



# Weekly Inbox

23 Dec 2019 Issue 354

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP: General Practitioner**

**PM: Practice Manager**

**Ad: Administrative staff (including medical secretary, care navigator)**

**PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)**

**OC: Other clinicians (including ECP, Pharmacist, PA)**

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## FOR ACTION

OC GP PM Ad PN

### 1. Child Death Review Panel – newsletter winter 2019 edition

Enclosed please find CDOP newsletter winter edition 2019 for your reference and dissemination among your network and frontline staff who directly work with children and families.

Please kindly display this [newsletter](#) in places this could be seen by local children and families, for example children centres, schools, GP surgeries, hospitals and community centres or email to parents/families. This also could be used to initiate a discussion and advice in your area or work.

If you would like any further information please contact:

Dr Mashbileg Maidrag PhD, FFPH - Consultant in Public Health Suffolk

Telephone: 01473260058 / 07769835816

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GP

### 2. Quick Questionnaire for Prescribing Leads

Thank you for those that have provided me with this information already. Your input will really help understand the process as a system. This is the last and final push to provide your feedback on the current amount of medicines patients are discharged with. The deadline has been extended to 6<sup>th</sup> January 2020.

<https://www.surveymonkey.co.uk/r/WLBRGY9>

Any questions, please contact Anisha Sharma, Senior Interface Pharmacist (ESNEFT & CCG) [Anisha.sharma1@nhs.net](mailto:Anisha.sharma1@nhs.net)

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## FOR INFORMATION

OC GP PM Ad PN

### 3. Reminder: Services to Support Admission Prevention in Ipswich and East Suffolk

Please find [here](#) the document for services to Support Admission Prevention in Ipswich and East Suffolk

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#### 4. Changes to HCP frameworks

Please find [here](#) an update to the information provided around the introduction of the new NHS frameworks for HCPs. It is written as a letter and answers some of the questions that have been raised since the introduction of the new protocols. Please circulate this within your practice.

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#### 5. Primary Care Dashboard

The latest issue of the Primary Care Dashboard (Issue 2 for 2019/20) is now available to view here:

<http://www.ipswichandeastsuffolkccg.nhs.uk/GPpracticememberarea/Practicesupport/Cocommissioning.aspx>

If you have any questions about the Dashboard, please contact [Scott Pomroy](#) - (01473 710231)

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#### 6. Local Vacancies

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

Latest vacancies include:

- Administrator at Framlingham Medical Practice
- Care Navigator (part time) at Framlingham Medical Practice
- Care Navigator / Telephonist at Chesterfield Drive
- Paramedic or Physician Associate at Holbrook and Shotley Practice
- Nurse Practitioner at Grove Medical Centre
- GP at Grove Medical Centre
- Salaried GP at Holbrook and Shotley

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### PCN CLINICAL DIRECTORS INFORMATION

#### 7. High Weald PCN: Why long service may be a Clinical Director's greatest asset

In many parts of the country it appears that younger GPs are often those that have stepped up to the role of clinical director, perhaps because they come with a fuller charge of energy and transformational zeal.

While it may be true that older GPs may feel that with a few years left until retirement, taking on the leadership of a primary care network (PCN) is a job too far, there are some exceptions. David Roche, a GP for 30 years and a board member of his CCG until next April, is clinical director of High Weald PCN. While he acknowledges that most of his fellow clinical directors are drawn from the ranks of his younger colleagues, he also argues that old hands like himself bring some advantages to the role.

Please click [here](#) to read more.

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### EDUCATION & TRAINING

#### 8. FREE 2020 Clinical Update courses for the Nursing team – Book now!

Following requests from Practice Managers and Nurses, the Training Hub have commissioned numerous clinical update courses for Practice Nurses and HCAs. These are free to practices.

We need your support to fill these courses, if not they may be withdrawn.

Courses coming up in 2020:

- Travel Immunisation – [14/1/20](#) and [26/2/20](#) with Primary Care CPD
- Immunisation Update – [20/5/20](#), [9/6/20](#), [16/6/20](#), [1/7/20](#), [9/7/20](#) with Primary Care CPD
- Flu Update – [1/7/20](#), [9/7/20](#) and [9/9/20](#) with Primary Care CPD
- Principles of Wound Care – [12/2/20](#) and [2/6/20](#)
- 2 day Tissue Viability Lower Limb Management – [30/1/20](#) and [11/2/20](#); [1 and 8/4/20](#); [7 and 14/7/20](#) and [9 and 16/10/20](#)
- Contraception and Sexual Health Update Course with Sally Roberts - [29/4/20](#) and [30/9/20](#)
- Menopause with Sally Roberts – [11/3/20](#) and [18/11/20](#)
- NMP Forums - 5/3/20, 3/6/20 and 9/10/20 – [click here to book](#)
- [Appliance & Wound Care training – 23 April 2020](#)
- NEE Spirometry Interpretation - [22/1/20](#)
- Infection Prevention & Control – [10/3/20](#) West, [20/4/20](#) East and [17/9/20](#) NEE

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## 9. Training for non PCN practice pharmacists

Following on from funded places being offered to pharmacy technicians, places are now available for non-primary care network (non-PCN) funded pharmacists on our Primary Care education pathway. If you are working in primary care or general practice, but are not funded or employed through a PCN, this is an ideal opportunity for you to join. Please click [here](#) for more information on this training.

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## 10. NANIME 2020 Dates

NANIME have the following study days coming up in the New Year:

Dementia care – 5 March 2020 – more details [here](#)

Rheumatology – 19 March 2020 – more details [here](#)

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## 11. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 115 – 18 December 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

*The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.*



Suffolk & North East Essex  
Primary Care Training Hub

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## DID YOU KNOW...?

### 12. 2020 is Year of the Nurse

The World Health Organisation has designated 2020 as International Year of the Nurse and Midwife in celebration of nurses worldwide and to coincide with the 200th anniversary of the birth of Florence Nightingale. Click [here](#) to read more.

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## CONTACT

### 13. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.

#### Want to become a Dementia Friend?

**Watch an online video** by clicking [here](#) and entering your unique code: **lps6900** (for all Ipswich & east organisations)



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

#### Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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## CHART OF THE WEEK

14. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

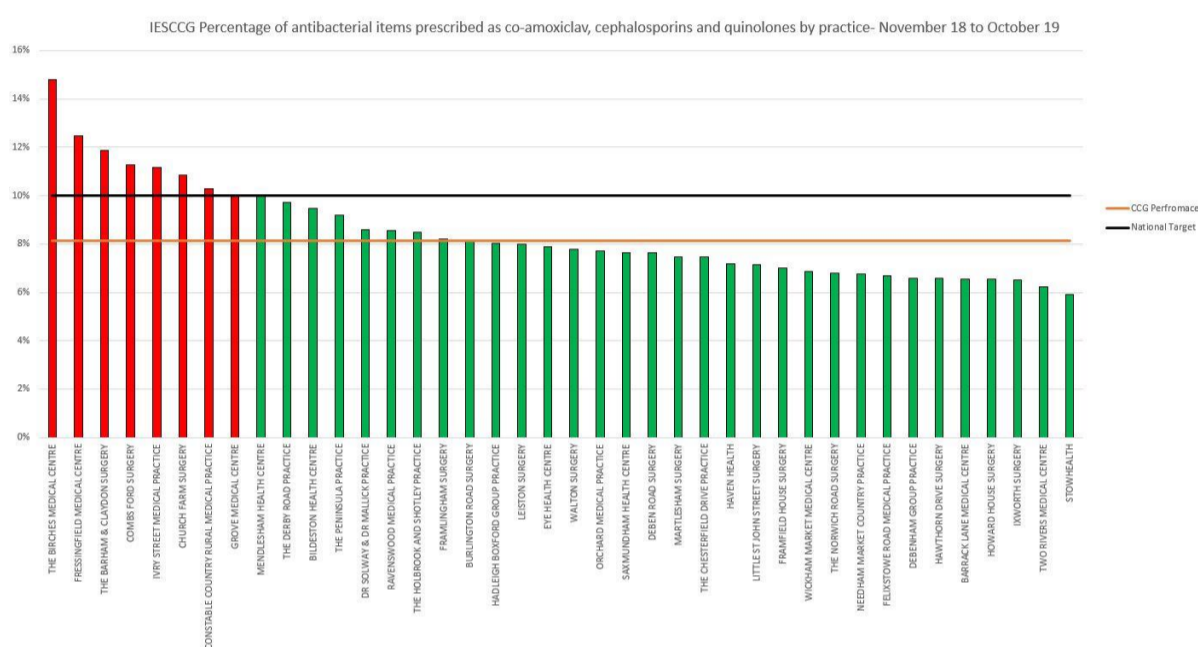
This week we are looking at: IESCCG Percentage of antibacterial items prescribed as co-amoxiclav, cephalosporins and quinolones by practice – November 18 to October 19

### Top tip

NHSE remain focused on driving down the use of broad spectrum antibiotics and IESCCG has continued to see a significant decline in the prescribing of co-amoxiclav cephalosporins and quinolones in 2019. IESCCG has continued the antibiotic LES until March 2020 following the success of the original LES and practices are encouraged to participate.

As a CCG the broad spectrum prescribing has fell from 11.02% in October 2018 to 8.14% in October 2019!

Thank you for all your hard work! We hope you have a Merry Christmas and a Happy New year



[Click on chart to enlarge](#)