



# CMAS

(Community Memory  
Assessment Service)

**We all forget to do things...  
Sometimes it begins  
to affect our daily lives.  
Our new service can help.**

**Are you worried about your memory?**  
Then speak to your GP.

**Does someone you know have  
problems remembering?**  
Encourage them to talk to their GP.



CMAS is a new service provided by  
NHS Ipswich and East Suffolk CCG and delivered by  
Norfolk and Suffolk NHS Foundation Trust.

