

# Newsletter

## Issue. 81

### 10 December 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

**Previous issues** – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<b>Covid-19 and Flu Vaccination Campaign Resources</b>	<p>Please click <a href="#">here</a> to access Covid-19 and Flu vaccination resources from Public Health England Partnerships.</p> <p>Alternatively, if you are a user of the <a href="#">NHS Future Collaboration Platform</a> you will also find a range of communications and engagement resources for Primary Care Network (PCN) designated sites there too. You will need an account to access this material.</p>
<b>Remote Care</b>	<p>The Royal College of General Practitioners has published useful guidance regarding face-to-face/remote care <a href="#">here</a>. The existing COVID-19 guidance for general practice can be found <a href="#">here</a>. A public-facing video created by NHSE/I on how people can now access GP services can be viewed <a href="#">here</a>. NHSE/I is in the process of compiling existing educational materials around remote care for staff in primary care. Any feedback on which aspects would be particularly helpful for you can be sent to Dr Brin Hodgskiss, NHSE/I's Deputy Head of Transformation (Primary Care and Public Health) via <a href="mailto:brin.hodgskiss@nhs.net">brin.hodgskiss@nhs.net</a>.</p>
<b>Heart Failure During the Pandemic</b>	<p>Professor Christi Deaton from the University of Cambridge is conducting an evaluation seeking thoughts and ideas from patients, carers, and healthcare staff delivering care on strategies for managing heart failure during the COVID-19 pandemic, to find out how care has changed, what has worked well or not, and what changes should be continued after the pandemic or during another similar situation. Participation will take 10-20 minutes for each of two rounds of questions: the first-round closes on 22 December. Please find more information <a href="#">here</a>.</p>
<b>Vaccination and Mental Capacity</b>	<p>Please find below a form for consent to a vaccination where Mental Capacity is in doubt, information from Essex Legal Chambers about the legalities around assessment, administration etc of the vaccination and an overview of the law and principles relating to the assessment of mental capacity.</p> <p><a href="#">Vaccination Consent Form</a></p> <p><a href="#">Covid-19 vaccination – mental capacity guidance</a></p> <p><a href="#">Carrying Out and Recording Capacity Assessments – Law and Principles</a></p>
<b>Outpatient Waiting Lists</b>	<p>ESNEFT has added a <a href="#">Latest Waiting Times</a> section to the top menu on The Link, its website for primary care colleagues. This will be updated around the middle of each month. The waiting times published represent the average wait for each specialty on the <b>Ipswich</b> and <b>Colchester</b> sites, but please be aware that very specific conditions may make the actual waiting time longer or shorter. If you have any feedback please let ESNEFT know via <a href="mailto:thelink@esneft.nhs.uk">thelink@esneft.nhs.uk</a>. If you are not yet signed up to The Link, you can login via <a href="http://www.esneftlink.org">www.esneftlink.org</a>.</p>
<b>Pregnancy Support for Women from BAME Backgrounds</b>	<p>As part of the BAME focus in Maternity, video messages have been created. This <a href="#">poster</a> uses a QR code to take women to these messages.</p> <p>Feel free to display this poster in your practice if you wish.</p> <p>For more information please contact Teri Gavin-Jones (<a href="mailto:Teri.Gavin-Jones@suffolk.nhs.uk">Teri.Gavin-Jones@suffolk.nhs.uk</a>)</p>
<b>Dementia Teams Contacts</b>	<p>Please find below a link to the IESCCG / NSFT Dementia Contact List.</p> <p><a href="#">Dementia Contacts Dec 2020</a></p>

<b>Child Deaths Review Team Monthly Newsletter</b>	<p>Please click the link below to access the latest edition of the Learning from Children's Deaths Newsletter – the newsletter of the Child Death Review Team.</p> <p><a href="#">Leaning from Children's Deaths – Newsletter Dec 2020</a></p>
<b>One Team Monthly Newsletter</b>	<p>Please click the link below to access the latest edition of the One Team Newsletter – the newsletter for Integrated Neighbourhood Teams across Ipswich and East Suffolk.</p> <p><a href="#">One Team monthly (office.com)</a></p>
<b>Suffolk Community Perinatal Service Newsletter</b>	<p>Please click the link below to access the latest edition of the Suffolk Community Perinatal Service Newsletter.</p> <p><a href="#">Suffolk Community Perinatal Service - Newsletter Dec 2020</a></p>
<b>Evolving Your Practice's Clinical Model – Virtual Meeting 16/12/2020</b>	<p>COVID19 saw a rapid and universal shift to remote triage within primary care: moving swiftly to a mode of delivery that blends face-to-face, telephone, and online / video consultations.</p> <p>The still-evolving pandemic means that the service delivery models, systems, and patient behaviours are constantly changing and are difficult to predict. The result is, in many places, this new model is yet to embed and start reaping benefits.</p> <p>From our discussions with many of you, it's clear that one of the greatest struggles facing GP services in particular is understanding how they can evolve their clinical model using, and responding to, online tools.</p> <p>Join us as Dr Neil Macey (Stowhealth) shares his practice's journey as they re-designed their primary care clinical model; from traditional walk in, to telephone triage, to online delivery.</p> <p>Our discussion will cover key steps in the process, the benefits of being truly 'demand led', and patient feedback.</p> <p>Of course, Neil will also talk through the down sides and set-backs - so will really chime with what is bothering many people now!</p> <p><b>When:</b> 10:00 - 11:00 Wednesday 16th December</p> <p><b>Where:</b> MS Teams Join on your computer or mobile app</p> <p><a href="#">Click here to join the meeting</a></p> <ul style="list-style-type: none"> <li>• Join with a video conferencing device</li> </ul> <p><a href="mailto:690052037@t.plcm.vc">690052037@t.plcm.vc</a></p> <ul style="list-style-type: none"> <li>• Video Conference ID: 129 279 479 8</li> </ul> <p><a href="#">Alternate VTC dialling instructions</a></p> <ul style="list-style-type: none"> <li>• Or call in (audio only)</li> </ul> <p><a href="tel:+441134860108612516615">+44 113 486 0108.612516615#</a> United Kingdom, Leeds</p> <p>Phone Conference ID: 612 516 615#</p> <p>There will be an opportunity for a Q&amp;A. Please feel free submit questions in advance to Dr Brin Hodgkiss (<a href="mailto:brin.hodgskiss@nhs.net">brin.hodgskiss@nhs.net</a>).</p> <p>The webinar will be recorded and shared!</p>
<b>Dementia Public Meeting – 16/12/2020</b>	<p>The CCG are holding a Dementia Public meeting to listen to the voices of those who work and support those living with dementia and their carers, as well as those with lived experiences. This will be held on the 16 December 2020, 1 – 2.30pm. Individuals do not have to stay for the whole time they can drop in at any point to comment or leave a message.</p> <p>Please do share the invite below with anyone who is interested in attending, everyone is welcome their voice is important to help develop services for those living in Suffolk</p> <p>Microsoft Teams meeting  <b>Join on your computer or mobile app</b>  <a href="#">Click here to join the meeting</a></p>

	<p><b>Or call in (audio only)</b>  <a href="tel:+442038554748517000254">+44 20 3855 4748,517000254#</a>  United Kingdom, London</p> <p>Phone Conference ID: 517 000 254#</p> <p><a href="#">Find a local number</a>   <a href="#">Reset PIN</a></p> <p><a href="#">Learn More</a>   <a href="#">Meeting options</a></p>
<p><b>Whole Systems Approaches to Physical Activity Webinar – 15/12/2020</b></p>	<p>The Public Health England (PHE) “Engaging NHS systems leaders in whole systems approaches to physical activity” webinar will be taking place on Tuesday 15 December, from 10:00 to 11:30.</p> <p>Low levels of physical activity are a major population health challenge. To address this a whole systems approach is required. Integrated Care Systems and the NHS commitment to prevention and population health management offers the opportunity for strengthening the role of the NHS and care systems within whole system approaches.</p> <p>This webinar will bring together PHE, NHS England and Improvement (NHSE&amp;I), Sport England, UWE Bristol and representatives from the local case study in Dorset to share learnings from the research, contextualise this within the wider NHSE&amp;I and Sport England priorities and consider opportunities, next steps and what this all means for local place based whole systems working in the context of COVID-19.</p> <p>Deadline for booking is 23:59 on Sunday 13 December. Full details can be found <a href="#">here</a>.</p>
<p><b>Developing Skills in Health and Social Care (DSHSC) - Funded Education Available</b></p>	<p>The DSHSC project are providing a range of specific, <u>fully funded</u> qualifications to employees in the Adult health and social care sector across Norfolk and Suffolk, with funding coming from the European Social Fund and Norfolk and Suffolk County Councils.</p> <p>The aim of the project is to empower people working in the sector to develop new skills, enabling them to continue providing high-quality care to local people. Units available include Dementia, End of Life Care, Mental Health, Learning Disabilities and Autism.</p> <p>Applicants must be employed in Adult Health &amp; Social Care and live and work in Norfolk or Suffolk.</p> <p>Check out this <a href="#">video</a> for more details on the project and this <a href="#">leaflet</a>.</p> <p>For more information about fully funded training opportunities, or to sign up, please visit <a href="http://www.norfolk.gov.uk/developingskills">www.norfolk.gov.uk/developingskills</a></p>
<p><b>NSFT CFYP Psychology in Schools Team – Anxiety Education Session</b></p>	<p>The NSFT CFYP Psychology in Schools Team have delivered a further education session - this time on Anxiety. <a href="#">Resources and video recording</a> are now included within the CFYP Mental Health resource on the CCG website: <a href="http://ipswichandeastsuffolkccg.nhs.uk">Video Young People (ipswichandeastsuffolkccg.nhs.uk)</a></p>
<p><b>Teledermatology Training for Medical Secretaries</b></p>	<p>We would like to encourage all practices to use the Rego Teledermatology service for adults with skin lesions as this will result in a faster more efficient diagnosis, avoiding long waits and uncertainty for your patients.</p> <p>In response to further interest from practices, an additional 30 minute training session has been arranged on Wednesday 6<sup>th</sup> January at midday to support medical secretaries who are not already using the system.</p> <p>Please contact <a href="mailto:caroline.wells@suffolk.nhs.uk">caroline.wells@suffolk.nhs.uk</a> to book into this session or to provide your availability for a future session if this is not convenient.</p>
<p><b>ICS Briefing</b></p>	<p>The latest Suffolk and North East Essex Integrated Care System briefing for stakeholders and community leaders can be accessed <a href="#">here</a>.</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group  
[www.ipswichandeastsuffolkccg.nhs.uk](http://www.ipswichandeastsuffolkccg.nhs.uk) 01473 770000

Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)