



Weekly Inbox

24 February 2020 Issue 362

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner
PM: Practice Manager
Ad: Administrative staff (including medical secretary, care navigator)
PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)
OC: Other clinicians (including ECP, Pharmacist, PA)

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FOR ACTION

OC **GP** **PN**

1. DNACPR Completion

It has come to light that a number of clinicians are not signing box 6 on the DNACPR form as per the attached guidance. Please note the form is **NOT** valid if this box is not signed therefore leaving the ambulance trust no alternative to resuscitate the patient against their/their families wishes.

Could you please ensure this box is signed and completed as per the guidance.

DO NOT ATTEMPT CARDIOPULMONARY RESUSCITATION (DNACPR)
Adults aged 16 years and over. In the event of cardiac or respiratory arrest do not attempt cardiopulmonary resuscitation (CPR). All other appropriate treatment and care will be provided.

East of England
DO NOT PHOTOCOPIY

Name: _____ (OR USE ADDRESSOGRAPH)
Address: _____
Postcode: _____ Date of DNACPR order: _____
NHS number: _____ Date of birth: _____

REASON FOR DNACPR DECISION (tick one or more boxes and provide further information)
 CPR is unlikely to be successful (i.e. medically futile) because:
 Successful CPR is likely to result in a length and/or life not in the best interests of the patient because:
 Patient does not want to be resuscitated as evidenced by:

RECORD OF DISCUSSION OF DECISION (tick each box and provide further information)
 Discussed with the patient / Lasting Power of Attorney (welfare)? Yes No
 If 'yes' record content of discussion. If 'no' say why not discussed.
 Discussed with relatives / carers / others? Yes No
 If 'yes' record name, relationship to patient and content of discussion. If 'no' say why not discussed.
 Discussed with other members of the health care team? Yes No
 If 'yes' record name, role and content of discussion. If 'no' say why not discussed.

Is DNACPR decision indefinite? Yes No If 'no' specify review date: _____

HEALTHCARE PROFESSIONAL COMPLETING THIS DNACPR ORDER
 Name: _____ Signature: _____
 Position: _____ Date: _____ Time: _____

REVIEW AND ENDORSEMENT BY RESPONSIBLE SENIOR CLINICIAN
 Name: _____ Signature: _____
 Position: _____ Date: _____ Time: _____

Version 3: May 2017

NHS
Developed in partnership with NHS West Suffolk CCG and East of England Ambulance Service Trust

Do Not Attempt Cardiopulmonary Resuscitation (DNACPR)

This leaflet provides guidelines for completing a DNACPR order for adults aged 16 and over. This must be completed by a 'suitably trained' healthcare professional and be endorsed by a responsible senior clinician. The original DNACPR order **MUST** be held by the patient, as a photocopy **will not** be accepted.

The responsible senior clinician (e.g. GP or Hospital Consultant) is responsible for ensuring the DNACPR process has been correctly followed in accordance with the Mental Capacity ACT 2005 post review, final endorsement and signature. Please refer to **Suffolk DNACPR Good Practice Guidance 2017**.

Guidance

The numbers below correlate with the DNACPR overleaf and highlight areas that **MUST** be completed for the order to be valid.

- Name, address, date of birth and date of the DNACPR order - must be completed to enable the healthcare professional to confirm that this order relates to the person they are treating.
- Reason for DNACPR decision - this information will assist the healthcare professional with decision making, particularly if the person is not yet in cardiac arrest.
- Record of discussion of decision - completion of this assists the healthcare professional to identify those who are aware of the decision on arrival at the scene.
- Is DNACPR decision indefinite? One of these boxes **MUST** be ticked, with a date for review of this decision if the order is not indefinite.
- Signature 1 - the healthcare professional completing the DNACPR order should sign and date this.
- Signature 2 - the responsible senior clinician (i.e. GP or consultant) **MUST** sign to validate the decision. If the responsible clinician completes the DNACPR order, their signature is only required in this box, not the box above. **If this box is not signed, the DNACPR order is not valid.**

THE BEST OF HEALTH FOR WEST SUFFOLK

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2. Older People's Services Integrated Pathways: Change of telephone number

Ipswich Hospital's Parkinson's team has made a change to their current Parkinson's disease Service. As of Friday 21 February 2020, the telephone advice line held by the Parkinson's Nurse Specialist will no longer be in operation. There are alternative appropriate support services listed [here](#).

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FOR INFORMATION

GP

3. Programme 1: National Lottery and Kings Fund Healthier Communities Programme

The Programme will be led and delivered by Kings Fund, IVAR and Institute of Economic Research. The fund will target areas which face particular disadvantage and will create and strengthen local partnerships between health (NHS Institution e.g. Trust or CCG, local government (public health) and VCSE. It appears to be primarily focusing on delivering at place level and the applications need sign off by the Chief Officer of the NHS Institution, Director of Public Health and a Lead VCSE organisation. There is an emphasis on the role of the VCSE in delivering services that help reduce health inequalities and empower communities.

The programme will be delivered in 2 phases

Phase 1 – (July 2020 – March 2021) 6 areas will be chosen to participate in the first phase of the programme. Each area will receive £50,000 and a package of learning and development support for 9 months. Areas are due to start this work in July 2020.

Phase 2 – (April 2021 – March 2024) 4 areas will progress to Phase 2. All areas will be asked to apply for phase 2 and applications will be assessed on how strong their partnerships are.

www.tnlcommunityfund.org.uk/kingsfund

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GP

4. Programme 2: Health Foundation Common Ambition

£2.1m programme for partnerships developing collaborative communities where people, families, health care professionals and researchers work together to improve health care in the UK. Deadline for applications is 20 March 2020.

<https://health.org.uk/funding-and-partnerships/programmes/common-ambition>

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5. Ipswich Self-Management Event 19 & 20 March 2020

Please find [here](#) details of a Ipswich Self-Management Event which is taking place on 19 & 20 March 2020 at Ipswich Town Hall, Cornhill IP1 1DH. This event is free and is aimed at teaching individuals how to manage symptoms and improve quality of life with arthritis.

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6. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

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EDUCATION & TRAINING

7. Training and Education Afternoon – 4 March 2020

Our next general practice education and training afternoon is on Wednesday 4 March, at Trinity Park.

Our headline topic this month is [Dementia](#) and we welcome consultant Jane Shoote, from Ipswich hospital who will be looking at **Behavioural and Psychological Symptoms of Dementia**. This month's event will also include Development workshops, where we will also have dementia teams talking about their service and offering the opportunity for questions.

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8. Reminder: Standard Level Prescribing Clerk Training – Thursday 2 April 2020

Standard Level Prescribing Clerk Training is being held on Thursday 2nd April 2020 at Endeavour House. Please click here to [view](#) the flyer for more information.

The session will be an introduction to basic repeat prescribing duties for new staff. It will help to identify potential roles for prescribing clerks, provide some underpinning knowledge to assist staff in carrying out the role and update on current policies. If you would like to book a member of staff on to this session, please email Claire Allen (claire.allen9@nhs.net) to reserve your space. Spaces are limited and allocated on a first come first served basis.

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9. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 122 – 19 February 2020](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub

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CONTACT

10. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **lps6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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CHART OF THE WEEK

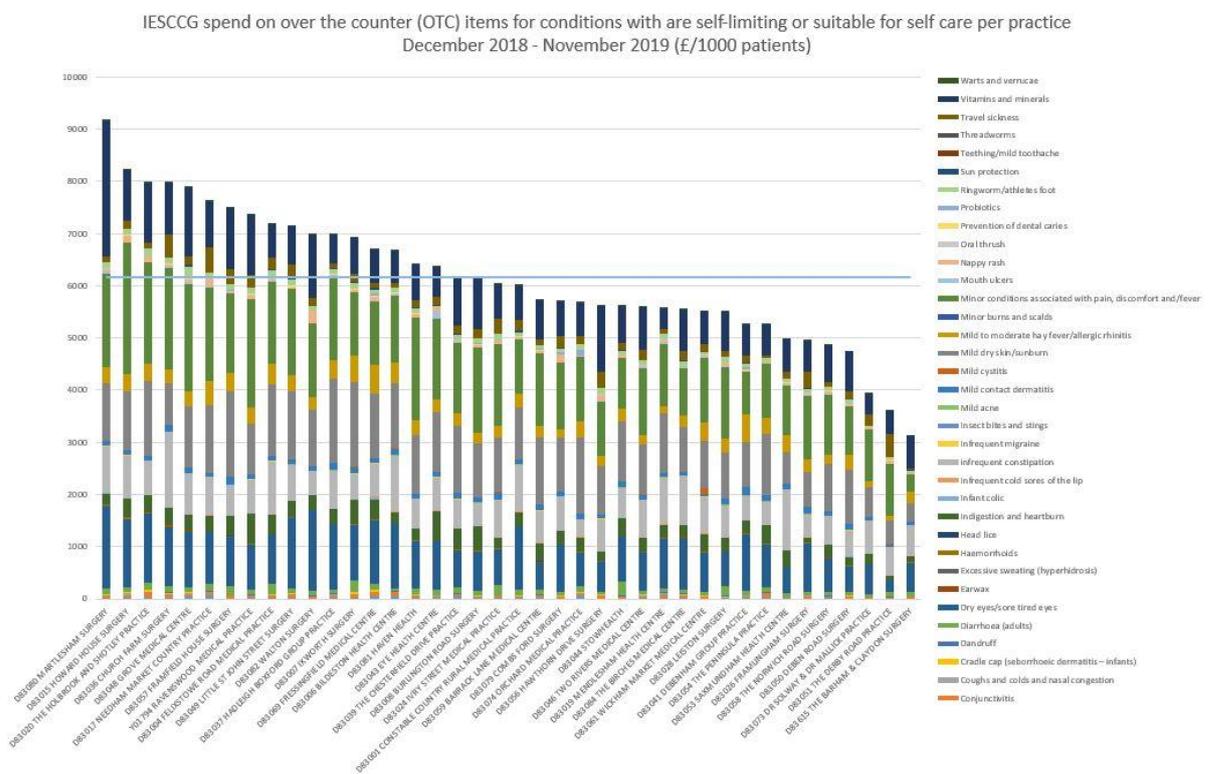
11. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at IESCCG spend on over the counter (OTC) items for conditions which are self-limiting or suitable for self-care per practice December 2018 – November 2019 (£/1000 patients)

Tip Top:

IESCCG spent over £2.5 million between December 2018 and November 2019 on prescriptions for medications that could potentially be purchased over the counter (OTC) from a pharmacy and other outlets such as supermarkets. The cost to the NHS for many of the items used are often higher than the prices for which they can be purchased over the counter. NHS England recommends that a prescription for treatment of a condition should not be routinely offered where a condition is self-limiting or is appropriate for self-care.

Medicines Management technicians have a protocol to allow them to identify suitable patients and switch them to self-care and the use of over the counter medication. For further information please contact your Medicines Management technician or contact a member of the team on 01473 770249.



[Click on chart to enlarge](#)

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