



# Weekly Inbox

21 Oct 2019 Issue 345

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: General Practitioner</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretary, care navigator)</b>
<b>PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)</b>
<b>OC: Other clinicians (including ECP, Pharmacist, PA)</b>

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## FOR ACTION

**OC GP PM Ad PN**

### 1. My Care Record – fair processing communication campaign now live

Our public communication campaign started on 14th October therefore please can all practices ensure that they are displaying the posters, fair processing notices, postcards, banners and display screen images provided. Please also update your practice website with the content provided in the email of digital resources (unless already covered by the Footfall system).

If you haven't done so already, please ensure your Caldicott Guardian receives a copy of the ISA and addendum document, and returns a signed copy to [wscqg.mycarerecord@nhs.net](mailto:wscqg.mycarerecord@nhs.net). Please get in touch with the team using the mailbox if you have any questions or need any support.

More information about *My Care Record* can be found on the [website](#) including [FAQs for the public](#) and [Health and Care professionals](#).



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## 2. Suicide Prevention for Veterans – Audit of GP Surgeries in Suffolk

Message from Dr John Hague, GP, Clinical Executive Member

Did you know that in Suffolk there are an estimated 34-38,000 veterans? Most served many years ago and many won't be aware of services that may support their existing or future health, wellbeing and welfare needs. Whilst the majority of ex-service personnel live fulfilling lives post service, recent evidence shows that veterans and/or their family members or close friends are among those at higher risk of suicide. We are keen to identify veterans and promote additional services through community networks and social prescribing.

Working with Public Health Suffolk County Council we have developed a short survey to audit current systems in GP surgeries for identifying and supporting veterans.

I invite you to complete the survey which will only take a few minutes:

<https://www.smartsurvey.co.uk/s/QXO5V/>

I also include these links for information:

[Veteran Gateway](#)

[Veteran friendly accreditation:](#)

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## FOR INFORMATION

### 3. Flu Vaccination's – School children

Please find [here](#) a list of 'extra' clinics for school children to get their flu vaccinations. This is only where they have missed the school nurse visit to their school. All parents / carers need to complete an online declaration prior to the school visit. Their child will not receive a vaccine otherwise. If parents / carers call the practice, please inform them that they will hear directly from their school on the date of the flu jabs will be given and also the link for the declaration.

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### 4. Flu Vaccination Service 19/20

As you are aware the flu vaccination service is an NHS Service and it is expected that GPs and Pharmacists who are commissioned to provide the service will work together to achieve the intended aims to improve vaccine uptake amongst the eligible population whilst offering patients the choice of where to access their vaccination.

The attached [letter](#) contains more information regarding the flu vaccination comes from Heads of Commissioning for East of England, this has been sent out to all GP practices and pharmacies in the East of England.

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### 5. New Neurology Pre Referral Guidance and Suspected Seizure Referral Form

The CCG has been working with clinicians in the specialty of neurology at ESNEFT Ipswich site to look at various ways to improve pathways and services. A Neurology Headache and Non Headache Pre Referral Guidance has been in place for a few years and recent work with Dr Andrew Graham, Consultant Neurologist, has identified that these needed to be updated as follows:

A general [Neurology Pre Referral Guidance](#) has now been developed which includes headache, other problems of a neurological nature and pain/tingling/numbness (CTS). A new [suspected seizure referral form](#) has also been developed.

Please read at the [Practice Briefing](#) for more information.

The forms will be available on DXS and clinical systems.

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### 6. Improving Identification of people with a learning disability

NHS England has published some guidance on how to improve the identification of people with a learning disability in order to improve their health and wellbeing outcomes.

Please see the attached [link](#) to the publication.

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### 7. Suffolk Alliance Mental Health Programme Team

Suffolk Alliance Mental Health Transformation have created their first newsletter. This newsletter will be a regular way of keeping people up to date with progress and will provide you with opportunities to get involved.

You can read the newsletter [here](#) and find an easy to read newsletter [here](#).

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## 8. Antibiotic LES

IESCCG will be continuing the antibiotic LES following the positive and significant changes in prescribing across the region. An updated LES will run for a further 6 months from October '19 to March '20 with an aim to review and extend the LES into 2020-2021. Practice Managers and prescribing leads will have been sent further information along with a copy of the LES. If you have any questions please contact a member of the medicines management team or call 01473 770249.

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## 9. Street Cricket – Free Sports for young people at Chantry Academy

Positive Futures are starting a new sports project at Chantry Academy. They are the Suffolk Positive Futures project and deliver sports activities for young people across Suffolk. They delivered the 'Fit and Fed' project this summer in partnership with Suffolk County Council where you may have referred young people to.

On Wednesday 16 October Positive Futures launched a street cricket project, aimed at ages 8 – 15 years, both male and female. The sessions are completely free and young people can just turn up, they do not need to book in advance.

Please find attached [flyer](#) for details of location and contact details.

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## 10. OneLife Suffolk – new location

OneLife Suffolk will be located in the Michael Burke Centre within the grounds of Hartismere hospital providing free healthy lifestyle services to the people of Eye and the wider community.

- NHS Health checks all day clinic – starting 24 October 2019
- Stop smoking 1:1 clinic – Wednesday mornings 9.30am – 12.30pm
- Adult weight management – 12 week programme starting Friday 15 November 10am – 11.30am
- Get help to get active clinic from January 2020

Booking is essential – self refer via the [OneLife website](#) or telephone 01473 718193

\*ELIGIBILITY CRITERIA MAY APPLY

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## 11. Veterans Covenant

As we lead into Remembrance period could you please promote the attached slide pack that the CCG communications team have developed for the screens in surgeries. You can find these [here](#).

GP record system code: **READ Code 13JY**

The Suffolk Military Covenant website has a range of services including engagement and support groups. They have top-line data on veterans living in Suffolk (by post code area) who receive a compensation payment for health or wellbeing issues from the Ministry of Defence. Surgeries can contact the Suffolk Military Covenant for more information.

### **NHS GP Initiatives:**

Update: Top Tips for Military Veterans – how to get the most from your GP - part of Veterans Friendly GP Surgery Initiative ([click for PDF](#))

[Veterans' Healthcare Toolkit](#)

Published by: Royal College GP's

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## 12. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

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## PCN CLINICAL DIRECTORS INFORMATION

### 13. [Latest episode of NHS England's primary care networks podcast now available – the role of the clinical director](#)

NHS England and NHS Improvement has published the third episode in its series of primary care networks (PCNs) podcasts, as part of the ongoing work to share learning and support the development of PCNs across the country. This episode, hosted by Dr William Owen, Clinical Fellow at NHS England, features an interview with Dr Hannah Morgan, Clinical Director at Hayling Island Emsworth PCN, about how she is developing her PCN, her role as clinical director and some initial aims and objectives as the PCN partners begin to work together. Listen to the podcast on the [NHS England website](#).

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## SOCIAL PRESCRIBING

OC GP PM Ad PN

### 14. Coming up.... Connect for Health Woodbridge

The next Connect for Health launch event is being held in Woodbridge on Tuesday 22 October 2019 at Woodbridge Community Hall, IP12 4AU between 9.30am – 12.30pm. This event will give you the opportunity to learn more about Connect for Health and some of your organisations available in your area. Please drop in if you are able to and promote to your patients.



**CONNECT  
for health**  
Being Well Together

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## EDUCATION & TRAINING

OC GP PM Ad PN

### 15. FREE Workforce Transgender Awareness Training for healthcare professionals

Open to primary care staff working with Suffolk patients, this two hour session aims to increase your knowledge and skills when working with people who identify as transgender, enabling you to work more confidently and compliantly within current legislation and guidance. [View Flyer](#) for more information

**Tuesday 12 November**, 2.30pm-4.30pm

West Suffolk House, Bury St Edmunds IP33 3YU [Please click here to book](#)

**Wednesday 20 November**, 10.30am-12.45pm

Healthwatch, 14 Hill View Business Park, Claydon IP6 0AJ [Please click here to book](#)

Places are limited so please apply early to secure your place.

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### 16. Keeping your patients and workforce safe – Primary care learning event – Tuesday 26 November 2019

You are invited to a joint NHS Resolution and NHSE&I primary care event on 26 November 2019 focused on 'Keeping your patients and workforce safe'.

This event aims to support primary care organisations to embed good governance as part of new ways of working to ensure that patients and the workforce are kept safe.

This free event, held in **Ipswich**, will provide delegates within an insight into the work of:

- Primary Care Appeals
- Safety and Learning
- Practitioner Performance Advice
- Claims Management

This event is aimed at anyone who has a role in promoting safety across primary care including: GP practices; GP federations; GP providers; Local Medical Committees; STPs; CCGs and PCNs. Please feel free to cascade this event to relevant parties.

For more details, including how to register and to access the programme agenda, please visit [Eventbrite](#).

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OC GP PM Ad PN

### 17. Appliance update for Prescribing Clerks – Wednesday 6 November 2019

Standard Level Prescribing Clerk Training is being held on Wednesday 6th November 2019 at Endeavour House. Please click here to [view](#) the flyer for more information.

The session will be an introduction to Appliances. It will help provide some underpinning knowledge on appliances for prescribing clerks to assist practice staff in implementing the formulary. If you would like to book a member of staff on to this session, please email Denise Hutchinson ([denise.hutchinson4@nhs.net](mailto:denise.hutchinson4@nhs.net)) to reserve a space. Spaces are limited and allocated on a first come first served basis.

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PM

### 18. Standard Level Prescribing Clerk Training – Wednesday 11 December 2019

Standard Level Prescribing Clerk Training is being held on Wednesday 11th December 2019 at Endeavour House. Please click here to [view](#) the flyer for more information.

The session will be an introduction to basic repeat prescribing duties for new staff. It will help to identify potential roles for prescribing clerks, provide some underpinning knowledge to assist staff in carrying out the role and update on current policies. If you would like to book a member of staff on to this session, please email Claire Allen ([claire.allen9@nhs.net](mailto:claire.allen9@nhs.net)) to reserve your space. Spaces are limited and allocated on a first come first served basis. Dates for 2020 training will be advertised shortly.

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## 19. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 106 – 16 October 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

*The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.*



Suffolk & North East Essex  
Primary Care Training Hub

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## DID YOU KNOW...?

### 20. Send Youngsters Stars of Disability Hate Crime Awareness video

Young people with special educational needs and disabilities are twice as likely to be bullied as their peers.

'Stop the Hate' is a hard-hitting video co-produced with eight champions from the Suffolk Young Person's Network who wanted to raise awareness of hate crime.



In the video, they talk about their personal experiences of being abused in public simply for being different and how it has affected them.

It's not easy to watch, but it's important you do:

[www.suffolklocaloffer.org.uk/stopthehate](http://www.suffolklocaloffer.org.uk/stopthehate)



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## CONTACT

21. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.

### Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

### Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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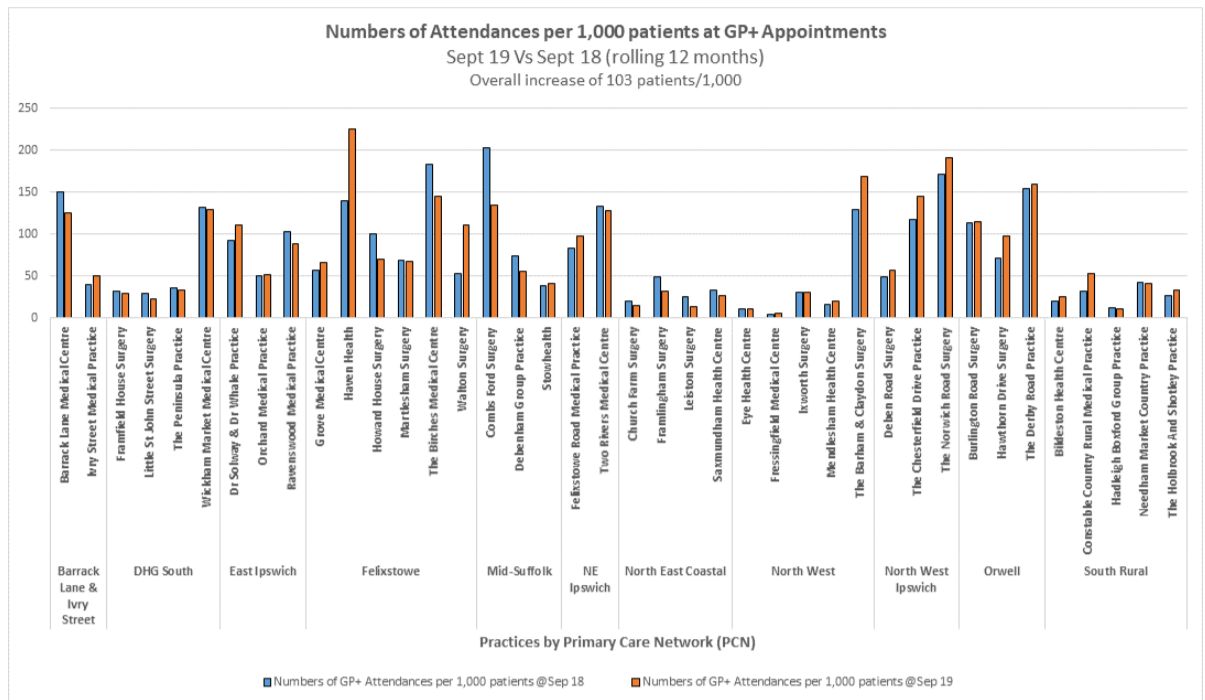
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## CHART OF THE WEEK

22. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Number of Attendances per 1000 patients at GP+ appointments:



[Click on chart to enlarge](#)

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