



Weekly Inbox

12 August 2019 Issue 335

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner
PM: Practice Manager
Ad: Administrative staff (including medical secretary, care navigator)
PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)
OC: Other clinicians (including ECP, Pharmacist, PA)

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FOR ACTION

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1. Have your say on the Community Memory Assessment Service

If you have referred to the Community Memory Assessment Service (CMAS) please could you take the time to complete the following [feedback survey](#)

CMAS is a multi-professional team whose aim is to assess people experiencing memory/cognitive difficulties to see if they have dementia or not, offer treatment where possible and signpost for longer term support.

The CMAS team thank you for taking the time to provide your feedback.

Sent on behalf of Sarah Sheredd
Clinical Lead, Community Memory Assessment Service

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FOR INFORMATION

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2. Antibiotic Resource pack

The medicines management team have put together an antibiotic resource pack which contains a variety of useful information and resources that can be used by practices to help achieve the national targets relating to overall antibiotic consumption and the use of broad spectrum antibiotics.

To download the pack and for more information on how it can be used please click [here](#)

If you would like a member of the medicines management team to visit your practice to discuss this in more detail or if you require any data relating to the prescribing of antibiotics then please email Claire Allen on claire.allen9@nhs.net or phone the medicines management team on 01437 770249.

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3. Reminder: Atrial Fibrillation

As part of the CCG's continued work on detecting and optimising patients with Atrial Fibrillation, a number of Alivecor AF devices are being used in primary and community settings. The purpose of these devices is to facilitate more opportune and timelier detection of AF. Two devices are now being used by the Suffolk Podiatry team in clinics to help identify those patients that have undiagnosed AF. If a patient is identified as having possible AF the Podiatry team will send the details securely through to the patient's registered GP practice using the generic email address to alert the practice to this finding.

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4. Funding available for training nurses new to general practice

To help practices in Suffolk and North East Essex, the Training Hub have agreed to fund the Fundamentals of General Practice Nursing course to all newly recruited nurses who do not have experience or skills in general practice. The course covers all the skills and knowledge required for the nurse to be general practice ready and is run over 12 weeks, usually involving 12 study days out of practice. The course is available at Anglia Ruskin University and it is hoped that it will also run at the University of Essex in October 2019.

For more details, visit: <https://aru.ac.uk/study/professional-and-short-courses/fundamentals-of-practice-nursing>

If you would like to apply for funding for this, please complete this [application form](#).

In addition, to help support newly recruited nurses, please take a look at the new [General Practice Nurse Induction pack](#).

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5. Message from the Diabetes Centre

GLP-1 therapy in type 1 Diabetes - the Ipswich Hospital Diabetes Centre has recently received a number of requests to see patients with a view to initiating GLP-1 therapy in type 1 diabetes. Please be aware this is not a licenced indication for GLP-1 therapy and that there is very little evidence to support this strategy. As a general rule this will not be supported.

SGLT-2 therapy in type 1 Diabetes - the use of dapagliflozin in type 1 diabetes is now licenced. However, this treatment has the potential to lead to a higher risk of DKA and it is recommended that use of any SGLT-2 in type 1 diabetes is only initiated in secondary care and will only be used in selected cases. Patients should not be referred just for this reason. Where appropriate this will be addressed as part of routine review at the Diabetes Centre

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6. Call for more type 2 referrals to Diabetes Education (DESMOND)

For some time the Diabetes Centre has been steadily increasing the number of places on their Structure Education course DESMOND for type 2 Patients. This is a nationally accredited, one day course held at convenient locations around the county. Unfortunately it is proving difficult to fill all the places on these rolling courses as there have not been enough referrals meaning patients are losing out on some excellent education to help them achieve their three NICE treatment targets. If you have either newly diagnosed (<1 yr) or established type 2 diabetic patients who are willing (or could be encouraged) to attend these classes then do please refer them using the form on DXS/ System1.

For those keener practices we would encourage you to review your type 2 lists to see who has not yet attended the classes and offer these established patients the opportunity to attend as it could be life changing for them.

If you have any queries about DESMOND courses, how to refer or if any of your team would like to observe a course, please contact Louisa Mower on 01473 707619

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7. New NICE publications for Learning Disabilities

NICE have recently issued two new publications for Learning Disabilities; [Learning disability: behaviour that challenges](#) and [Learning disability: care and support of people growing older](#) Please ensure your practice Learning disability and/or Safeguarding Lead is aware of these publications.

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8. Care Navigator Newsletter

Please follow the [link](#) to the third issue of the Care Navigator News, which includes details of the next Care Navigator Forum (please confirm attendance to [Emily Rutherford](#)), Food growing project, Mental Health and wellbeing training sessions, Safe journey cards and more...

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9. The Sport England / Richmond group of charities physical activity and long – term conditions campaign

This campaign will be launched in the media and with stakeholders on 29 August. The campaign website (www.weareundeafeatable.co.uk) will also go live on 29 August. As part of the campaign, packs will be sent to 7,400 GP surgeries and 12,000 pharmacies which will include printed and TV screen materials.

The campaign will also be promoted via social media, i.e. Facebook, Instagram, Twitter and charity partner social media accounts. Please look out for the campaign materials being sent to Practices.

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10. Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. If you have a vacancy to advertise on our website, please contact [Stuart Graham](#).

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PCN CLINICAL DIRECTORS INFORMATION

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11. Summary of Community Contracts

Please find [linked here](#) the contract summary for Community Services for 2019 provided by East Suffolk and North Essex NHS Foundation Trust, West Suffolk NHS Foundation Trust and Suffolk GP Federation for your information.

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12. Social Prescribing Link Workers

NHS England have produced a [guide](#) as additional information to help primary care networks (PCNs) introduce the new role of social prescribing link worker into their multi-disciplinary teams as part of the expansion to the primary care workforce introduced under the GP contract reforms.

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13. Network Contract Directed Enhanced Service data

NHS England have belatedly published a template data sharing agreement for PCN use. Please follow the link below.

<https://www.england.nhs.uk/publication/network-contract-directed-enhanced-service-data-templates/>

We realise that you already have a version of these agreements in place for your PCN hence you do not need to do anything further. If you have any queries about the template, please contact england.gpcontracts@nhs.net.

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14. Primary Care Networks: a quiet revolution

Please follow the [link](#) to access a well written article about PCNs and what the future might hold.

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EDUCATION & TRAINING

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15. Ipswich and East Suffolk CCG GP Training and Education

We are delighted to welcome Dr Hadi Manji as our headline speaker at our Training and Education Afternoon on 11 September to talk about movement disorders, including Parkinson's disease and management of the same in primary care.

The afternoon schedule is packed with workshops and meetings include Prescribing Leads, Speed-dates and Pharmacist Network. The Annual Members Meeting will also take place during the afternoon. A [Practice Nurse Conference](#) and Care Navigator Forum are also planned (booking is essential).

We very much hope to see you there. [View Flyer](#) for more information.

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16. Care Navigator Forum – Wednesday 11 September 2019

The next Care Navigator forum will be held on Wednesday 11 September 2019, 2pm, Trinity Park, Ipswich. (Lunch available from 1:30pm). The forum is for 1 or 2 Care Navigators to attend from each Practice, preferably those who attended the previous forums to enable continuity. Please notify [Zoe Knight](#) of the names of your Practice's Care Navigators who will be attending by Monday 2 September 2019. Please click [here](#) for the agenda.

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17. Spirometry Interpretation Workshops

1/2 day practical skills workshop is for clinical practitioners (nurses/doctors) who are regularly involved in spirometry interpretation and want to update their interpretation skills.

5 September in Ipswich, morning or afternoon, click [here](#) for more information.

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18. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 96 – 5 August 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub

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DID YOU KNOW...?

19. Inequalities in cervical screening

Research by Jo's Trust has found that women with physical disabilities and physically debilitating symptoms as a result of a long term health condition are struggling to attend or are even being denied access to cervical screening.

In summary they have found:

- Two thirds have said they have been unable to attend cervical screening because of their disability
- Half have not attended due to a previous bad experience related to their disability or worry about how people would react
- Stigma and prejudice is prominent as 1 in 5 women have been assumed not to be sexually active by their GP or nurse.

Jo's Trust is calling for GP practices to review their policies and practise, along with training and inspections to address adjustments for women. They're also calling for more research to be conducted in order to look at the most effective way to offer cervical screening to this group of women. You can view the report at: www.jostrust.org.uk/invisible

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CONTACT

20. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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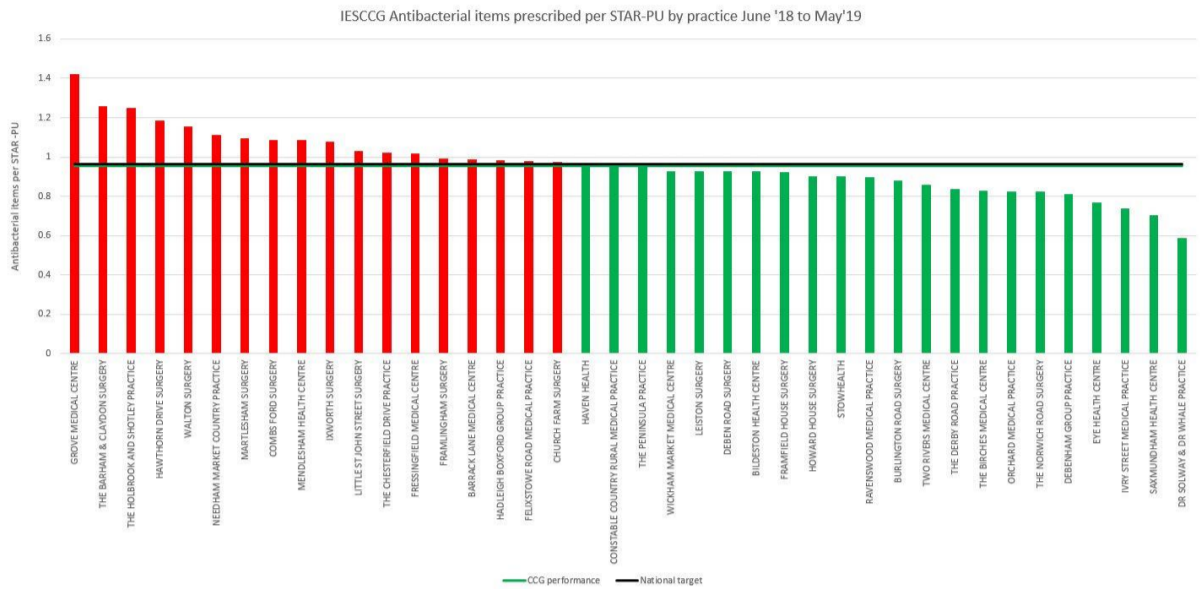
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CHART OF THE WEEK

21. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at IESCCG Antibacterial items prescribed per STAR-PU by practice June 2018 to May 2019

This chart of the week is in reference to the article listed above regarding Antibiotic resource packs – please [click here to view](#).



[Click on chart to enlarge](#)

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