



Weekly Inbox

02 September 2019 Issue 338

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner
PM: Practice Manager
Ad: Administrative staff (including medical secretary, care navigator)
PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)
OC: Other clinicians (including ECP, Pharmacist, PA)

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FOR ACTION

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1. Lung cancer pathway at Ipswich Hospital

Message from Dr Pete Holloway;

This is to update you and ask for your cooperation on some important changes we are making to the lung cancer pathway.

Any patient who is referred to Ipswich Hospital for a Chest X-ray and subsequently has a suspicious finding will be automatically booked into the next chest CT slot; appropriate availability is being scheduled by the radiology department. The patient's GP will be simultaneously notified: it is vitally important that a 2ww referral form is still completed and the requisite blood tests are arranged. An up to date eGFR is crucial for a full CT to be done. This change is nothing to do with cancer targets but to improve outcomes: in lung cancer, time really does matter. It is not necessary to await the results of the tests, merely to ensure that they are performed - there is a button accessed via the 2WW tab on ICE to facilitate this.

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2. Ipswich Hospital Ophthalmology department's emergency bleep system

It has come to our attention that there are issues with Ipswich Hospital ophthalmology department's emergency bleep system.

For Health Professionals there is a dedicated mobile phone number: 07703 378991 and this will be answered by a Triage Nurse who will deal with all concerns/ referrals etc. as a priority between the hours of 0900- 1700hrs (Monday –Friday).

Outside of these hours/weekends/bank holidays the Ophthalmology doctor on call will be contacted through the switch board as normal

All other calls to the ophthalmology department at Ipswich Hospital for triage will now go through to the following number: 01473 703178 where a Nurse will answer or deal with any messages from 0900 – 1700 hrs (Monday –Friday) and triage appropriately.

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3. DXS CompleteCare Clinical Templates

DXS are offering a suite of high-quality, clinical templates built in SystmOne to help practices save time, improve consultation coding, and optimise QOF / National returns. These templates are already used by certain TPP practices within both Suffolk CCGs and are free of charge to all Suffolk practices for the period of the current contract (December 2019).

The DXS templates are maintained by a dedicated clinical team and provide a unique, intuitive dashboard, which allows for quick adoption and simplified navigation between content within SystmOne. There is access to a comprehensive library of templates, supporting clinical care for all stages of long-term conditions from assessment and screening, to monitoring and management. Not only do the templates provide clear benefits to QoF returns, but also have the unique ability to link directly to your existing DXS software, providing quick access to pertinent patient leaflets, auto-populated referral forms, guidelines and policies.

Further information can be found by clicking the link:

<https://www.dxs-systems.co.uk/templates-landingpage/index.html>

Please contact DXS or the CCG to discuss further or to arrange activation of these templates.

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4. Appointment of the new Safeguarding Board Manager

Howard Woldsmith has been appointed as the new Safeguarding Board Manager for the LSCB (Local Safeguarding Children Board) and SAB (Safeguarding Adult Board). Howard brings lots of experience in partnership working, having recently fulfilled the role of Programme Manager for the Suffolk and Norfolk Social Work Teaching Partnership. It is anticipated that Howard will take up the post on the 1 October; he will be spending time with Paul Nicholls before then to ensure a smooth handover. Paul Nicholls will be leaving his post as Safeguarding Board Manager at the end of September.

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5. [Local Vacancies](#)

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise on our website, please contact [Stuart Graham](#).

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PCN CLINICAL DIRECTORS INFORMATION

6. Primary Care Network podcasts

NHS England has launched a monthly podcast focusing on Primary Care Networks. The latest episode considers the role of the practice manager in developing PCNs.

<https://www.england.nhs.uk/publication/primary-care-network-podcasts/>

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SOCIAL PRESCRIBING

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7. Reminder: Connect for Health (Social Prescribing service) is launching near you!

We would like to invite all staff from your practice to our Connect for Health launch events, please see below dates for these events. This will give you an opportunity to learn more about the social prescribing service and meet your Community Connectors (Link workers) which has been launched in your Integrated Neighbourhood area.



**CONNECT
for health**
Being Well Together

Ipswich
Tuesday 10 September 2019 9:30am to 12:30pm
Kesgrave Community Centre, Ipswich, IP5 1JF

Felixstowe
Monday 23 September 2019 9:30am to 12:30pm
Old Felixstowe Community Centre, Felixstowe, IP11 9NB

Eye and North West
Thursday 26 September 2019 9:30am to 12:30pm
The Michael Burke Centre, Hartismere Hospital, IP23 7BH

Saxmundham and North East
Tuesday 1 October 2019 9:30am to 12:30pm
The Riverside Centre, Stratford St Andrew, IP17 1LL

South Rural
Thursday 3 October 2019 9:30am to 12:30pm
Hadleigh Town Hall, Hadleigh, IP7 5DN

Stowmarket
Wednesday 9 October 2019 9:30am to 12:30pm
The Mix, Stowmarket, IP14 1BB

Woodbridge
Tuesday 22 October 2019 9:30am to 12:30pm
Woodbridge Community Hall, Woodbridge, IP12 4AU

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EDUCATION & TRAINING

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8. Update and reminder: Ipswich and East Suffolk CCG GP Training and Education

We are delighted to welcome Dr Hadi Manji as our headline speaker at our Training and Education Afternoon on 11 September to talk about movement disorders, including Parkinson's disease and management of the same in primary care.

The afternoon schedule is packed with workshops and meetings include Prescribing Leads, Speed-dates and Pharmacist Network. The Annual Members Meeting will also take place during the afternoon. A [Practice Nurse Conference](#) and [Care Navigator Forum](#) are also planned (booking is essential).

[View Flyer](#) for more information.

As part of the education afternoon on 11 September, we will be holding the Annual Members meeting; please see [Agenda](#).

Also, at this Training and Education event, there is also the opportunity for MECC training (from 4:30pm to 5:15pm) for those who may not have undertaken this training.

The Making Every Contact Count (MECC) training will teach you how to support an individual to make lifestyle behaviour changes and understand which services you could refer people on to. No booking is required.

We very much hope to see you there.

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9. Care Navigator Forum

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The next Care Navigator forum will be held on 11 September 2019, 2pm at Trinity Park, Ipswich. (Lunch available from 1:30pm). The forum is for 1 or 2 Care Navigators to attend from each Practice, preferably those who attended the previous forums to enable continuity.

Please notify [Emily Rutherford](#) of the names of your Practice's Care Navigators who will be attending if you have not already done so. Please click [here](#) for the agenda.

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GP

10. **Flyer for Joint Clinical / Medico Legal Society meeting – 18 September 2019**

We would like to draw your attention to the forthcoming meeting which is on the subject of the Health Care Safety Investigation Branch investigation into maternity safety. This should be an excellent opportunity to learn first-hand of the work and results of this new department. For more information, please click [here](#).

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GP PM

11. **Looked after Children Health needs and Health Assessment training**

This Level 3/4 training will be delivered by Dr Sarah Steel: Designated Nurse Looked after Children (Gt Yarmouth & Waveney CCG) and Dr Awais Khan: Named Doctor for Looked after Children at West Suffolk Hospital to develop knowledge, skills and competencies for medical professionals undertaking health assessments in Suffolk & North East Essex. Any GPs with a special interest in looked after children's health needs are welcome to attend.

The training will take place on Monday 30 September 2019 Time: 1.30pm - 4.30pm at Nacton Suite, Trinity Park, Felixstowe Rd, Ipswich, IP3 8UH

To book a place please email WSCCG.suffolksafeguardingchildren@nhs.net

Please [click here](#) for the flyer.

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12. **Update: Date for your diary: Red Whale Women's Health Update Course – Thursday 10 October 2019**

We will require the final numbers two weeks before the course date, so if you are planning to attend please let [Shelley Mitchell](#) know by Thursday 26 September at the latest please. This is to ensure the delegate handbooks are ordered in good time for the course.

Reminder: Following last year's successful Cancer update, Red Whale are returning this October to deliver a Women's Health Update Course as part of the CCG education afternoons programme at Trinity Park. This has been funded by the Suffolk and NE Essex Primary Care Training Hub.

This course is designed for all primary care clinicians who have an interest in updating their skills and knowledge in this area. Perhaps you're experienced in women's health and want an update, or maybe you don't do much gynaecology but want to make sure you're offering the right advice.

Thursday 10 October 2019 1pm - 6pm (including lunch). If you are interested in attending, please [click on the flyer for more information](#) and booking details.

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13. **NHS FutureTech Roadshow: Suffolk and North East Essex**

How can virtual reality help to improve outcomes for patients? The next Eastern Academic Health Science Network, NHS Health Education England and NHS Leadership Academy FutureTech Roadshow brings together the NHS workforce with academics, industry experts and regional business leaders to explore how disruptive tech innovations might transform the way we deliver health and care.

The interactive event is aimed at anyone with an interest in understanding the innovation and future tech landscape working in healthcare in Suffolk and North East Essex.

Speakers include Kate Walker, Head of Digital Strategy and Transformation, Suffolk and North East Essex STP, who will focus on some of the local challenges and Dr Peter Bannister, a Fellow of the Institute of Engineering Technology, on the importance of early engagement between clinicians and technical experts.

Book your place [here](#)

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14. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 99 – 26 August 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub

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DID YOU KNOW...?

15. Suffolk Urban Street Gangs and County Lines Bulletin

Please find [attached](#) the first edition of the Suffolk Urban Street Gangs and County Lines Bulletin for information. If you have any questions, comments or ideas for future newsletters please contact us using the email address usgcl@suffolk.gov.uk.

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CONTACT

16. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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CHART OF THE WEEK

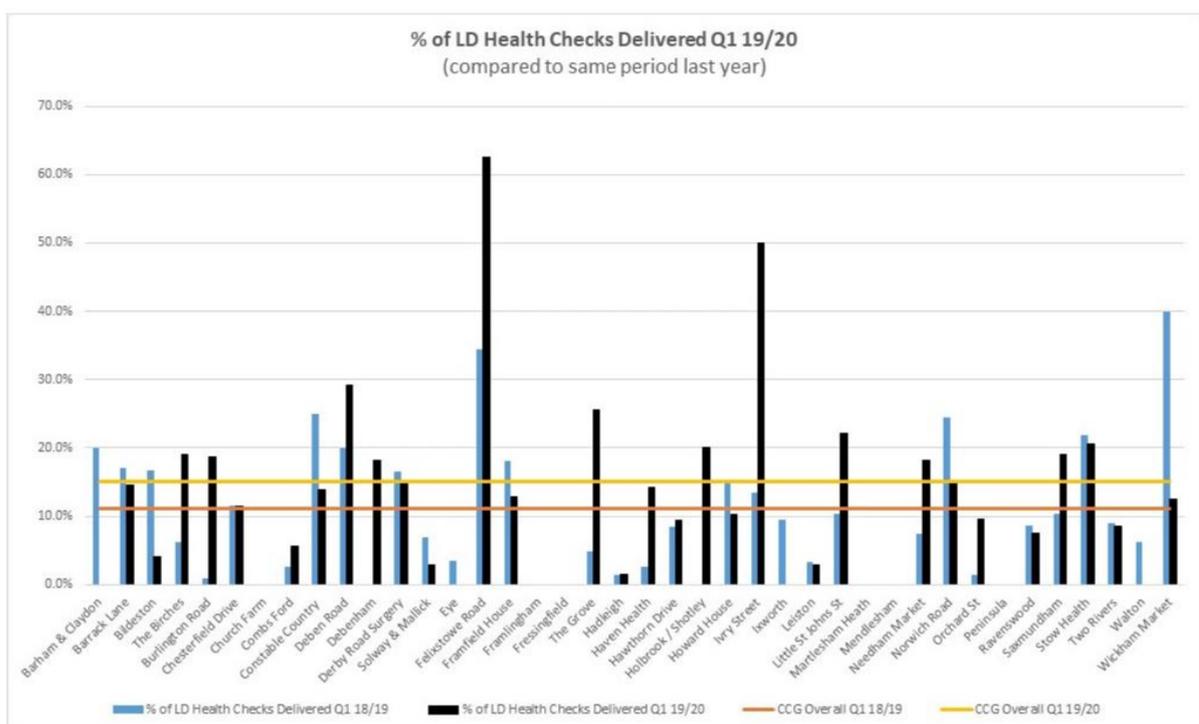
17. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Percentage of LD Health Checks Delivered Q1 19/20

In the past few years we have seen a marked increase in the numbers of annual physical health checks for patients with learning disabilities being undertaken. In 2015/16, 45.3% of patients with a learning disability received a health check, however at the end of 2018/19 this increased to 67.1%. In that time there has also been a 30% increase in the numbers of patients being identified as having a learning disability and being included on practice LD registers. This is a fantastic achievement and we know how hard practices have worked to make this happen.

NSFT's Primary Care Learning Disability Liaison Nurses continue to work closely with GP practices. There are some upcoming staff changes in the team and these will be communicated to practices in due course. Please continue to contact them via their email address: liaison.nursesld@nsft.nhs.uk

If you have any other queries about the Learning Disability annual health check DES please contact Emily.rawlinson@ipswichandeastsuffolkccg.nhs.uk



[Click on chart to enlarge](#)

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