



Suffolk & North East Essex Stoma Formulary

Version 8.0 – May 2022

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Prescribing Indicator
1 st Line
2 nd Line
On specialist advice only

Approved Product List

Barrier Films <i>(for review after 6 months use)</i>	Type / Code	Quantity	Cost	Quantity per month
Film Spray				
3m Health Care Cavilon No Sting Barrier pump spray	3346P	28ml spray	£5.85	1 x bottle
StoCare Protect non-sting Barrier Spray	STC 150	50ml Spray	£7.70	
Film Wipes				
StoCare Protect Barrier Wipes	STC250	30 wipes	£12.95	1 x box
Cavilon Wipes – Specialist Advice ONLY	3344E	30 wipes	£23.76	1 box per 2 months
Barrier Cream				
Clinifilm Barrier Cream	300722	100g	£6.50	Good for dermatitis

Skin Fillers	Code	Quantity	Cost	Quantity per month
Hollister Adapt Paste 60g (Contains no Alcohol)	79300	60g tube	£4.14	1-3 tubes additional at specialist request
Dansac Soft Paste (Contains no Alcohol)	77550-0	50g tube	£3.81	
Oakmed Stoma Paste 2nd Line	SP 008	56g tube	£7.94	
Convatec Stomahesive Paste 2nd Line	S105	60g tube	£7.96	

Discharge Solidifying Agents	Code	Quantity	Cost	Quantity per month
Respond Absorbent Gel Sachets Higher Quantity	PFW6	150 sachets	£43.20	1 box Max additional at specialist request
Independence Absorbent Strips	P200AS	200 strips	£20.91	

Sore Skin Accessories	Code	Quantity	Cost	Quantity per month
Paste				
Orabase Paste	S103	30g tube	£2.23	1 tube
Skin Protector				
Ilex Skin Protectant Paste 2nd Line	IP51	57g tube	£8.56	1 tube
Powder				
Coloplast Brava Ostomy Powder	1907	25g bottle	£2.53	1 bottle additional at specialist request
Convatec Orahesive Powder	S106	25g bottle	£2.59	
Renew Protective Powder (Aloe) *Higher Quantity*	ABP2	50g bottle	£5.08	1 bottle every 3 months

Flange extenders	Code	Quantity	Cost	Quantity per month
Salts Flange Extender with Aloe	SPHA2	30 pieces	£13.86	1-2 boxes. Additional at specialist request only. Very High quantities to be reviewed.
Coloplast Brava Elastic Tape	12070	20 pieces	£13.61	
Coloplast Brava Elastic Tape XL 2nd Line	12076	20 pieces	£15.58	
Respond Comfort Adhesive Flange Extender 2nd Line	AFEL30	30 pieces	£19.92	

Mouldable washers	Code		Quantity	Cost		Quantity per month
Salts Mouldable Seals Thin / with Aloe	SMST	SMSAT15	30 pieces	£53.02	£52.59	1 box or up to 3 with colostomy
Salts Mouldable Seals Standard / with Aloe	SMSS	SMSAS15	30 pieces	£52.17	£52.70	
Hollister Adapt Barrier Rings 48mm	7805		10 pieces*	£18.80		1 box per month
Coloplast Brava Protective Seal Convexity ring	12090/1/2/3/4/5		30 pieces	£70.50		On specialist advice only as documented by Stoma Nurse
			30 pieces			
Pelican Cohesive Slims 2 nd Line	839005		30 pieces	£59.99		1 box or up to 3 with colostomy
Pelican Cohesive Seals Small 2 nd Line	839002		30 pieces	£61.16		
Dansac TRE Seals 30mm 2 nd Line	071-30		30 pieces	£71.15		

Adhesive Removers (Sprays/Wipes)	Code		Quantity	Cost		Quantity per month
Remover Sprays PATIENT TO USE WIPES OR SPRAY - THERE IS NO REQUIREMENT FOR USE OF BOTH						
Clinimed Clinipeel	4501		50ml spray	£5.58		Up to 3 cans Dependent on frequency of bag changes
Opus Lift Plus 360 (neutral) / Lift Plus Citrus 360	5506	5507		£5.30		
StoCare Remover Spray	STC 100			£5.30		
Remover Wipes						
StoCare Remove Non-sting Adhesive Remover Wipes	STC200		30 wipes	£8.50		1 box or up to 3 with colostomy

Restricted Lubricating deodorant gels	Code		Quantity	Cost		Quantity per month
Respond Glide 8ml Sachets	TCB3		30 sachets	£7.04		1-3 boxes
Respond Glide Odour Neutralising Pouch Lubricant	TCB6		300ml bottle	£8.42		3-6 months
These are not routinely used and must only be initiated by the stoma nurse which will be clearly documented. Baby oil to be purchased OTC in the first Instance.						

Belts/Supports	Code		Quantity	Cost		Quantity per month
Belts						
Coloplast Brava Belt (standard – XL size)	0421	0422 (XL)	1 belt	£7.20	£7.08	Maximum 3 per year
Oakmed Adjustable Ostomy Belt 100cm	OCB02		1 belt	£8.01		
Stoma support underwear, garments and clothing						
Level 1 / Level 2 Underwear and trunks	OTC items – patient can purchase direct from manufacturer					
Level 2/3 Stoma support Garments on advice from the stoma nurse	Following specialist recommendation only – 3 per year					

Deodorants, cleansers and soaps: Not clinically necessary and should ONLY be prescribed in exceptional circumstances when authorised by Stoma Nurse. This will be clearly documented.

Always refer to documentation from the Stoma Nurses with regards to any changes, quantity increases or new requests. If unclear, please contact the Stoma Nurses directly or your Appliance Nurse.

Stoma Appliance Quantities

Product	Frequency of change	Quantity per month
Colostomy		
One piece closed appliance	2-3 times a day discard after each use	60-90 pouches
Two-piece appliance: closed pouch (involving a flange and pouch)	Flange: 2 or 3 times a week	10-15 flanges
	Pouch: 2 or 3 times a day	60-90 pouches
One-piece drainable pouch	1 every 1-2 days	Max 30 per month
Please note where a drainable pouch is used for a colostomy patient no more than 30 per month.		
Ileostomy – drainable pouch		
One-piece drainable appliance	1-3 days	10-30 pouches
Two-piece appliance: drainable pouch	Flange: 2 or 3 times a week	10-15 flanges
	Pouch: 1-3 days	10-30 pouches
Urostomy – pouch with tap		
One-piece appliance with a tap	1-3 days	10-30 pouches
Two-piece appliance: pouch with a tap for urine	Flange: 3 times a week	10-15 flanges
	Pouches: 1-3 days	10-30 pouches
Attachments and accessories		
Urostomy night drainage system for continuous drainage at night for urine	Night bag changed weekly	<u>4 bags</u> per month or <u>1 box</u> every 2-3 months
Belts	1 to wear, 1 in wash and 1 spare	3 belts per year
Adhesive removers <i>(only if required)</i>	If required at bag change	1-3 cans (dependent on frequency of bag changes)
Skin protective (wipes or films)	Selected patients only	<u>1 bottle</u> or <u>1 box</u> of 30 wipes
Discharge solidifying agents	On advice of stoma nurse only	1 box/container
Flange extenders	2-3 at each flange change	1-2 boxes
Mouldable washers	At each bag change	<u>1-3 boxes</u>
Deodorants	Not required – household air freshener is suitable	

Stoma support underwear, garments and clothing	
Level 1 Underwear and trunks	OTC items – patient can purchase direct from manufacturer
Level 2/3 Stoma support Garments on advice from the stoma nurse	Following specialist recommendation only – 3 per year

Deodorants, cleansers and soaps: Not clinically necessary and should ONLY be prescribed in exceptional circumstances when authorised by Stoma Nurse.

Useful Contacts

Stoma Nurse Teams

Ipswich & East Suffolk GP Federation - Community Stoma Nurses:

Debbie Cooper and Claire Burke

T: 03001232425

E: sgpfed.stomaserviceeast@nhs.net

Ipswich Hospital Stoma Nurses:

Sharon Stopher, Sally Power and Laura Pyne

T: 01473 703301

E: Stoma.care@esneft.nhs.uk

North East Essex Stoma Nurses:

Emma Brown, Jennifer Edwards, Karen Jones and Natalie Brown

T: 01206 742009

E: chu-ftr.stomacare@nhs.net

Hollister Community Stoma Nurse:

Bernadette Ambrose

T: 07739 321369

E: Bernadette.ambrose1@nhs.net

West Suffolk Stoma Nurses:

Katie Lloyd

T: 01284 712697

Medicine Management Teams

Ipswich & East / West Suffolk CCG Medicines Management Appliance Nurses:

Denise Hutchinson

E: iesccg.medsmanagement@nhs.net

North East Essex CCG Medicines Management Team:

E: NEECCG.MedicinesManagement@nhs.net

Team	Approximate Review Pattern	Additional Comments
West Suffolk Hospital Stoma Nurse Team	1 week, 2 weeks, 3 months, 1 year and then two years.	Patients have open access for phone calls after two years. They can return at any point.
East Suffolk Community Stoma Nurse Team	1 week, 10 days on, 1 month on, 3 months on, 6 months on, 9 months on, 1 year on.	Patients are then recalled every year for an annual review.
Ipswich Hospital stoma Nurse team	1 week, 10 days on, 1 month on, 3 months on, 6 months on, 9 months on, 1 year on.	
NEE Stoma nurse team	1 week, 4 weeks on, 3 months on, 6 months on, 8/9 months on, 1 year on.	Patients are then recalled every year for an annual review.