

Newsletter

Issue. 103

21 May 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p>Covid-19 Research</p>	<p>Please click here for the latest Clinical Research Network (CRN) Eastern Covid-19 update from the National Institute for Health Research (NIHR).</p>
<p>COVID Vaccine Equalities Connect and Exchange Hub - Summer Webinar Series</p>	<p>Anyone with an interest in COVID vaccine equalities are invited to join the COVID Vaccine Equalities Connect and Exchange Hub summer webinar series. People working in local, public, voluntary and NHS organisations are also invited to join The Hub on the Future NHS platform. To join, please register for a free future.nhs account and once registered join the Hub using this link.</p> <p>The Webinar's in the series are:</p> <ul style="list-style-type: none"> • Thursday 27 May 1.30 – 2.30pm How we can work with businesses to boost COVID vaccine uptake and ensure equality • Thursday 3 June 1.30 – 2.30pm How we can work with pharmacy colleagues to boost vaccine confidence within black communities • Thursday 10 June 1.30 – 2.30pm What can we apply from phase 1 to phase 2 and 3 to ensure equality in COVID vaccine uptake? • Thursday 24 June 1.30 -2.30pm The COVID Vaccine and people with learning disabilities, autism or poor mental health • Thursday 8 July 1.30 – 2.30 How can we help Gypsy, Roma, Travellers and migrant workers access the COVID vaccine?
<p>New e-learning Modules to Support Detection of Early Deterioration of Patients with COVID-19</p>	<p>Health Education England e-Learning for Healthcare (HEE e-LfH) has worked in partnership with other NHS organisations, the West of England Academic Health Science Network, the Wessex Local Medical Committee and the TEL programme simulation and immersive technology team, to develop 2 free e-learning resources to support detection of early deterioration of patients with COVID-19.</p> <p>The NHS @home e-learning programme consists of the COVID-19 Oximetry @home and COVID-19 Virtual Wards pathways, offering e-learning resources to enable people to be confidently monitored in community settings such as care homes.</p> <p>Please click here for details.</p>
<p>Online Ordering of Medications for Care Homes</p>	<p>All practices should be familiar with the requirements of the DSP Toolkit and understand that this needs to also be completed by care homes in order for them to continue using their NHS mail accounts and to start using online ordering of medications for their residents. When you are doing your weekly ward rounds, please highlight the need to complete the DSP Toolkit, if they have not already done so. There is help available and a series of recorded webinars can be found at https://www.digitalsocialcare.co.uk/events/ At present our Meds Management Team are working with 8 care homes/practices to organise medications for online ordering so are at capacity for the first cohort but if your care homes are at 'Standards Met' on the DSPT and are regularly using their NHS mail account then please email Julia.smith7@nhs.net to be added to the waiting list for proxy access."</p>

<p>Older People Positive Practice Guide</p>	<p>I recently wrote to you all asking you to promote the local IAPTs services and have attached a document from Age Concern about the benefits for IAPTS for older people.</p> <p>Both Suffolk and North East Essex IAPT services have kindly agreed to attend the SNEE Dementia Forum in September to discuss this further, but if you can please encourage people of all ages to use these services this would be incredible. We want to ensure that everyone is aware of this work and support, with a particular focus on older people and hard to reach communities, to recognise the benefits of this support.</p> <p>Suffolk</p> <p>Mental Health, Wellbeing and Emotional Support (wellbeingnands.co.uk)</p> <p>If you are aged 16 and over you can access our support through your GP or any other health or social care professional, or you can self-refer using the form on the website above</p> <p>or by calling: 0300 123 1503 – our lines are open 8am-8pm.</p> <p>North East Essex</p> <p>Therapy For You – We'll help you feel better</p> <p>Speak to a member of our clinical assistance team for more information on Therapy For You, our service and how you can start treatment. Our team are available between 9am and 5pm Monday to Friday.</p> <p>South East Essex 01268 739 128 North East Essex 01206 334 001</p> <p>Thank you all for your continued support. I am extremely grateful</p> <p>Gail Cardy</p>
<p>Introduction to RESTORE2</p>	<p>The Care Home Engagement and Support Service (CHESS) is rolling out training to care homes in the East of Suffolk in the use of the RESTORE2 Tool.</p> <p>RESTORE2™ is a physical deterioration and escalation tool for use in community settings, including care homes. It is designed to support care home staff to:</p> <ul style="list-style-type: none"> -recognise when a person may be deteriorating or at risk of physical deterioration - act appropriately according to the person's care plan - obtain a complete set of vital signs to inform escalation and conversations (using The National Early Warning Score- NEWS2) - speak with the most appropriate health professional in a timely way <p>-provide an escalation history to health professionals to support professional decision making</p> <p>If you would like to know more please contact Helen Moore-SRN for the CHESS Team – helen.moore@esneft.nhs.uk</p>
<p>Learning Disabilities Questionnaire</p>	<p>The RCN are asking for responses to their latest Learning Disability Questionnaire: please click here to take you directly to the questionnaire.</p>
<p>Estates – Primary Care Data Gathering</p>	<p>Following on from the Estates Team's earlier communication regarding the Primary Care Data Gathering programme, it has been confirmed that phase 2 – data gap review will begin on 24 May and continue through June.</p> <p>Contact will be made by email from GB Partnerships representatives, providing practices with a template containing information currently held and any gaps that haven't been able to be filled through other routes, of which practice knowledge will be required to complete. This may include questions such as landlord name, length of lease or number of clinical rooms etc. Your assistance in returning the data requested would be appreciated.</p> <p>The information will then be updated on to the online tool SHAPE</p> <p>Thank you for your assistance</p>

Suffolk Community Restart	Attached is a poster about an initiative to restart local clubs, groups and organisations with funds, training and support for your information and to display if you wish.
ESNEFT Staff Newsletter	You can view the latest edition of ESNEFT's staff newsletter here .
EEAST Newsletter	You can view the latest edition of EEAST's In Touch newsletter here .
I&ES CCG Governing Body – May Meeting	<p>The next meeting of the Governing Body of NHS Ipswich and East Suffolk Clinical Commissioning Group will take place on Tuesday May 25 from 9.15 a.m. to 12.30 p.m.</p> <p>In response to the challenges facing the NHS and to reduce the risk of coronavirus transmission, members of the public will not be able to attend this meeting.</p> <p>You can watch the meeting live on the day HERE</p> <p>The agenda and meeting papers can be read HERE</p> <p>Members of the public are invited to submit questions relating to the agenda items in advance via email to jo.mael@suffolk.nhs.uk or via YouTube live chat during the meeting.</p> <p>The minutes of the meeting and answers to any questions submitted by the public will be published on the CCG's website after the meeting.</p>
Reminder: Evening Education - Wellbeing Among Children and Young People in the Current Context	<p>On Tuesday 25 May, we are pleased to welcome Clinical Psychologists Dr Beth Moseley and Dr Hope Westgate from NSFT Psychology in Schools Team who will cover the impact of Covid on children's mental health, low mood and anxiety, using every interaction as an intervention, red flags and opportunities to involve the community.</p> <p>We'll also hear an update on Kooth.com, the online mental wellbeing community that offers free, safe and anonymous support to young people in Suffolk.</p> <p>Session starts at 7pm (finish by 8.15pm) on Microsoft Teams. View flyer for more details</p>
Cancer Education Session – 26/5/21	<p>The next SNEE education session is on Weds 26th May and is looking at Acute Oncology Services and Overview of Immunotherapy.</p> <p>Joining details and the programme of all the education sessions are available here.</p>
Clinical Improvement and GIRFT Webinar – 9/6/21	<p>Getting It Right First Time (GIRFT) is an NHS improvement programme designed to improve the quality of care within the NHS by reducing unwarranted variations and sharing best practice between trusts. Importantly it is led by frontline clinicians and is collaborative across the multi-disciplinary team.</p> <p>For more information please click here and here for a flyer.</p>
Cancer: GatewayC	<p>Cancer: GatewayC is a free online cancer education platform for healthcare professionals across England rolled out in August 2019, following a successful pilot in Greater Manchester and London. The platform is freely available due to funding from Health Education England and currently has almost 9,000 users, half of whom joined since March 2020. There are now 20 courses available and 12 recorded webinars covering various cancer sites and topics. All courses are <i>RCGP-accredited</i> and follow <i>NICE NG12 guidance</i>. Details of upcoming and recorded cancer education webinars can be accessed here. To register with GatewayC, please visit www.gatewayc.org.uk/register. Please click here for further details and here for a registration form.</p>
Safeguarding Training Feedback	<p>We hope those of you who joined the safeguarding training on Wednesday 19th May found it helpful. As ever, we really appreciate your feedback, and welcome your ideas and suggestions. As Jo and Tabitha said, we read them all and it helps us with shaping future sessions. In response to previous feedback, we've enabled the option for you to download your responses so you can keep for your CPD and training</p>

	record/reflective notes, which can be particularly helpful for recording your learning & safeguarding hours. Many thanks for your time. Feedback form: https://forms.office.com/r/jzXpdqHApN
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If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)