

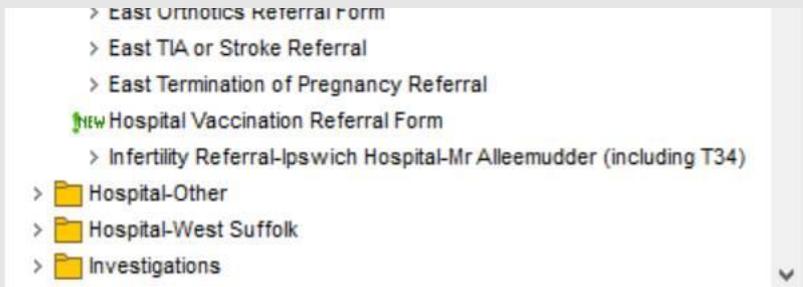
Newsletter

Issue. 92

05 March 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

Vaccinating People with a Learning Disability	<p>Those with a severe and profound learning disability are eligible for the vaccine as part of cohort 6 and are an important patient group we must ensure we reach. Further information and additional resources can be found here.</p>
Health and Social Care Workers - Second COVID-19 Vaccine	<p>Please click here for information for health and social care colleagues relating to the process for arranging your second dose of Covid-19 vaccine. We would kindly request that you share this with health and social care colleagues.</p>
Covid Vaccination for Patients with a History of Anaphylaxis	<p>There is a new form on DXS which enables practices to refer patients with a history of anaphylaxis to IHT for their COVID-19 vaccine, so it is done in a safe environment.</p> <p>The form reference is SUF1816 and it is in the Hospital – Ipswich, Referral folder on the DXS tree.</p>  <p>If you have any issues or need additional fields/changes, please contact Caryn Akers (caryn.akers1@nhs.net)</p>
Covid-19 Vaccination – Your Experience	<p>A message from Katie Sargeant, the CCGs’ Deputy Head of Patient and Public Involvement and Experience.</p> <p>Dear colleague,</p> <p>We want to hear about your experience of receiving the Covid-19 vaccination.</p> <p>This is so we can understand what is working well and what, if anything, we need to change to improve things for the future.</p> <p>It’s a very brief survey but it will help enormously in how we manage our vaccination sites to make sure things are as good as they can be for everyone.</p> <p>Please also share this link with your friends and family so as many people as possible are able to contribute -</p> <p>https://sneevaccine.org.uk/give-feedback/</p>
Covid-19 Research	<p>Please find attached the fortnightly update on DHSC’s Urgent Public Health COVID-19 research taking place in Suffolk and north east Essex, as well as the latest updates on findings and other related research news.</p>
Blood Pressure Monitoring at Home	<p>NHSE/I has given the CCGs in the Suffolk and North East Essex Integrated Care System some blood pressure monitors to allocate to primary care settings. These devices are intended for use by clinically extremely vulnerable patients with uncontrolled hypertension in their own homes. Please see here an expressions of interest form including some</p>

	background information on the monitors, as well as some information from NHSE/I on the Blood Pressure Monitoring @ Home initiative and the associated Standard Operating Procedure (SOP) .
ESNEFT Pathology	ESNEFT's ICT Team upgraded its Ipswich ICE OCS e-requesting/reporting system to v7 (re-named as 'ESNEFT ICE OCS') on 28 th February. Click here further information and guidance regarding the upgrade, as well as a separate document for practices that use the EMIS system . The Pathology team are getting a lot of calls to their helpdesk which can be resolved by the attached, so please familiarise with the information above.
ESNEFT FIT Testing	We have been asked by the Blood Sciences laboratory to send this document out to practices as a polite reminder regarding FIT testing samples.
AHP Suffolk	As a result of the coronavirus pandemic, Allied Health Professionals Suffolk (AHP) had to change the way it delivered its physiotherapy, exercise therapy and back and neck services. Since January, AHP staff have been redeployed to help the NHS manage the second wave of the pandemic and the organisation had to modify its services further, resulting in only those patients identified as being of high clinical priority offered appointments, with all other patients given advice, guidance and exercises as appropriate, and discharged on an SOS basis, allowing direct re-access in the event of symptoms significantly worsening. Conditions have now eased, and AHP staff are now returning to their core duties, so from today (Mon) they will be reverting to their previous 'Virtual First' modified MSK (Musculoskeletal) Physiotherapy service. They continue to accept referrals as normal, and will clinically triage, so please keep referring for MSK conditions and preferably encourage self-referral via https://physioselfrefer.co.uk/ . Going forward, AHP will be offering patients triaged as routine the opportunity of a remote or face-to-face appointment, as opposed to discharging to self-management with an SOS. If you have any queries, please email tim.hague2@nhs.net .
Earwax Build-up – Self Care Leaflet	In conjunction with Elective Care GP Leads, we have developed an Earwax Build-up Self Care Leaflet for you to share with patients. This leaflet will also be made available via DXS.
Imaging at Ipswich Hospital	The medical imaging department at Ipswich Hospital is currently experiencing issues with receipt of emails into its chu-ft.r.xrayappointments@nhs.net account and is awaiting resolution from the service provider. This issue came to light late on Monday (Mar 1). Please continue to send any new referrals to the above address but also copy in karengolding@nhs.net and caroline.polland@nhs.net until notified that the issue has been resolved. In addition, please re-send any referrals made from Monday onwards so that these referrals can be processed. If you have specific urgent queries that need to be seen on the day, please call 01473-703369 (Area 1 X-ray).
Children's Mental Health Services in Suffolk	<ul style="list-style-type: none"> • Please find attached a letter from the NSFT CYFP leadership team explaining the current challenges around service delivery and a request to use the GP professional consultation line 0345 600 6540 for advice about young people's mental health as well as a referral route into the Emotional Wellbeing Hub. • A leaflet for parents encouraging self-care/self-compassion • The parent workshop programme covers all ages (please feel to share with families, referrers and schools and through your social media platforms) – bookable through Eventbrite. Professionals are welcome to attend. • A list of resources for 16-25 year olds and a concise but comprehensive list of the local community service offers/support at this time is available to download HERE.
Long Acting Reversible Contraception	The Suffolk GP Federation is running a Long Acting Reversible Contraception (LARC) service until the end of June to address the backlog of women waiting for treatment. Practices can send their waiting lists, or details of individual patients, to the GP Fed's Nurse Clinical Lead, Catriona McCallum, via catriona.mccallum@nhs.net . The service will see women requiring insertion and removal of LARC (implants and coils) for contraception, HRT and HMB. A telephone consultation appointment will be made followed by a fitting appointment. Clinics are running at Riverside

	Clinic, Ipswich, and Drovers House, Bury St Edmunds. Practices will be required to manage the follow-up of these patients. If you have any questions regarding this service, please contact Catriona directly via the email address above.
Parkinson's Support	Parkinson's' Specialist Nurse at Ipswich Hospital has prepared information for patients regarding Parkinson's disease support for your use. This will also be available on DXS in due course.
Teledermatology Feedback Survey	<p>We would be very grateful if you could take a couple of minutes to complete the survey monkey below. The Teledermatology system provides rapid advice and guidance to practices for patients with skin lesions, supporting earlier diagnosis, improving care for patients and reducing footfall into the hospital. Your feedback would be gratefully received and will help to inform further developments to the system. The survey will close on Wednesday 17th March 2021.</p> <p>https://www.surveymonkey.co.uk/r/M3V658C</p> <p>If you have any questions regarding the service, clinical or technical, please contact caroline.wells@suffolk.nhs.uk</p>
Virtual Consultations – Request for Feedback	<p>We are seeking feedback on the use of virtual consultations (video/telephone) within primary care and we have prepared a short survey (link below):</p> <p>https://www.surveymonkey.co.uk/r/N6Q36XW</p> <p>If you could complete by 10th March 2020, that would be very much appreciated.</p>
Primary Care Nurse News – 01/03/2021	Please click here to access the latest Primary Care Nurse newsletter.
#WhatAreWe Missing? Newsletter	<p>#WhatAreWeMissing? is a community led initiative aimed at bringing together the Black, Asian and ethnic minority communities of Suffolk and surrounding areas, with leaders and mainstream service providers to co-produce solutions for addressing inequalities exposed by Covid-19.</p> <p>View latest newsletter here.</p>
Census 2021	Please would you consider displaying this poster for Census 2021 at your practices and including in any appropriate staff or patient-facing communications platforms you are responsible for to help raise awareness.
10 March T&E Afternoon - Cancer	<p>We are hosting a packed Cancer education afternoon on 10 March, looking at various aspects including new innovations like 'C the signs' and <i>Dr Liberta Labinoti</i>, Consultant Dermatologist at Ipswich Hospital who will be talking about skin cancer recognition. The afternoon kicks off at 2pm with an opportunity for Primary Care Networks to briefly share any work done for this year's DES for cancer. This will help fulfil the community of practice requirement and will include help to plan next year's activity. This session is open to all; take a look at the agenda for more details: Agenda - Cancer Education 10 March</p> <p>Alongside the main Cancer event will be a Prescribing Leads Meeting including update on prescribing schemes and Pharmacist Forum meeting. Prescribing Leads and pharmacists should have already received their Teams meeting invitation directly.</p>
Primary Care Coaching	<p>NHS England and NHS Improvement are offering those who work in primary care settings free and confidential coaching to build the wellbeing, resilience and positive team culture of the workforce during these challenging times.</p> <p>Individual coaching support is available via video or telephone with experienced coaches at a date and time suitable to them.</p> <p>There are two coaching offers currently available to primary care staff - #LookingAfterYouToo and #LookingAfterYourTeam. Click here for details.</p>
Mental Health Evening Education Event – 25/02/21	A recording of, and resources from, last week's evening session on perinatal mental health are now available on the CCG website: Ipswich and East Suffolk CCG > GP practice member area > Video Perinatal Mental Health

ICS Cancer Educational Sessions	<p>The ICS Cancer Educational sessions are resuming as of next month. The first sessions is as follows.</p> <p>Date/Time: Thursday 29th April 2021 at 1pm Topic: Acute Oncology Services and Overview of Immunotherapy Speaker: Dr Andrew Yager WSCCG Cancer Lead/Dr Dan Patterson WSFT Oncologist</p> <p>This will be a Microsoft Teams meeting, the link is in the attached schedule of education sessions.</p> <p>Please just click on this link prior to the date and time mentioned above.</p> <p>Please ensure you join in good time with your microphone muted and your camera off.</p> <p>We look forward to you joining us on the 29th, many thanks</p>
The Future for CCG Training and Education Afternoons	<p>As the vaccination programme continues to lead us along the government's RoadMap out of lockdown, we would like to know your views on the future of the training and education programme. For the moment, we are of course having to remain online. But we know some of you miss the interaction and networking over lunch that a session at Trinity Park has provided. Equally, for others the ease of being able to logon from home without the need to travel will be a big priority.</p> <p>Would you prefer to see a return to all face to face (Trinity Park), stay online, or a mixture of the two? To help us with planning, please could we ask you to take a minute to answer two short multiple-choice questions (and a third if you've more to add). Thanks for your time.</p> <p>All responses are anonymous. Thank you for your input.</p>
Latest ICS Briefings	<p>Please click here to access the ICS Briefing from Thursday 25th February and here for the briefing from Monday 1st March 2021.</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
www.ipswichandeastsuffolkccg.nhs.uk 01473 770000

Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)