



# Weekly Inbox

16 September 2019 Issue 340

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: General Practitioner</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretary, care navigator)</b>
<b>PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)</b>
<b>OC: Other clinicians (including ECP, Pharmacist, PA)</b>

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## FOR ACTION

### 1. Movement disorders education event: Feedback request

OC GP PN

We hope those of you who attended Trinity Park for the education afternoon last week found it useful. Your feedback is important to us and helps us with planning of future events. Please take a couple of minutes to complete our [Feedback survey](#). You can also use the opportunity to suggest topics for our 2020-21 programme. Many thanks for your time.

The NICE BITES guidelines that Dr Manji referred to is available here: [NICE Bites Parkinson's Disease](#)

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### 2. Integrated Community Paediatric Services (ICPS)

OC GP PM Ad PN

The NHS West Suffolk and NHS Ipswich & East Suffolk clinical commissioning groups (CCGs) are conducting a review of Integrated Community Paediatric Services (ICPS) and want to hear about your experiences.

[ICPS](#) consists of eight specialist services that work together in the community to support children and young people with complex health and developmental needs.

They include:

- hearing services
- physiotherapy
- occupational therapy
- speech and language therapy
- psychology, and
- Children's doctors and nurses.

The review will help us to understand how well these services are meeting the needs of children and young people in east and west Suffolk.

We would like to hear from you if:

- you are a current or previous ICPS service user or their parent/carer
- you are a professional who works within ICPS
- you are a professional who works with children and young people and you have referred, or tried to refer, to any of these services, or
- you have some specific feedback about ICPS that you would like to provide.

Please complete our short feedback survey at <https://www.smartsurvey.co.uk/s/ICPSSurvey/>

(Closes Monday 30<sup>th</sup> September 2019).

If you have any questions, please email [ICPS@westsuffolkccg.nhs.uk](mailto:ICPS@westsuffolkccg.nhs.uk)

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### 3. Primary Care Collaborative programme

Building on the success of the previous four cohorts East of England Leadership Academy are pleased to advise that we are continuing to accept applications for the next Primary Care Collaborative programme - cohort 5. We have space for about 4 or 5 more collaboratives.

Please note that the closing date for these applications is extended to Thursday 26th September 2019 but please submit as soon as your application is complete. [PCLC Application form](#) & [PCLC Flyer](#)

All three Impact Days will take place at Holiday Inn, Impington, Cambridge CB24 9PH.

If you have any queries please do not hesitate to contact us by email [eoel@leadershipacademy.nhs.uk](mailto:eoel@leadershipacademy.nhs.uk).

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## FOR INFORMATION

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### 4. Child Death Review Panel Newsletter Autumn Edition 2019

Prevention is at the forefront of what we do in Public Health. Please see [Suffolk CDOP newsletter](#) autumn edition, which is packed with practical tips to prevent accidental injuries at home and around and some advice on health and wellbeing of our children and young people. Please kindly disseminate it through your personal and professional networks and it would be helpful if this edition could be printed out and displayed within the GP practice.

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### 5. SEND Parent Carer Update September 2019 – issue 3

Please find below the SEND Parent Carer Update September 2019 – Issue 3 <https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/advice.page?id=GPzZ1O88VNE>

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### 6. GP Update: News from West Suffolk NHS Foundation Trust

The wheelchair service covers the East and West of Suffolk, and is hosted by West Suffolk NHS Foundation Trust. The Trust have produced a helpful update which provides guidance on making a referral into the service and the criteria for the supply of wheelchairs. You can find more information on this update linked [here](#).

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### 7. HEE Population Health Fellowships

Sent on behalf of Dr Janet Rutherford

As part of our Population Health and Prevention programme, Health Education England (HEE) is launching a new Population Health Fellowship programme for health care workers in the NHS. There are 14 fellowships available for all NHS clinical staff (AFC Band 6 and above/Post Foundation Training) including doctors, nurses, allied health professionals, dentists, healthcare scientists, pharmacists and others, to develop skills in population health.

**Please help us to share this exciting opportunity with your networks by directing people to our webpage where they can find more information about the fellowships and how to apply.**

Successful applicants will have the opportunity to be seconded part-time to work collaboratively within a local organisation or more widely across a healthcare system. Fellows will be supported to acquire population health competencies and expected to lead on a population health project and will be based either in their current healthcare organisation or elsewhere, depending upon the Fellowship to which they are appointed. The programme will be launched across HEE's seven regions.

It is our intention that the Fellowships will accelerate the development of population health advocates and provide a growing network within the NHS multidisciplinary workforce committed to a population health approach in their day to day work.

#### Useful information:

Fellowships will last one year, starting in 2020.

Applications are now open. The deadline for applications is midnight Friday 27<sup>th</sup> September 2019.

Candidates who are successfully shortlisted can expect to be called for the next level of selection processes in October 2019.

Visit the Population Health Fellowship webpage to find out more information and how to apply.

<https://www.hee.nhs.uk/our-work/population-health/population-health-fellowship>

If you are potentially interested in hosting a Population Health Fellowship (anticipated to start early 2020), please email [populationhealthfellows@hee.nhs.uk](mailto:populationhealthfellows@hee.nhs.uk)

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## 8. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

New vacancies include salaried GP at Peninsula Practice, salaried GP at Howard House, part time salaried GP at Framfield House Surgery, Lead Administrator at Debenham and part time reception vacancy at Little St John Street.

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## PCN CLINICAL DIRECTORS INFORMATION

PM

## 9. [Primary Care Networks – next steps for practice managers conference](#)

NHS England and NHS Improvement are holding a series of dedicated regional events this autumn for Practice Managers which will focus on hearing about the fundamental role of practice managers and the development support available, providing an opportunity to talk to practice managers working within PCNs and understanding how their roles have developed and getting involved in interactive workshops focusing on:

- PCN leadership: Clinical Directors and Practice Managers
- Health & Wellbeing: work/life balance and resilience
- Proactive patient care and collaborative working
- Creating time and capacity: understanding your demand and future workforce needs

Register via NHS England events. For further information please contact [england.gpdevelopment@nhs.net](mailto:england.gpdevelopment@nhs.net).

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## SOCIAL PRESCRIBING

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## 10. [Coming up.... Connect for Health Launch Felixstowe](#)

The next Connect for Health Launch event is being held in Felixstowe on Monday 23 September 2019 at Old Felixstowe Community Centre, IP11 9NB between 9.30am – 12.30pm. This event will give you an opportunity to learn more about Connect for Health and some of the organisations available in your area.

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## 11. [Social Prescribing Special Edition newsletter](#)

We've developed a Social Prescribing Special Edition newsletter to help explain what Social Prescribing and Connect for Health is. There is a paragraph from Dr Dean Dorsett, two Case Studies from Deben Road Surgery and Barrack Lane Medical Centre and our Connect for Health Launch event dates and locations and lots more...

Dr Dean Dorsett made an excellent suggestion in sending these out to patients and clinicians via a text or email so therefore please find below the Newsletter, Postcard and leaflet in tinyURL to enable you to send this out easily:

Social Prescribing Special Edition: <https://tinyurl.com/y5hnbte2>  
A5 Connect for Health Postcard: <https://tinyurl.com/y62bajqr>  
Connect for Health leaflet: <https://tinyurl.com/y2u9ayzy>

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## EDUCATION & TRAINING

OC GP PM Ad PN

## 12. [Reminder: Date for your diary: Red Whale Women's Health Update Course – Thursday 10 October 2019 \(1.00-6.00pm\)](#)

Following last year's successful Cancer update, Red Whale are returning this October to deliver a Women's Health Update Course as part of the CCG education afternoons programme at Trinity Park. This has been funded by the Suffolk and NE Essex Primary Care Training Hub.

This course is designed for all primary care clinicians who have an interest in updating their skills and knowledge in this area. Perhaps you're experienced in women's health and want an update, or maybe you don't do much gynaecology but want to make sure you're offering the right advice.

We will require final numbers two weeks before the course date, so if you are planning to attend please let [Shelley Mitchell](#) know by **Thursday 26 September** at the latest please. This is to ensure the delegate handbooks are ordered in good time for the course.

If you are interested in attending, please click on the [flyer](#) for more information and booking details.

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## 13. [Reminder: Looked after Children Health needs and Health Assessment training](#)

This Level 3/4 training will be delivered by Dr Sarah Steel: Designated Nurse Looked after Children (Gt Yarmouth & Waveney CCG) and Dr Awais Khan: Named Doctor for Looked after Children at West Suffolk Hospital to develop knowledge, skills and competencies for medical professionals undertaking health assessments in Suffolk & North East Essex. Any GPs with a special interest in looked after children's health needs are welcome to attend.

The training will take place on Monday 30 September 2019 Time: 1.30pm - 4.30pm at Nacton Suite, Trinity Park, Felixstowe Rd, Ipswich, IP3 8UH

To book a place please email [WSCCG.suffolksafeguardingchildren@nhs.net](mailto:WSCCG.suffolksafeguardingchildren@nhs.net)

Please [click here](#) for the flyer.

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## 14. Integrated Urgent Care: direct booking roadshow

To help support implementation of direct booking from NHS 111 to in-hours GP practices, NHS England and NHS Improvement is providing a series of free roadshow events for GPs, practice managers and practice staff.

There are six events, and free to attend; the events will showcase work done by early implementers, who will share their experiences highlighting benefits such as:

- Reduction in the demand in same-day urgent appointments in GP practices
- Improvement in patient perception of appointment availability
- Standardised approach for patients requiring same-day care.

The day will also cover:

- How direct booking can help to manage patient activity
- How practices can work in liaison with NHS 111 to ensure patients get to the right place first time
- How we ensure patients who are booked are appropriate to primary care.
- You can also ask questions of NHS England and NHS Improvement's integrated urgent care and primary care teams and clinical leads who will be there to answer your queries.

Further information including how to book can be found at <https://www.pcc-cic.org.uk/article/integrated-urgent-care-direct-booking-roadshow>

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## 15. Support for Primary Care Networks

The Public Participation team at NHS England/NHS Improvement are hosting a webinar on support for PCNs to work in partnership with people and communities (including that commissioned by STPs/ICS' under the PCN Development Prospectus), exploring the opportunities to work with local VCSE organisations and in particular looking at the 'social prescribing and community development' module.

Join us on 23rd October between 10.00 – 11.00am

<https://healthsector.webex.com/healthsector/j.php?MTID=m80ed5a4fe06f9dd360c91e83bd634dd9>

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## 16. Respiratory Forum – 23 October 2019

The next East of England Respiratory Forum will take place on the 23<sup>rd</sup> of October at the Fulbourn Centre (CB21 5BS). It will build on the previous forum held in June 2019, bringing together those working to improve respiratory services, to share challenges and best practice.

Further details and agenda will follow in due course. We have some excellent speakers and updates so register through the [registration form](#) as soon as possible to secure your place.

This half-day event will be followed by the Pulmonary Rehabilitation Group Meeting.

We look forward to having you with us on the day.

**REGISTER HERE:** [registration form](#) & [flyer](#) can be found here

(Please accept this calendar invite and complete the registration form to let us know you are attending).

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## 17. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 101 – 9 September 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

*The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.*



Suffolk & North East Essex  
Primary Care Training Hub

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### DID YOU KNOW...?

## 18. Tuesday 17 September marks the first ever annual WHO World Patient Safety Day

The World Health Organisation are calling on organisations across the NHS to show their support by raising awareness and celebrating the efforts of healthcare staff and organisations to keep patients safe. Whether hosting specific patient safety events and activities, or showing your support via social media, you'll be contributing to an NHS-wide movement to mark the day.

If you would like to participate, sign up to receive updates from the National patient safety team, and visit the [WHO website](#) for further details and suggested World Patient Safety Day activities.

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## CONTACT

19. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.

### Want to become a Dementia Friend?

**Watch an online video** by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

### Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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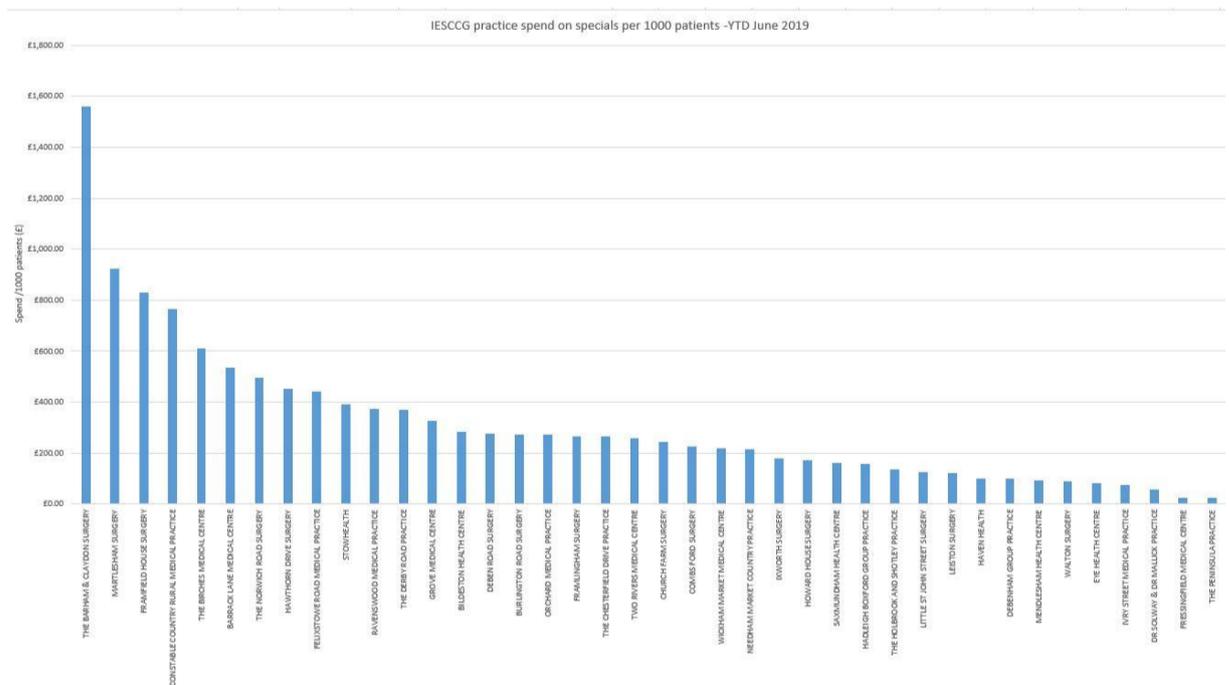
## CHART OF THE WEEK

20. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: IESCCG practice spend on specials per 1000 patients – YTD June 2019

### Top tip

Further information on the drugs prescribed as specials can be found [here](#). Practices are encouraged to review the prescribing of specials and explore where the most cost effective licensed alternatives could be used e.g. liquids, dispersible formulations etc. Practices should refer to the [NEWT guidelines](#) for advice on medicines where no licensed alternatives exist. It is recognised that for some products will have no equivalent or alternative. For further information please contact a member of the medicines management team on 01473 770249



[Click on chart to enlarge](#)

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