



GOVERNING BODY REPORT

Agenda Item No.	08
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Title	Norfolk & Suffolk Primary & Community Care Research Office Annual Report 2018/19
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Purpose	<p>This annual report presents the research work managed by the Norfolk and Suffolk Primary and Community Care Research Office during the 2018/19 financial year. The Research Office supports research across Norfolk and Suffolk Primary Care, Norfolk Community Health and Care and East Coast Community Healthcare and the CCG's Duty to Promote Research and the report encompasses work across all these areas.</p> <p>This report has been submitted for information and discussion and in the context of the CCG's <i>Duty to Promote Research</i> and is expected to be published on the Research Office website and disseminated to stakeholders and partners following agreement of the Norfolk and Suffolk CCGs.</p>

Applicable CCG Clinical Priorities:	
1. To promote self care	
2. To ensure high quality local services where possible	x
3. To improve the health of those most in need	x
4. To improve health & educational attainment for children and young people	
5. To improve access to mental health services	
6. To improve outcomes for patients with diabetes to above national averages	
7. To improve care for frail elderly individuals	
8. To allow patients to die with dignity and compassion and to choose their place of death where appropriate	
9. To ensure that the CCG operates within agreed budgets	

Action required by Governing Body:
This report has been submitted for information and discussion and provides evidence to support the CCG's <i>Duty to Promote Research</i> .

1. **Background**

- 1.1 Research is increasingly core business for the NHS, bringing benefits to patients, clinicians and NHS organisations and CCGs have a duty to *“promote research and innovation and the use of research evidence”*.
- 1.2 Since the inception of the CCGs in 2013 the Suffolk CCGs have had a Service Level Arrangement with the Norfolk and Suffolk Primary and Community Care Research Office (hosted by South Norfolk CCG), to support research across primary care in Suffolk and the CCG’s duty to promote research. These arrangements have been and continue to be supported by the Local Clinical Research Network (CRN: Eastern) who part fund the Office and support the delivery of national important research within the Eastern region. The Norfolk and Suffolk CCGs as members of the Norfolk and Suffolk Research System Steering Group, have a role in overseeing the work of the Office and influencing the wider research system across Norfolk and Suffolk.

2. **Key Issues**

- 2.1 The Research Office operates across all 7 Norfolk and Suffolk CCG areas and works with partners across the health system to support and promote research as a core part of health care commissioning, delivery and service provision and the Annual Report showcases work undertaken by clinicians, commissioners, researchers, the Norfolk and Suffolk CRN Eastern Primary Care Research Delivery Teams, and the Research Office in line with the five year Research Strategy (2014-2018).

Key achievements highlighted in the report are:

- Over 6,000 patients from primary and community care sites across Norfolk and Suffolk took part in 65 nationally important studies. 21 Suffolk and 51 Norfolk practices regularly took part in research as part of the 2018/19 Research Site Initiative (RSI) Scheme.
- High research recruitment between October 2017 and September 2018 by practices in NHS Great Yarmouth and Waveney CCG, NHS Ipswich and East Suffolk CCG, NHS North Norfolk CCG, NHS Norwich CCG, NHS West Norfolk CCG and NHS West Suffolk CCG and was rewarded with each CCG receiving £20,000 of recruitment-related RCF in April 2019.
- The Barrett’s oESophagus Trial (BEST3) was the top recruiting primary care study with over 1400 recruits across Norfolk and Suffolk in 2018/19. The BEST3 trial tests if a Cytosponge is a good way to find Barrett’s oesophagus when used in GP surgeries. The Research Office has collected study impacts indicating that cases of Barrett’s oesophagus have been identified as a result of participating in the study which may not otherwise have been picked up.
- Six of the seven Norfolk and Suffolk CCGs were in the top 50 CCGs nationally in terms of recruitment to studies relative to population size and NHS Ipswich and East Suffolk CCG reported the second biggest increase nationally in number of studies. (29 recruiting studies in 2018-19 compared to 17 in 2017-18)
- A Tier 3 Bursary, which offers funding and mentoring support to help develop research ideas was awarded to a Designated Nurse for Safeguarding Children at Ipswich & East and West Suffolk CCGs - to explore the area of mindfulness practice and its effect on the resilience and safeguarding practice of clinical staff working in the area of safeguarding children
- Research Impacts have been collected on a regular basis through the use of a brief online survey to highlight the difference research has made to clinicians and patients. These have been collected across the region reporting benefits including increases in knowledge and access to different therapies and treatment options, better engagement with patients, faster diagnosis and better care for patients taking part in these studies.
- *50 health and social care staff from across Norfolk and Suffolk attended the Research Office’s “Getting Started with Service Evaluation” in 2018/19, bringing the total to more than 90 staff trained since November 2017.*

- South Norfolk CCG as host of the Research Office took the lead CCG role on behalf of all CCGs in CRN: Eastern in management of Excess Treatment Costs in Research and helped smooth the transition to the new system which was implemented in October 2018

2.2 In 2019/20 we are looking to:

- Develop a Research and Evaluation Strategy for Suffolk in line with the Norfolk and Waveney Research and Evidence Strategy (in development) and the anticipated national 10 year research strategy
- Hold a Suffolk stakeholder event to inform development of the Suffolk Strategy
- Work with UEA Health and Social Care Partners to support system research and help support Norfolk and Suffolk CCG bids to UEA Health Partners
- Establish links with Primary Care Networks across Norfolk and Suffolk and identify links to research and priority areas for research
- Agree a programme of Research Dissemination Briefings to support commissioners and extend assessment of research impacts
- Refresh research accountability arrangements within the CCGs and Steering Group

3. Patient and Public Engagement

- 3.1 Involvement of patients and the public in the development and delivery of research is critically important ensuring research quality and relevance.
- 3.2 The Research Office has a 50 strong Patient and Public Involvement in Research (PPIRes) panel to support this work, showcased in the annual report (section 3.2). A survey of users and members of this panel was conducted in 2018 and a stakeholder event was held with UEA to look at strengthening collaborations between academia and the NHS.
- 3.3 Results of the CRN led annual Patient Research Experience Survey are also reported in the annual report indicating that patients taking part in research across practices in Norfolk and Suffolk had a positive experience of taking part and were treated with both dignity and respect, reflecting the professionalism of both the CRN delivery staff and practice staff involved.

4. Recommendation

- 4.1 This document is used as evidence to support the CCG's Duty to Promote Research. It would be useful to get the Governing Body's feedback on how they would like to feed into the development of a Suffolk Research Strategy.