

# Newsletter

Issue. 97

09 April 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

**Previous issues** – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

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| <b>Covid Vaccinations – Reasonable Adjustments</b>             | A short video about reasonable adjustments that can be made for patients attending Covid-19 vaccination centres and PCN hubs centres has been added to the SNEE vaccine website and can now be viewed <a href="#">here</a> .  |
| <b>AstraZeneca Vaccine – Updated Guidance</b>                  | Please see <a href="#">here</a> for updated <b>MHRA</b> guidance, <a href="#">here</a> for updated <b>JCVI</b> guidance and <a href="#">here</a> for information for UK healthcare professionals, and <a href="#">here</a> for decisions and actions now required.  |
| <b>Covid and Anosmia</b>                                       | As you are aware, Covid-19 can affect the sense of smell in some patients. A <a href="#">consensus paper</a> has been published which contains a simple algorithm for GPs to use. We are aware that an algorithm for sniffing stick testing in the community algorithm is included, even though they are not widely available, even within ENT departments. There are two useful charities that provide information about smell training mentioned in the algorithm - <a href="http://www.fifthsense.org.uk">www.fifthsense.org.uk</a> and <a href="http://www.abscent.org">www.abscent.org</a> . |
| <b>Covid-19 Research</b>                                       | Please find <a href="#">here</a> the latest update on <b>DHSC’s Urgent Public Health COVID-19 research</b> taking place in Suffolk and north east Essex, as well as the latest updates on findings and other related research news.   |
| <b>A&amp;G requests to CUHT - Conversions to 2ww Referrals</b> | Please click <a href="#">here</a> for information regarding advice and guidance requests relating to conversions to two-week wait referrals from the <b>Cambridge University Hospitals NHS Foundation Trust</b> .   |
| <b>Time for Carers – Respite Project</b>                       | Time For Carers is a new respite project that Suffolk Family Carers will be running (funded by Suffolk County Council), to help unpaid carers overcome the impact of COVID. Click <a href="#">here</a> for details of the referral process.   |
| <b>Tiger Bags</b>  | Are you using tiger bags (yellow and black stripes) for offensive waste? Orange clinical waste bags only need to be used for infectious waste such as Covid-19 material. A shift to tiger bags halves the cost to the NHS and halves the carbon footprint of incineration. See pages 5&6 of the <a href="#">COVID-19 waste management standard operating procedure</a> and <a href="#">the carbon footprint of waste streams in a UK hospital</a> for more information.   |
| <b>Supporting the Development of Social Prescribing</b>        | This <a href="#">link</a> takes you to a Guide for PCNs to support the development of social prescribing.   |
| <b>2021/22 GP Contract</b>                                     | Please click <a href="#">here</a> to access a document called “Implementing the 2021/22 GP Contract - Changes to Personal Medical Services and Alternative Provider Medical Services contracts”   |
| <b>GMS Ready Reckoner 2021/22</b>                              | The <a href="#">ready reckoner</a> has been produced by NHS England and NHS Improvement in partnership with the BMA General Practitioners Committee (GPC) and is intended to provide an indication of the changes in income streams that may affect a GMS practice and Primary Care Network (PCN) from 1 April 2021.  |
| <b>Evaluation of Clinical Advice and Guidance Survey</b>       | <b>NHSE/I</b> would be extremely grateful if you would take 10 minutes out of your day to complete this <a href="#">survey</a> to help inform future planning.  |

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| <p><b>Domestic Abuse Within BAME Communities – Webinar 13/04/21</b></p> | <p>The CCG and ISCRE (Ipswich and Suffolk Council for Racial Equality) have organised a webinar for a discussion on domestic abuse within the Black, Asian and Minority Ethnic community. The session is aimed at patients but open to all.</p> <p>Why focus on ethnic minorities? Inequality for minority groups is widespread and extends to the criminal justice system, healthcare, housing and schooling. The Office for National Statistics (2019) data shows that in the year 2018-2019, the rates of domestic abuse amongst ethnic minority communities were higher than their white counterparts, and rates of domestic abuse were highest amongst those of mixed ethnicity. Find out more at: <a href="#">BAME Domestic Abuse Webinar – ISCRE</a></p>  |
| <p><b>Older People’s Mental Health &amp; Dementia Newsletter</b></p>    | <p>Issue 7 of the Older People’s Mental Health &amp; Dementia Newsletter can be found <a href="#">here</a>, produced by the East of England regional mental health team. This issue includes a number of useful resources including webinar recordings for World Dementia Awareness Day by Health Education England in the North East, guidance on the provision of unpaid care and a helpline for end of life support being set up by the Anne Robson Trust.</p> <p>Readers may also wish to access the website for the <a href="#">Music For Dementia</a> campaign, which is referred to in the newsletter.</p>  |
| <p><b>Suffolk Voluntary and Statutory Partnership (VASP)</b></p>        | <p>Click <a href="#">here</a> for the latest news from The Suffolk Voluntary and Statutory Partnership, a welcoming network of more than 1,200 people, sharing news relating to mental health and wellbeing and helping to enable people from groups and services to come together through Locality VASP groups and a Strategic VASP.</p>  |
| <p><b>Suffolk Family Carers</b></p>                                     | <p>Please click <a href="#">here</a> for details of Suffolk Family Carers Trainer Recruitment and <a href="#">here</a> for details of online groups and training for carers.</p>   |
| <p><b>ESNEFT Staff Newsletters</b></p>                                  | <p>You can view the latest editions of ESNEFT’s staff newsletter <a href="#">here</a> (1<sup>st</sup> April) and <a href="#">here</a> (6<sup>th</sup> April).</p>  |
| <p><b>Sensory Impairment Awareness Training</b></p>                     | <p>We have organised some online Sensory Impairment Awareness training sessions, which is open to care navigators, social prescribing link workers and PCN vaccination site staff, which will look at both hearing loss and sight loss. The 1.5hr training session will be provided online by Sensing Change.</p> <p>Click <a href="#">here</a> for full details.</p>  |
| <p><b>Low Carbon Inhalers</b></p>                                       | <p>Want to find out how to shift to greener inhalers? You are invited to join a group of GPs and other primary care professionals who are interested in promoting planetary health and reducing the environmental impact of our surgeries at their next meeting on Wednesday 14<sup>th</sup> April from 5.30pm to 6.30pm to learn more. A major focus for primary care is a shift to low carbon inhalers and this is a GP contract target for this year. If you’re interested in learning more please email <a href="mailto:greenerpracticeessexandsuffolk@gmail.com">greenerpracticeessexandsuffolk@gmail.com</a>.</p>  |
| <p><b>Webinar – Supporting Patients with Heart Conditions</b></p>       | <p>UCLPartners and the British Heart Foundation invite you to join a webinar on Thursday 22 April at 10-11am to learn more about practical tools and resources helping primary care teams proactively support patients to manage conditions including hypertension and cholesterol.</p> <p><b>Who is this aimed at?</b><br/>The webinar is aimed at Health Care Professionals working within Primary Care Teams: Health Care Assistants, GP Practice Nurses, etc</p> <p><b>View the tools <a href="#">here</a></b></p> <p>The webinar will be chaired by Helen Williams, Consultant Pharmacist and National Specialty Adviser for CVD Prevention, and will be providing information about how the tools can be used to help you support patients.</p> <p><b><a href="#">Register for the webinar</a></b></p> <p><b>Questions about the webinar?</b><br/>Name: Sian Martin. Email: <a href="mailto:martins@bhf.org.uk">martins@bhf.org.uk</a></p> |
| <p><b>Planetary Health Webinar</b></p>                                  | <p>A free Earth Day webinar, open to everyone (not just GPs) and hosted by the Royal College for General Practitioners Junior International Committee (JIC) in collaboration with Essex and South West Thames faculties is taking place on Thursday 22<sup>nd</sup> April from 7pm to 8.30pm. Click <a href="#">here</a> for more details and to book your place.</p>  |

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| <b>PCN Webinar – Roles Reimbursement Scheme and Recruitment</b> | <p>We would like to invite you to join a follow-up PCN webinar on 28<sup>th</sup> April, 5:30 pm. Please find the link here: <a href="https://www.england.nhs.uk/primary-care-networks-webinar-a-focus-on-additional-roles-reimbursement-scheme-and-recruitment/">Primary care networks webinar: A focus on additional roles reimbursement scheme and recruitment (england.nhs.uk)</a></p> <p>Based on feedback from the PCN webinar held in September 2020, attendees will hear updates from our Primary Care Workforce and Mental Health transformation teams along with two case studies from a paramedic and a mental health practitioner. There will be an opportunity to ask questions throughout the event and share your feedback on how nationally and regionally NHS England and NHS Improvement can support you and your PCN with recruitment and retention.</p>   |
| <b>Mental Health Education Evening</b>                          | <p><b>Thursday 29 April 2021, 7pm - 8.15pm via MS Teams</b></p> <p><a href="#">Personality Disorder and Complex Emotional Needs</a></p> <p>We are revisiting personality disorder and are delighted to welcome back Dr Lulu Preston, Consultant Clinical Psychologist, NSFT, who presented at our very first evening event back in February 2019 on <a href="#">How best to practically manage patients with personality disorder and the skills to achieve this in a 10 minute consultation</a>, which you can re-watch online.</p> <p>This is part of a series of FREE educational evenings on mental health and emotional wellbeing designed for primary care practitioners across Suffolk. We have developed a full <a href="#">Programme for 2021/22</a> including domestic violence, crisis pathways, gender dysphoria and much more.</p> <p>To allow more people to benefit from this teaching, all sessions have been recorded. The <a href="#">videos</a> are accessible to any primary care staff (most do not need a password) and are great way of doing some online learning from home. <a href="#">Resources from each session are also available online.</a></p> |
| <b>ICS Briefing</b>   | <p>The ICS Briefing released on Thursday 1<sup>st</sup> April can be found <a href="#">here</a>.</p>  |

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group  
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Visit the [CCG Covid-19 webpage](#) where you can find many useful links and resources