



# Weekly Inbox

01 APR 2019 Issue 316

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: GPs</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretaries, receptionists)</b>
<b>PN: Nurses (including HCAs, Practice Nurses, ANPs)</b>
<b>OC: Other clinicians (including ECP, Pharmacists)</b>

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## FOR ACTION

### 1 Volunteer Practices Required for Piloting Diabetes App

OC GP PM Ad PN

We have an exciting opportunity for a small number of practices to take part in a pilot to test an internet-based app providing diabetes Structured Education (SE).

Click [here](#) for more information and who to contact to get involved.

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### 2 Free Training Spaces Available – Tuesday 2 April

OC GP PM Ad PN

**Trinity Park Conference and Events Centre - Bucklesham suite**  
**Time: 6.45pm for dinner, with 7.30pm start, 9.30pm close.**

There is still some space on the next in our series of education sessions this Tuesday, 2 April. These sessions include two-course dinner and are open to all primary care staff in Ipswich and east Suffolk; if you would like to attend this session at Trinity Park on Tuesday evening, please contact [shelley.mitchell1@nhs.net](mailto:shelley.mitchell1@nhs.net) as soon as possible.

Following his brief but engaging 10 minutes at Trinity Park in February, our first speaker will be Jon Neal from Suffolk Mind, who will be expanding on the emotional needs and resources model. Our second speaker will be Dr Paul Everden, Practice Development Associate Tutor from UEA on consultation skills and how great communication skills can motivate patients and result in fewer referrals. [View Flyer](#) for more information.

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### 3 Survey for Women who use West Suffolk for Maternity Care

OC GP PM Ad PN

West Suffolk Maternity Voices Partnership have developed a survey to seek feedback on experience of antenatal programmes. Please promote the [survey](#) to women who have used maternity care in West Suffolk.

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## FOR INFORMATION

### 4 DXS Update

OC GP PM Ad PN

Please click [here](#) for the latest DXS update which includes the latest added documents and top tips.

DXS will be in attendance at the Trinity Park event this Thursday so if you any questions for them over lunch or coffee, there will be someone there to offer support.

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## 5 Notice of Stock Issue – EPIMAX Cream Emollient and Soap Substitute

**Please note** - we have been made aware of reports that EPIMAX Cream emollient has been unavailable to dispense. We have contacted the manufacturer of EPIMAX (DermatoLogical Ltd) who has confirmed the supplier has recently changed, but they continue to hold high levels of stock without any occurrences of unavailability. They have advised of occurrences where wholesalers have under-ordered the product which has then led to delay in products being obtained in dispensaries and pharmacies. DermataLogical Ltd can be contacted directly to support with any wholesaler or dispensing concerns on the supply of this product: Please see contact details below:

DermatoLogical Ltd:  
 Telephone: 01730 231148,  
 Website: <http://dermato-logical.co.uk/products/epimax-cream/>

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## 6 OneLife Suffolk – Redeveloped Website

OneLife Suffolk have modified their website. Take a look [here](#).

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## 7 SEND Parent Carer Update (March)

[Here](#) is the first of a regular SEND Parent Carer Update to help keep you informed about what is being done to implement Suffolk’s SEND strategy.

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## 8 Chief Nursing Officer Bulletin

Please click [here](#) for the latest edition of the Chief Nursing Office Bulletin.

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## 9 Patient Participation Group Newsletter

The latest issue of the PPG News can be found [here](#).

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## 10 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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# INFORMATION GOVERNANCE

## 11 Data Security and Protection Toolkit Reporting Arrangements

The status of health and care organisations’ DSP Toolkits will be shared with the Care Quality Commission, NHS England and NHS Improvement. The DSP Toolkit Status is important evidence for the Key line of enquiry on Information in a CQC Well-Led inspection.

NHS Provider’s DSP Toolkit status including those that haven’t published a DSP Toolkit will be notified through NHS England/Improvement to the Cyber Risks and Operations group and if appropriate they will be flagged as a trust of concern.

Organisations will be listed on the DSP Toolkit with their status displayed available for commissioners, partner organisations and the public.

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## 12 Training and Education Afternoon – Thursday 4 April

The main clinical element of the afternoon at this Thursday's event will focus on **Upper Limb pathways in primary care & when to refer** with consultant shoulder surgeon Chris Roberts from ESNEFT. He will be joined by ESPs Sara Hetherington and Emma Newman, also from ESNEFT, who will be on hand to answer any questions. [Download Flyer/Agenda](#)

In the light of the imminent deadline of **Primary Care Networks**, the sharing good practice show case event has been postponed. We are going to use the time allocated (2.15 – 3.30pm) to enable collaborations to discuss the details of the guidance (due to be released on 29 March) and to enable you to start drawing up your PCN maps.

The first **prescribing leads meeting** of 2019/20 will take place 2.15pm – 3.30pm. This event will focus on changes to the practice prescribing budgets and the reinvestment scheme for 2019/20. We are aware that this event is being held at the same time as the PCN discussions and that some prescribing lead GPs may need to attend the PCN discussion instead. If possible it would be helpful if practices could send an alternative member of staff to the prescribing event to hear about the budget changes. If your practice will not be able to send anyone to the prescribing leads event, please let [Catherine Butler](#) know and the medicines team will try to make alternative arrangements to inform the practice of the changes. On this occasion, where Catherine has been notified, non-attendance at the prescribing leads event will not affect practice's prescribing incentive scheme achievement.

The **practice nurse forum** (2.15pm – 5pm) will include a clinical education update on infection control and relevance to general practice with our lead nurse Julia Shields and is open to nurses and HCAs. [View agenda](#) for more information.

Suffolk Public Health have arranged a session on **NHS Health Checks**, held at the GP training event, 4pm – 5.45pm. The session would be ideal for practice managers and staff involved in organising NHS Health Checks. The [Programme](#) includes the latest information on NHS Health Checks performance and new contract changes.

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## 13 Practice Manager Forum Agenda – PCN Special

**Holiday Inn Ipswich Orwell, 2 The Havens, Ransomes Europark, Ipswich, IP3 9SJ**

**Lunch available from 1pm.**

Further to the email sent to PMs on 27 March, please see details below and [agenda](#) for the Practice Manager Forum – PCN Special, taking place on the afternoon of Wednesday 10 April 2019 at Holiday Inn Ipswich Orwell.

We have listed some questions below in readiness for the workshop session and invite you to consider your answers in terms of creating / joining a PCN:

- The final configuration (test size, geography etc.).
- What process to adopt to identify, elect (per practice or per 1,000 population?) or appoint the Accountable Clinician?
- Who will complete the application form to apply to be a PCN?
- Who will be responsible for holding the funds? Are the necessary banking requirements in place?
- How will monies be distributed to fund recruitment/staffing?
- Who will employ staff?
- What does the process look like to obtain the 30% contribution from individual practices?
- Allocation of new staff, for example per practice or per population (weighted/unweighted)?
- The decision making process in each PCN.
- Proposals to use the £1.50 (£600).
- How to manage extended access requirements over the next 2 years.

It is intended that this is a very practical session to understand what the new DES means for practices and to start to do some of the work to create PCNs in east Suffolk.

Please send any additional questions to [Jennifer Burman](#) prior to the event.

To help with numbers, please confirm if **you will/will not** be attending by **Tuesday 2 April**.

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## 14 FREE HEE Contact Days for GP Trainers

WSH Education Centre will be running **FREE** HEE (Health Education England) contact days for Tier 2 (Clinical Supervisor) and Tier 3 (Educational Supervisor) trainer development over the coming year at West Suffolk Hospital (**Please note this is not available to trainees**).

Core content will cover: Trainee in difficulty; Induction, including educational contract, SuppoRTT; Clinical/Educational supervisors report; Educational Hierarchy; and Peer-peer learning.

The first date is Wednesday 5 June and the second is Friday 18 October; both dates will cover the same material and both run from 09.30 – 16.30, with food and refreshments. As well as the course being free, you will attract CPD points and align with the education section of your annual appraisal as an educator. You will also receive a certificate of attendance and a handbook for clinical supervisors.

To book a place please contact [Lorna Lambert](#) and advise of any dietary requirements. Places are limited. **Please ensure you submit a [completed and 'SIGNED' supporting statement](#) when booking. Unfortunately requests without this will not be considered.**

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## 15 PACT (Primary care and Community care Training Hub)



Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 77](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

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## CONTACT

**16** Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [NHS England](#)



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## DID YOU KNOW...?

### 17 Age UK Offer a Telephone Befriending Service

Age UK offer a telephone befriending service to the whole of Suffolk. The calls are made by volunteers' weekdays between 9am and 5pm and supported by two coordinators who also call clients regularly to ensure the service is working for them. Please click [here](#) for details.

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## CHART OF THE WEEK

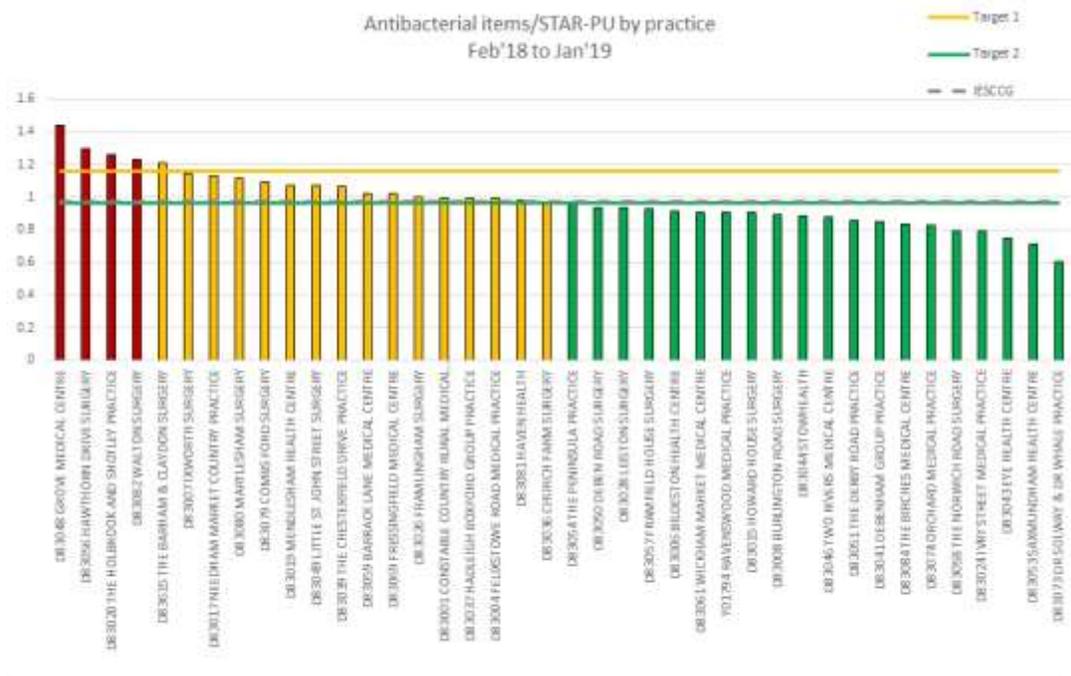
**18** We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Antibacterial item/STAR-PU by practice Feb 2018 - Jan 2019.

### Top Tip!

IESCCG has recently launched guidance on managing patients with prophylactic antibiotics used for UTIs which has been developed in conjunction with the microbiology and urology service at the Ipswich Hospital. Searches have been created within SystmOne (and will follow shortly for EMIS practices). Technicians will be able to run searches to identify patients for practices who may be interested in this area.



[Click on chart to enlarge](#)

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