



Weekly Inbox

16 March 2020 Issue 365

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner
PM: Practice Manager
Ad: Administrative staff (including medical secretary, care navigator)
PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)
OC: Other clinicians (including ECP, Pharmacist, PA)

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FOR ACTION

OC GP PM Ad PN

1. Coronavirus (COVID-19) – urgent information

Urgent message from NHS Digital:

We are concerned that patients seeking information on the coronavirus are being directed to call 111 rather than use NHS 111 online. NHS 111 is experiencing very high call volumes.

When directing patients to general information on coronavirus, including in your social media messaging, please use this url: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

For patients concerned that they may have coronavirus or may have come into contact with someone who has, the NHS 111 online service has created coronavirus pages that tell patients what they should do based on their particular circumstances. These can be accessed at: <https://111.nhs.uk/service/covid-19>

It is essential that the correct URLs are used with immediate effect and we are asking you to immediately cascade this information to all practice staff. [Back to top](#)

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2. Carers UK – Coronavirus guidance

Carers UK has issued some [guidance](#) for carers in regards to the Coronavirus outbreak. [Back to top](#)

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3. Mum and Baby app launch

This week sees the official launch of the Mum and Baby app. There will be some media coverage around the app so please familiarise yourselves with it. Please see the attached documents for you to share with staff. The app is not just for maternity staff, it is far reaching and could be invaluable in the postnatal period.

- [Information for staff](#)
- [Mum & Baby poster](#)
- [PCP Poster](#)
- [PCP Staff guidance](#)

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4. Tier 2 VISA

It has been confirmed that there will be no further reimbursement of practice costs (between £536 - £1476) for Tier 2 sponsorship applications post 31st March 2020. We would therefore encourage all practices make an application prior to this date. The sponsorship licence, once granted, lasts for 4 years and covers not just GP's but the wider Primary Care Workforce such as Nurses, Clinical Pharmacists, Qualifying GP trainees, Paramedics, Physician Associates and other clinical roles.

The IGPR team are here to help you out with the process and your application and once you have collated the necessary paperwork then the application process takes between 20 – 30 minutes. If you would like to take advantage of this reimbursement and potentially expand your recruitment potential then please contact Sonia Carnegie Sonia.carnegie@westsuffolkccg.nhs.uk.

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5. Lung suspected cancer referral form

GP

PN

We are in the process of introducing some revised 2ww forms on DXS to reflect some changes in cancer pathways. The majority arise from nationally mandated alterations to improve patient care. Please find [here](#) Lung suspected cancer referral form.

Cancer pathways are increasingly moving to straight to test or one stop diagnostics in line with the new 28 day diagnosis standard, and it is therefore essential that requested investigation is completed in primary care. As an example, it is mandatory in the new lung pathway that a recent CXR has been done, and pre-referral blood tests ordered. There are appropriate buttons on the ICE system under 2WW. It is not essential to wait for the results, merely to confirm that they have been arranged so secondary care can then access the results. This is nothing to do with targets but to ensure there are no unnecessary delays in patient care.

Please remember, for breast, there are now separate forms for male and female which are available on DXS. Both forms now separate suspected breast cancer and referral for symptomatic breast problems; the latter includes suggestions for appropriate primary care management prior to referral, but do not delay if clinical suspicion suggests the possibility of cancer.

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6. Mental Health Awareness Modules Now Available on Blue Stream

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There are 5 new modules covering, Anxiety Awareness, Depression Awareness, Eating Disorders Awareness, Stress Awareness and Suicide Awareness now available on Blue Stream. Managers can add modules to staff training profiles. If you would like any further help, please contact Blue Stream Academy at info@bluestreamacademy.com or call 01773 822549

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7. Great East Run 2020

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Please find [here](#) a poster for the Great East Run, this is an opportunity for inactive adults to participate in the half marathon (13.1miles) which is taking place on 20th September 2020 in and around the Ipswich area. Digital adverts are available [here](#) if you would like to add them to your websites / social media.

The outreach programme is targeted at physically inactive adults (doing less than 30 minute's moderate to vigorous physical activity per week). It challenges those taking part to undertake regular weekly training to prepare for and take part in a half marathon. In doing so it aims to create long term behaviour change and support individuals to become more active for life.

For further information please contact the programme coordinator, Carol Lukins (carol.lukins@suffolk.gov.uk) or phone: 07955 735514

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8. Local Vacancies

OC GP PM Ad PN

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

If you would like to include a web-based job advert please email comms@suffolk.nhs.uk

Some of the vacancies include:

- Telephonist at Chesterfield Drive Practice, Ipswich
- Dispenser at Little St Johns Street Surgery, Woodbridge

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9. Reducing health inequalities – turning intention into reality

Reducing health inequalities is a central goal of the NHS Long Term Plan and arguably the single most important indicator of the success of national health policy. It is also the area which has proved most stubbornly resistant to the efforts of NHS and social care leaders to make a difference: the gap between the haves and have-nots of health and care has continued to wide.

To read more about this please click [here](#).

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EDUCATION & TRAINING

10. PM Forum – PCN Service Specification Network Event – Friday 20 March 2020

Please find the [agenda](#) for the event that is being held at Holiday Inn Ipswich, London Road, Ipswich IP2 0UA on Friday 20 March 2020.

Although the forums are designed for Practice Managers, as this is a PCN Service Specification event, you are more than welcome to extend the invite to your PCN Clinical Director, should you feel they would benefit from coming along too. Please let Jen (Jennifer.burman@nhs.net) know if they would like to attend.

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11. Reminder: Harmful Practices Training – Friday 27 March 2020

Please click [here](#) for more information on the Harmful Practices training which is taking place on Friday 27 March 2020 09:15 – 16:15 at Healthwatch Offices, Unit 14 Hillview Business Park, Claydon IP6 0AJ

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12. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 125 – 12 March 2020](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex Primary Care Training Hub

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CONTACT

13. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#) however if you have a local vacancy you would like to advertise via the website please email comms@suffolk.nhs.uk.

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)

- [Download Digital Campaign Resources](#)
- [NHS England](#)



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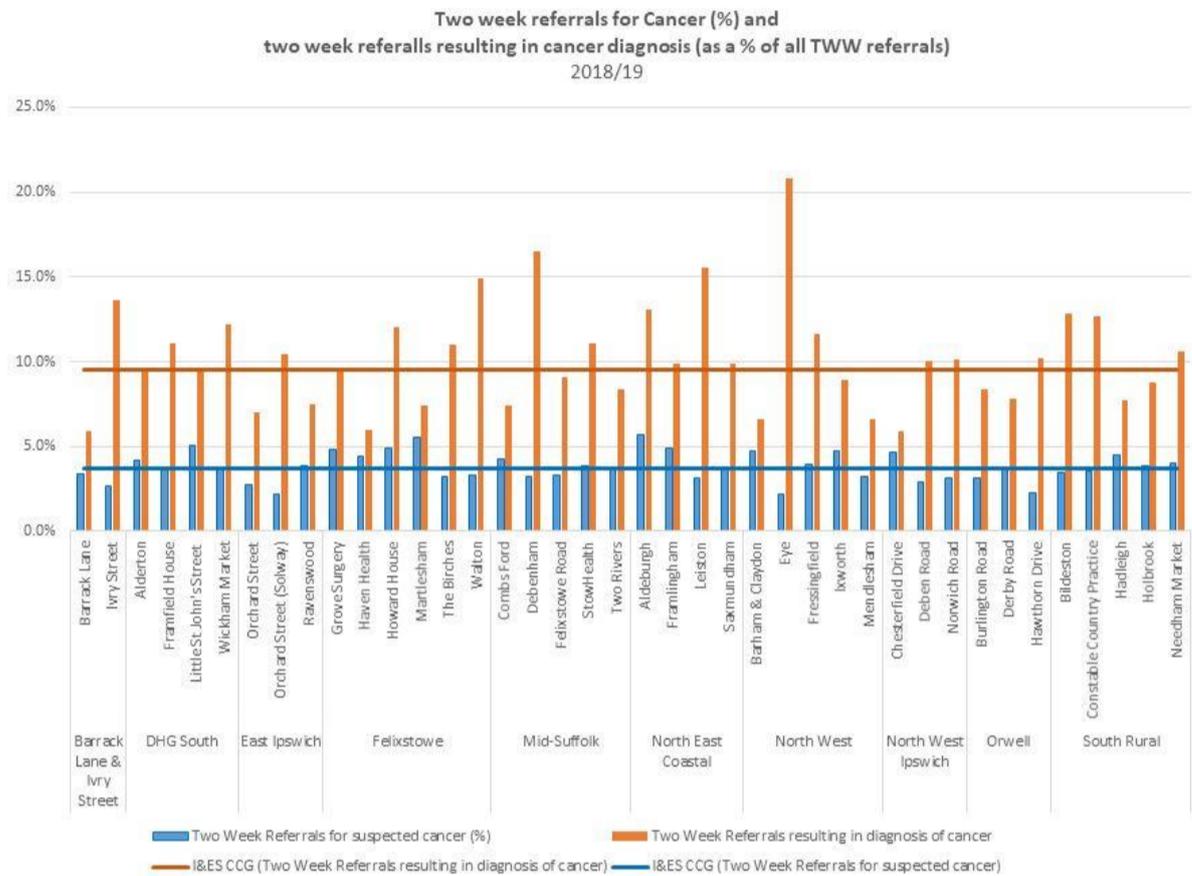
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CHART OF THE WEEK

14. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Two week referrals for Cancer (%) and two week referrals resulting in cancer diagnosis (as a % of all TWW referrals)

Following publication of the Macmillan Practice Data Pack for I&ES CCG practices, we thought it would be interesting to set out how many 2 weeks referrals resulted in a diagnosis of cancer.



[Click on chart to enlarge](#)

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