

Exercise and treating chronic disease

- MSK conditions
- OA
- RA
- Ankylosing spondylitis

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- CVS
- Coronary artery disease
- Heart failure
- Intermittent claudication

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- Diabetes
- Raised cholesterol

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- Neurology
- Parkinson's disease
- MS
- Dementia

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- Asthma
- COPD

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- Cancer

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- Anxiety depression
- Chronic fatigue syndrome

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- Chronic low back pain
- Fibromyalgia