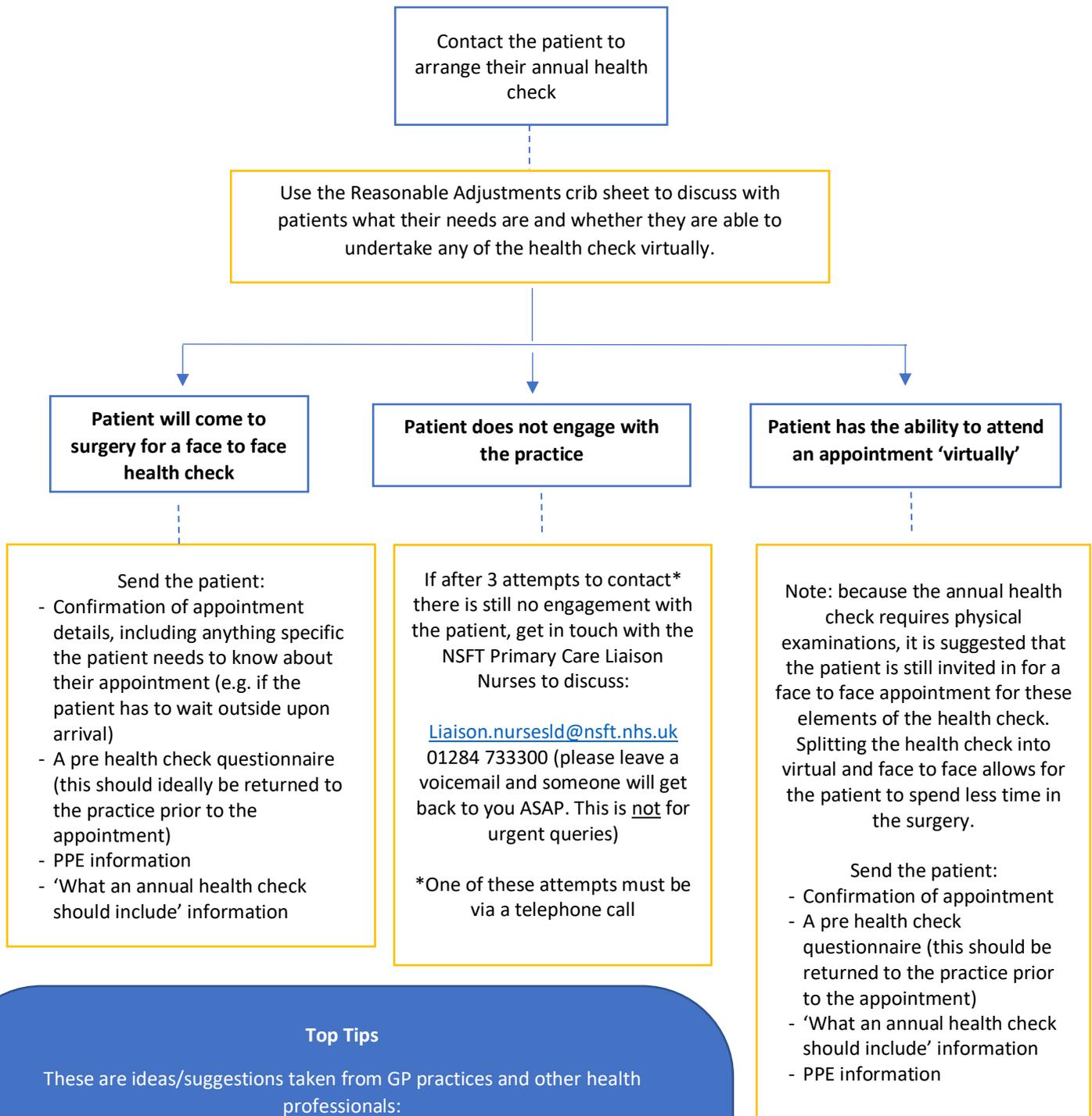


Reinstating Learning Disability Annual Health Checks - July 2020

This document has been created to give GP Practices a suggested model to follow in order to re-instate annual health checks for patients with a learning disability. See page 2 for links to easy read resources.



Top Tips

These are ideas/suggestions taken from GP practices and other health professionals:

- Aim to clinically prioritise those who may be particularly vulnerable.
- Offer appointments during quieter times.
- Consider opportunistically offering appointments if the patient is being seen for something else.
- Record all reasonable adjustments but be aware that these are not fixed and should be reviewed with the patient regularly.
- Consider the patient's carer; ensure they are aware of the appointment and how they can support, such as by helping complete the pre health check questionnaire and supporting the patient in the appointment.
- Review the health check scheduling process; are they all being conducted in one or two quarters for example? Spreading them across the year will ease the pressure on practice and also provide more opportunities to engage with those patients who don't respond.

Easy Read Resources

There are a large number of easy read resources on the Suffolk Ordinary Lives website, particularly around COVID19 which may be helpful:

https://suffolkordinarylives.co.uk/information_category/health/

Dr Solway has also joined ACE Anglia's weekly wellbeing Zoom call and has answered questions from people with learning disabilities around COVID: <https://suffolkordinarylives.co.uk/information/dr-ben-answers-your-questions/>

Health Check Invitation: <https://suffolkordinarylives.co.uk/wp-content/uploads/2019/05/2.b-An-invite-to-your-Annual-Health-Check-FINAL.pdf>

What a health check should include: <https://suffolkordinarylives.co.uk/wp-content/uploads/2019/01/Gold-Standard-Health-Check.pdf>

PPE poster: <https://suffolkordinarylives.co.uk/wp-content/uploads/2020/04/PPE-Easy-Read-Poster.pdf>

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