



Weekly Inbox

2 March 2020 Issue 363

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner
PM: Practice Manager
Ad: Administrative staff (including medical secretary, care navigator)
PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)
OC: Other clinicians (including ECP, Pharmacist, PA)

FOR ACTION	EDUCATION & TRAINING
<ol style="list-style-type: none"> Screening feedback cards Suffolk How are you? Image for GP screens RED January survey 	<ol style="list-style-type: none"> For information: Feedback on Training and Education Afternoon Coaching skills for leaders in Primary care PACT
FOR INFORMATION	CONTACTS and USEFUL LINKS
<ol style="list-style-type: none"> New service for HPV testing (Gynae) Breast Referrals Reminder: Practice briefing: Fibromyalgia Pathway Safeguarding Response to Obesity when Neglect is an issue Have your say on Cancer New offer of Solihull Online programmes for parents and carers 'Suffolk and North East Essex Shout Out' Latest vacancies 	<ol style="list-style-type: none"> Contact us
PCN CLINICAL DIRECTORS INFORMATION	CHART OF THE WEEK
<ol style="list-style-type: none"> General Medical Services (GMS) Ready Reckoner 2020/21 Social prescribing report and recommendations – Australian Social Prescribing 	<ol style="list-style-type: none"> Chart of the Week: % of patients that have consented to share their Summary Care Record (with Additional information)

FOR ACTION

OC GP PM Ad PN

1. Screening feedback cards

Public Health Suffolk would like to sincerely thank all the practices that kindly assisted in their cervical screening uptake project, by handing out feedback cards to women attending their screening. It was a worthwhile exercise and Public Health Suffolk now have enough feedback on this so please dispose of any leftover cards you may have. Thank you



[Back to top](#)

PM Ad

2. Suffolk How are you? Image for GP screens

It's easy to upload to your practice screens. Please add as soon [this](#) to the GP screens as you can to allow time for your patients to view before the campaign ends on 31 March 2020. To find out more about the Suffolk How are you campaign please go to www.suffolkhowareyou.co.uk

[Back to top](#)

GP

3. Action required – General Practice Improvement leads

General Practice Improvement Leads programme Spring cohort is now active on the NHS England website <https://www.england.nhs.uk/gp/gpiv/redesign/gpdp/capability/>.

There is a cohort for Midlands and East of England regions starting on 6th May (the regions are paired with the intention to give more opportunities to join cohorts during the year).

You can view the programme flyer [here](#). The email contact for applicant queries is england.icbd@nhs.net

[Back to top](#)

OC GP PM Ad PN

4. RED January survey

Active Suffolk have put a survey together to gather results back from those that participated in the campaign (RED January – Run Every Day). It would be great to get this circulated to all that may have taken part and not just those that used the hashtag on social media. The link to this is: <https://www.surveymonkey.co.uk/r/REDJanuary>

[Back to top](#)

FOR INFORMATION

OC GP PN

5. New service for HPV testing (Gynae)

You may be away that a new HPV testing service is starting from Monday 2nd March and has been taken over by Norfolk and Norwich University Trust (not a NEESPS service). Please find [here](#) the coloured bag poster to help you sort your samples.

[Back to top](#)

GP

6. Breast Referrals

We are introducing an updated referral form for fast-track (2WW) breast clinic referrals: examples can be viewed here – [female referral](#) and [male referral](#). There are separate forms for female and male, but please note both breast lumps and breast symptoms are on the same form, as both are currently nationally mandated 2WW pathways.

A recent audit has shown that some clinicians are referring to the breast clinic on a routine basis, particularly if clinical suspicion is low, but ALL breast clinic referrals should use this new form. Consultant advice is available via A&G on eRS but if any doubt, always err on the side of caution and refer.

The form will be available on DXS from Monday 2nd March.

[Back to top](#)

GP

7. Reminder: Practice briefing: Fibromyalgia Pathway

The new Fibromyalgia Pathway with associated Pre-Referral Guidance and form that has been developed in conjunction with the Rheumatology and Pain Service at ESNEFT is now LIVE in DXS. Please read the [Practice briefing](#) for more information on diagnosis and treatment of Fibromyalgia.

[Back to top](#)

OC GP PM Ad PN

8. Safeguarding Response to Obesity when Neglect is an issue

This is multi-agency guidance to support professionals when working with children and young people when it is considered that a child's obesity may be related to neglect.

Childhood obesity can become a child protection concern if parents fail to provide their child adequate treatment or when parents behave in a way that actively promotes treatment failure, as with any chronic illness in a child.

The management of obesity is complex and challenging, the root causes of obesity are complex and obesity remains difficult for professionals to treat once established. Weight management is an emotive issue and many families struggle to maintain a healthy diet and take the recommended amount of physical activity. This is against a background of a modern lifestyle with diets high in processed food and sugar, availability of sugary drinks, food advertising and sedentary activities resulting in reduced physical activity.

Wherever possible, it is important to work with families to understand potential risks and signs of safety. Morbid obesity can affect a child's outcomes in a number of ways, including academic achievement and emotional wellbeing; in a very small minority of cases, obesity can be life threatening. It is imperative that any parent or carer who is trying to manage their child's weight understands the risks and has access to appropriate support and guidance. Professionals working with obese children should be mindful of the possible role of abuse or neglect in contributing to obesity.

Suffolk One Life Service now offer a [tier 3 weight management service to children and families](#), and referral criteria to either tier 2 or 3 is included in the [guidance](#).

[Back to top](#)

9. Have your say on Cancer

Please find [here](#) a flyer which is asking for patient representatives to act as champions and advocates for local patients, relatives and carers to support the Suffolk and North East Essex Integrated Care System (ICS) improve cancer services.

There are three projects to get involved in:

- **Supporting faster diagnosis** for lung, prostate, colorectal and oesophago-gastric (upper GI) cancers.
- **Improving support** for people living with and beyond for breast, prostate and colorectal cancers.
- **Working together** to develop a clinic and a community based Rapid Diagnostic service for vague symptoms.

Anyone interested can contact Marielena Giner by emailing m.giner@nhs.net or calling **07539 646619** to get involved, find out more or subscribe to receive updates on the cancer services improvement projects.

If any of the PPG networks would like someone to come to their meetings to explain more, [Back to top](#) please contact Marielena Giner.

10. New offer of Solihull Online programmes for parents and carers

Suffolk County Council Health, Wellbeing and Children's Services have commissioned these new online programmes for parents and carers. FREE for all Suffolk residents, the 4 programmes cover the period from ante-natal to the teenage brain. Please find below postcards which give an overview and instructions on how to register. Printed cards will be shared with practices in due course.

- [Postcard – Free online course information](#)
- [Postcard – Access code information](#)
- [FAQ – information for parents and carers](#)

[Back to top](#)

11. 'Suffolk and North East Essex Shout Out'

Message from the Suffolk & North East Essex Research team:

"We are moving away from our quarterly NIHR CRN Eastern Primary Care Study and Resource Bulletin and instead will be sending you an Email entitled "SNEE Shout Out". This will be a round-up of study updates and other regional research briefings from CRN Eastern. We hope that this will cut the amount of Emails that we send to you.

Documents below:

- [Data Protection Considerations in Research](#)
- [Recent Publications](#)
- [Norfolk & Suffolk Primary and Community Care Q3 Research Briefing](#)
- NIHR February 2020 briefing can be found here: [NIHR Feb 20](#)

Our [NIHR CRN Eastern Primary Care Website](#) is a great source of information including current studies, Good Clinical Practice and other training and information regarding local/regional events.

We would like to offer our **congratulations** to the ColTe Partnership who are the top recruiting practice (39 participants) in the RENEWED online CLASP study."

[Back to top](#)

12. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

If you would like to include a web-based job advert please email neeccg.commns@nhs.net

[Back to top](#)

13. General Medical Services (GMS) Ready Reckoner 2020/21

NHS England have published a [ready reckoner](#) that you can use to calculate the funds that your PCN will have to employ the additional staff roles.

[Back to top](#)

14. Social prescribing report and recommendations – Australian Social Prescribing

Please follow the link [here](#) to a report on the approach being taken on social prescribing in Australia that you may find interesting/useful.

[Back to top](#)

EDUCATION & TRAINING

15. For information: Feedback on Training and Education Afternoon

After every training afternoon we ask for your comments and your ideas. This is to help us in planning future training sessions that will be of greatest benefit. Thank you to everyone who has provided feedback throughout the past year; we'd like to share this with you so we have produced a [summary of feedback for the whole of 2019](#). We continue to strive to provide high quality teaching for primary care. We appreciate all your feedback, both good and bad.

You can also take a look at the [Feedback on the 6 February afternoon \(Gastro, Prescribing and PCN meeting\)](#).

[Back to top](#)

16. Coaching skills for leaders in Primary care

These sessions have been developed to provide Primary Care leaders with a structured approach to coaching in the workplace. Explore and learn how you as leaders can drive results by supporting your team members in their learning, enabling them to develop the skills, knowledge and attitude necessary to successfully deliver their job responsibilities and goals.

Please find the links below for the Coaching Skills event.

Wed 11th March <https://healtheducationyh.onlinesurveys.ac.uk/event-coaching-skills-for-leaders-in-primary-care-wedne-2>

Wed 18th March <https://healtheducationyh.onlinesurveys.ac.uk/event-coaching-skills-for-leaders-in-primary-care-thur>

Wed 25th March <https://healtheducationyh.onlinesurveys.ac.uk/event-coaching-skills-for-leaders-in-primary-care-wedn-3>

[Back to top](#)

17. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 123 – 26 February 2020](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub

[Back to top](#)

CONTACT

18. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#) however if you have a local vacancy you would like to advertise via the website please email neeccg.comms@nhs.net

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **lps6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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[Back to top](#)

CHART OF THE WEEK

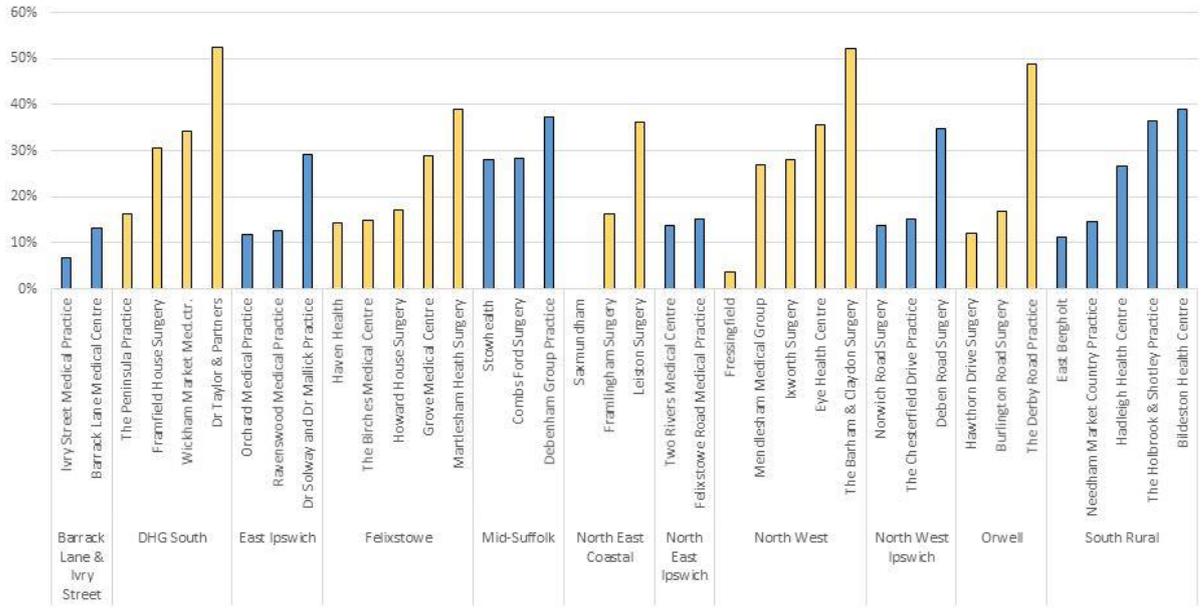
19. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at the % of patients that have consented to share their Summary Care Record (with Additional information)

The Summary Care Record is a national system which can be accessed when directly involved in a patients care. With the introduction of My Care Record across our area there is still a need to ask patients for consent to opt in to the additional information being created within their Summary Care Record (SCRai). Ipswich & East Suffolk CCG has 21% of patients consenting to the SCRai and we are keen to improve upon this, especially for patients living with Frailty, and those with multiple long-term conditions. Please continue to encourage patients to opt in to the SCRai.

Opt-in forms can be found [here](#).

The % of patients that have consented to share their Summary Care Record (with Additional Information)
 (@ Feb 2020)



[Click on chart to enlarge](#)

[Back to top](#)