

Newsletter

Issue. 74

02 November 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

Self-Isolation guide	Please see below a link to a helpful infographic from the Suffolk Local Resilience Forum and the Suffolk Collective containing useful, easy-to-understand guidance for people who have to self-isolate. Self-Isolation Infographic
COVID-19 Research Round-up	Please see below the latest Clinical Research Network (CRN) Eastern Covid-19 update from the National Institute for Health Research (NIHR). Covid-19 Research Issue 27
Staff-room breaks	Following a second outbreak at a GP practice within the SNEE Integrated Care System, we would ask that you remind your staff about the need to avoid taking breaks together in practice staff rooms. Staff should take their breaks separately. You might wish to allocate a second break area if you can spare the space or implement a break rota where staff can ‘buddy up’ with a colleague. PPE should be worn in communal areas at all times and sessional PPE should be removed before leaving clinical areas. Where staff rooms are still in use there should be a cleaning rota and instructions to clean all surfaces, fridge door handles, kettles, dishwasher handles and taps with detergent/disinfectant before and after use.
Roche reagent update	Thank you for your patience and help in managing the disruption to the distribution of Roche reagents, which is much appreciated. It is now more than three weeks since the start of the incident and while we have not had our normal deliveries we are now receiving smaller deliveries daily. Earlier last week the incident team, including senior clinicians, commissioners, and operational managers, made a judgment to resume routine blood tests for GP patients. The issue is not yet resolved and there is a risk that stock levels may deteriorate again, but we are carrying out daily stock checks and monitoring deliveries carefully to make sure we are able to provide this service. Our judgement at the moment is that it is right to resume testing to avoid any risk to all patients in Suffolk and north east Essex.
Flu Vaccinations – suitability on religious/cultural grounds	We know that there is often some concern about the ingredients within the different types of flu vaccine and whether they are suitable for people who avoid certain animal products for religious/cultural reasons. It is important that anyone unsure about taking a particular type of vaccine should discuss it with their faith leader and/or with their GP, who may be able to offer a suitable alternative. Public Health England has also produced a leaflet about the use of porcine gelatine in vaccinations . Translated versions are also available.

Flu Vaccinations – extension of electronic notifications	<p>Last year NHS Digital rolled out electronic notifications for flu vaccinations administered by pharmacies that use PharmOutcomes to TPP SystemOne GP practices. Following a successful pilot, notifications will be extended to pharmacies that use the Sonar Informatics system and GP practices that use EMIS Web. This is being rolled-out now.</p> <p>It will also mean that practices using SystemOne will likely see an increase in the volume of electronic notifications they receive for flu vaccinations.</p> <p>Please see here for more details.</p>
Kawasaki Disease	<p>Kawasaki Disease is increasingly common and today it is the leading cause of acquired heart disease in UK children. Please see the attached doctor-developed clinical resource pack for primary care.</p> <p>Kawasaki Disease Clinical Resource Pack</p>
LD Annual Health Check data	<p>NHS England have issued the latest annual health check data which you can view here. The spreadsheet shows 2019/20 data as well as quarter one for 2020/21. We have presented the data so that it is grouped into PCNs.</p> <p>At the end of 2019/20, 70.7% of annual health checks were completed across Ipswich and East Suffolk practices. So far this year, 7.5% of health checks have been completed. Thank you so much for all your hard work in continuing with these checks, if you need any further support please do not hesitate to contact Emily Rawlinson. Or you can get in touch with the NSFT Learning Disability Primary Care Liaison nurses who will be happy to help you.</p>
Cancer – new SNOMED code	<p>Please find below details of a new SNOWMED code for the Network Contract Directed Enhanced Service Contract specification 2020/21 and guidance from Cancer Research UK on how to make the best use of it.</p> <p>New SNOMED safety netting code</p>
Fresubin oral nutritional supplements (ONS)	<p>Fresenius Kabi products should be stored at room temperature (15-25C). To improve palatability, they are best served chilled and once opened can be stored in a refrigerator for up to 24 hours. All liquids become thicker when chilled, and the degree of thickening varies between products depending on their fat, sugar and protein content, and flavour. When prescribing standard ONS for dysphagia patients, it is the responsibility of the clinician to ensure their suitability. The <i>attached</i> IDDSI statement provides information on products that remain at the same IDDSI level when served either chilled, or at room temperature. Other products DO NOT remain at their correct IDDSI level when served chilled and SHOULD NOT be served chilled. When prescribing these products for patients with dysphagia, the importance of correct serving temperature should be discussed.</p>
NHS App integration with ERS	<p>Patients are now be able to manage their Electronic Referrals Service (ERS) referrals through the NHS App. Please see the guidance below on what this means for ESNEFT patients.</p> <p>NHS App integration with ERS</p>
New Cancer Care Navigator Service	<p>The poster below gives details of a new service for Cancer patients.</p> <p>Cancer Care Navigator</p>
6-month pilot - reduction of long-term cardiovascular damage	<p>Last week a message was sent to Practice Managers regarding an invitation to join a pilot study run jointly by NHSE and the Academic Health Science Network to support the reduction of long-term cardiovascular damage. Full details can be found here. Please note that the deadline for registration of interest is this Friday, 6th November. All enquiries to Lorraine Boggis (lorraine.boggis@suffolk.nhs.uk).</p>

Abdominal Cancer case studies	<p>NHS England and Public Health England (PHE) are working together on a new Help Us Help You campaign focusing on abdominal cancer. PHE would really appreciate your help in identifying case studies it can use as part of the campaign (see <i>attached</i> criteria). They would really appreciate it if you could signpost them to any patients who might like to tell their story. Ideally they want to start working on their case studies by the end of the week (6th Nov), so if you know of any willing patients please get in touch with Joanna Hudson via the contact details in the attached document.</p> <p>Cancer Case Study criteria</p>
Active Suffolk	<p>GP practices wishing to sign up to the Active Suffolk newsletter can do so here.</p>
Nursing Associates and Degree Nursing Top up Programs – virtual event 06/11/20	<p>The Primary Care Workforce Team and the University of Suffolk have arranged a virtual engagement event regarding the Nursing Associates and Degree Nursing Top-up Programs on 6th November 2020, 2-4pm.</p> <p>This is a great opportunity to find out more about the role of the Nursing Associate/Nursing Degree Top Up Programs and the requirements for undertaking the courses at the University of Suffolk. If you require any further information please contact: Sally.Harris@Suffolk.nhs or Marie.Honeyfield1@nhs.net.</p>
Cancer Education session video	<p>Please click here for a video of the cancer education session held on 27th October 2020. The topic is “Cancer as a Long-Term Condition”.</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)