

Position Statement on the Prescribing of Stoma Underwear and Support Garments

Ipswich and East Suffolk CCG, West Suffolk CCG and North East Essex CCG **do not** support the prescribing of level 1 (light weight) stoma underwear. Patients should be advised to purchase an appropriate product over the counter (OTC). A maximum of three pairs of level 2 or 3 support stoma Garments should be prescribed per patient, per year.

Rationale

- Level 1 stoma underwear provides minimal support and should **not** be prescribed.
- There is no clinical evidence to support the use of level 1 stoma underwear to prevent or manage a parastomal hernia.
- Level 1 stoma underwear is not essential and does not provide the necessary support required to manage a parastomal hernia.
- Level 2 or 3 support stoma Garments may be required for the prevention and management of a parastomal hernia.
- The stoma care nurse will assess the patient's need and if appropriate, a prescription will be requested from the GP.

Prescribing Guidelines

- Level 1 stoma underwear should **not** be prescribed.
- Patients wishing to wear level 1 stoma underwear (for comfort and discretion to hide their stoma appliance) should be advised that they can purchase these from a high street store, online, or direct from the company.
- Current prescriptions for level 1 stoma underwear should be **discontinued**.
- Only level 2 or 3 support stoma Garments should be prescribed.
- Prescribing should be limited to a maximum of three pairs of level 2 or 3 support stoma underwear per patient, per year.

Stoma Nurse contact details

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Underwear garments that should **not be prescribed: Please note that this list is not exhaustive**

- AMI Suportx Ostomy Support Men's Shorts/Trunks
- AMI Suportx Ostomy Support Ladies Briefs/Shorts
- Bullen Camilla Panty Girdle
- Bullen Constance Panty Girdle
- Comfizz unisex waistband 7 and 10 inch
- Comfizz men's T-shirt
- Chawner Ostomy Girdle/Pantie
- CUI Cuiwear Urostomy Support + Pouch Cover Men's Boxers/Trunks
- CUI Cuiwear Urostomy Support + Pouch Cover Ladies Full Brief/Shortie
- CUI Cuiwear Briefs/Unisex Boxer
- CUI Fulciolite Brief
- CUI Ultralite Brief
- Kavendor Comfizz Stoma Support Wear Male Tank Top/Boxer/Brief/Double Layer Boxer
- Kavendor Comfizz Stoma Support Wear Ladies Brief
- Kavendor Comfizz Stoma Support Wear Unisex Boxer
- Kavendor Comfizz Stoma Support Wear Boxer & Cup/Boxer/Brief/Shallow Boxer/Thong
- Kavendor Comfizz Stoma Support Wear Vest
- Kavendor Comfizz Stoma Support Wear Junior Boxer/Brief/Vest
- Respond light unisex support belt (HiLINE)
- Respond Ostomart Cool Comfort Unisex Boxer/Brief
- Salts Stoma Support Wear Ladies Brief
- Salts Stoma Support Wear Unisex Boxer
- Vanilla Blush Boxer
- Vanilla Blush Ladies Brief
- Vanilla Blush Pantie/Girdle
- Vanilla Blush Stoma Support Pants Junior Boy/Girl
- Vanilla Blush Support Belt Ladies Briefs/Briefs & Legs
- Vanilla Blush Support Belt Male Briefs/Briefs & Legs
- Vanilla Blush Support Vest Ladies/Unisex
- Vanilla Blush support legs

Swim wear garments are not routinely available on FP10 should not be prescribed. Patients should be advised to purchase an appropriate garment.

For further information please contact the Medicines Management Teams:

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NEE Medicines Management Team: NEECCG.MedicinesManagement@nhs.net

References

1. PrescQIPP Prescribing Guidelines for Stoma Appliances and Accessories