACTS and USEFUL LINKS
6. Information Governance Update – Secure Email	15. Contact us
7. Suffolk Safeguarding Adults Board Newsletter	CHART OF THE WEEK
8. Support and Information for People with Borderline Personality Disorder	16. Chart of the Week: Percentage of co-amoxiclav, cephalosporins and quinolones rolling 12 month – Nov 2018 and variance in prescribing YTD.
9. West Suffolk GP Queries and Discharge Summaries	
10. Local vacancies	

FOR ACTION

- OC GP PM PN**
- 1 Update for Patients being Stepped up to a Community Hospital**

All patients will require a drug chart on admission, written by their GP, in order to be stepped up into any community hospital bed. The community hospitals do not have 24 hour medical cover and the drug chart is essential for patients to receive any medication. The chart will be required on admission to the community hospital to ensure patient safety and enable vital medication to be given. Please contact [Rebecca Walker](#) with any queries.

[Back to top](#)

- OC GP PM Ad PN**
- 2 EU Exit Letter on Personal Data**

Please click [here](#) for letter and Q&A from Keith Willett and Dawn Monaghan relating to personal data. Some related information is also available [here](#).

For any queries, please contact england.eoe-euexit@nhs.net.

[Back to top](#)

FOR INFORMATION

- OC GP PM Ad PN**
- 3 DXS Update**

Click [here](#) for the latest DXS Update that includes the latest referral forms and top tips.

[Back to top](#)

- OC GP PM Ad PN**
- 4 Can Do Health and Care Newsletter**

Click for the February edition of the [Can Do Health and Care newsletter](#). The draft governance paper is included as one of many highlights within this edition.

[Back to top](#)

- OC GP PM Ad PN**
- 5 COPD Respiratory HOT Clinic - Reminder**

A new COPD/Respiratory Hot Clinic initiative has been launched. Ipswich Hospital are offering a rapid access clinic to help patients with COPD avoid hospital admission. Patients that risk coming to the Emergency Department because their condition has suddenly worsened can be seen by a specialist on the same day or next day.

An information leaflet detailing the new service and details of how to refer can be found here [COPD Respiratory HOT Clinic leaflet](#). This service will run alongside our current admission avoidance service and you can refer using the same [referral form](#) as before. The clinic will be staffed by a specialist respiratory practitioner who will be able to carry out appropriate investigations, which could include blood tests, arterial blood gas tests, ECGs, chest X-rays and a respiratory physician (clinical lead) will review complex cases as necessary.

Following assessment, patients will be discharged with ongoing support in the community and GPs will be informed within 24 hours.

[Back to top](#)

6 Information Governance Update – Secure Email

[Sharing Sensitive Information Guide for NHSmail users](#): This guidance has been designed to help avoid the use of fax machines or the postal service, to safely and efficiently share personal confidential data and sensitive information where there is a business need to do so by email. It also contains a list of email addresses that are known to be secure.

[Encryption Guide for NHSmail](#): This guidance tells you how to use the [secure] function of NHSmail to enable you to email those organisations that do not have a secure email.

[Changes to spoofing controls on the NHSmail service](#): Spoofing is the forgery of an email address to give the appearance of being sent from someone or somewhere other than the actual sender. Spoofed email are now being marked with a message to inform the recipient that they are receiving a spoofed email. You will need to check your junk mail folder regularly.

As an alternative to NHSmail some organisations have implemented Office 365 to meet the secure email standard. You can find a list of these organisations [here](#).

For more information contact [Jodie Stutely](#).

[Back to top](#)

7 Suffolk Safeguarding Adults Board Newsletter

The Safeguarding Adults Board Newsletter for February 2019, can be accessed [here](#).

[Back to top](#)

8 Support and Information for People with Borderline Personality Disorder

Following the recent Personality Disorder education session, the useful leaflet produced by Suffolk User Forum is now available to download from the CCG website [HERE](#).

The [slides from the clinician presentations](#) are also available in the GP resources area.

[Back to top](#)

9 West Suffolk GP Queries and Discharge Summaries

A polite reminder that all GP queries relating to West Suffolk Hospital Foundation Trust (WSFT) are to be emailed to wsccg.wshgpqueries@nhs.net, and not sent by post. With regards to contractual issues, these can also be emailed to this inbox, and the team will liaise with the GP Contracts queries team accordingly.

Similarly, if you have received a discharge summary from WSFT for a patient that is no longer registered with you, or is not your patient, please send a copy of the discharge summary back via email to wsccg.wshgpqueries@nhs.net.

For your information, the WS CCG WSH GP Queries inbox is managed by Jo Wyatt, who works across both WS CCG and WSFT. Please note that she is not always able to respond to your requests and queries immediately as she is not always working at the Trust and therefore cannot access eCare. She will, therefore, deal with your request within 24 hours of receipt.

[Back to top](#)

10 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

[Back to top](#)

11 'Connect for Health' Community Adviser Surgery Open

Burlington Road Primary Care has become the first GP Practice in Ipswich to host a Social Prescribing Community Adviser under the 'Connect for Health' programme. Healthcare professionals at the Practice can refer individuals for an appointment with the Adviser to give advice on non-medical related issues. Their aim will be to improve individuals' wellbeing by recognising that they are affected by a range of non-medical social, economic and environmental factors and will connect people to existing local voluntary, community and statutory agencies for practical and emotional support.

The Community Adviser can link individuals with services including:

- Healthy lifestyle advice
- Welfare benefits and financial support
- Employment, training and volunteering
- Education and learning opportunities
- Arts, culture and creative activities
- Befriending, counselling and emotional support groups

The 'Connect for Health' programme will be rolled out to all Ipswich GP surgeries over the year ahead together with the Connect for Health project in east Suffolk. Suffolk Coastal District Council (on behalf of local partners including Suffolk County Council, Babergh and Mid Suffolk District Councils and Ipswich and East Suffolk CCG) are commissioning the Connect for Health programme to provide Link workers, known as Community Advisors across East Suffolk.

For more information on how the programmes will work and the benefits to the individual, please see the [Connect for Health Flyer](#) or email [Zoe Knight](#).

[Back to top](#)

EDUCATION & TRAINING

12 Loss and Resilience – Meaning Making through Illness or Bereavement

Saturday 30 March at the University of Suffolk

Loss and resilience - meaning making through illness or bereavement – a conference for those supporting people through loss and transition such as ageing, bereavement, illness, disability, the ending of relationships and unemployment.

Please circulate to anyone that may benefit from this opportunity.

Jointly delivered by the University of Suffolk and St Elizabeth Hospice – [book online here](#).

[Back to top](#)

13 Health Coaching Flyer

At the recent prescribing leads meeting at Trinity Park, the Health Coaching Team spoke about the free training that they currently have available to primary care clinicians across Suffolk. For anyone who is interested in finding out more, please take a look at the [flyer](#), which has some further information and upcoming training dates.

This training is suitable and accessible to anyone working within primary care in Suffolk in a patient facing role, working with people living with long term conditions and/or dealing with behaviour change. Some clinicians have also reported health coaching training as having a positive impact on their own stress levels and resilience at work.

There is a confirmed course in Woodbridge in October, with the September course venue yet to be confirmed but the team are aiming to host in East Suffolk. To book or for more information, please contact the team at health.coaching@wsh.nhs.uk.

[Back to top](#)

14 Training and Education Event – Thursday 14 March

The next Training and Education afternoon at Trinity Park is on Thursday 14 March where Prof Chris Williams will be presenting on Living Life to the Full. This will be followed by Haematology with Dr Andrew Hodson. There will also be time during the afternoon for collaborative groups to meet. Click [here](#) to view flyer.

[Back to top](#)

CONTACT

- 15 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



[Like us on Facebook](#)



[Follow us on Twitter @IESCCG](#)

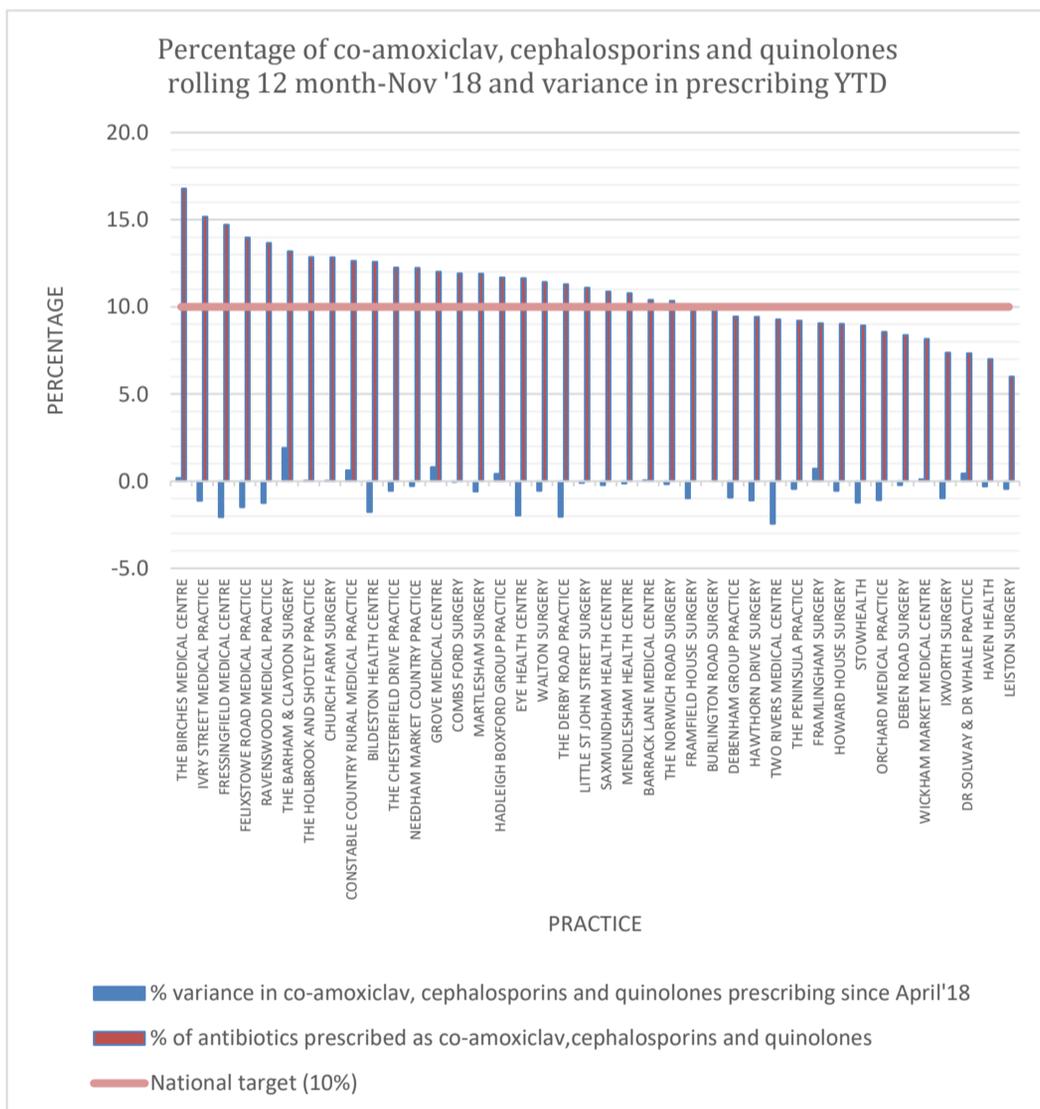
[Back to top](#)

CHART OF THE WEEK

- 16 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Percentage of co-amoxiclav, cephalosporins and quinolones rolling 12 month – Nov 2018 and variance in prescribing YTD.



Click [here](#) to enlarge the chart.

[Back to top](#)