

### **Internet Cafe**

Available for people wishing to claim, or are in receipt of Universal Credit. Use of computers and/or help to sign into their accounts to trigger payments, access their journals and get monthly statements. Help with claiming State Pension.

The Internet Café also offers people the opportunity to learn and improve their computer skills - word processing, internet and email and to gain accredited qualifications.

Accredited by the British Computer Society for training.

### **Wheelchair Hire Service**

The DAB hires out manual wheelchairs for short periods. Initial hire period of 2 weeks that can be extended upon application.

Refundable deposit of £10.00 is required and two items to show proof of residence. The hire charge is £10.00 per week, reduced to £5.00 per week for those receiving welfare benefits.

Visit or phone us to book a wheelchair.

### **Join Us**

To support the work of the Ipswich DAB you can become a member. Subscription is £5 per year for individuals and £10 per year for organisations and companies. You will receive an invitation to our AGM and would have voting rights.



A FREE and Confidential service to anyone  
with a query or problem related  
to disability

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Website:- [www.ipswichdab.org.uk](http://www.ipswichdab.org.uk)

Our offices are open to the public -  
Monday to Friday 10.00am – 2.00pm

## About Us

The Ipswich Disabled Advice Bureau is a local, independent agency that supports people with disabilities, their carers, families and others working with them, living in Ipswich and the surrounding area including Kesgrave, the Shotley peninsula and westwards to Hadleigh and Stoke-by-Nayland. We provide free and confidential advice, information, advocacy and services.

In addition we work to improve statutory services, educate public opinion and carry out research, often in partnership with other organisations and agencies.

Most clients come to our town centre office in Ipswich, or the rural outreach services based at Brantham and Hadleigh. In addition, we run a home visiting service for clients unable to get to these venues.

## Dyslexia Project

Helping adults through an initial assessment of their strengths and difficulties; a screening that produces a report on the probability that they have dyslexia and an assessment with coloured overlays. Introduction to assistive software and technology.

## We offer advice on:

**Welfare benefits including-** Claiming all parts of Universal Credit online. Also, Employment & Support Allowance, Jobseekers' Allowance, Income Support, Child Tax Credits, Working Tax Credits and Housing Benefit/Local Housing Allowance.

Personal Independence Payments, Disabled Living Allowance, Attendance Allowance, Carers Allowance, Discretionary Housing Payment, Council Tax Reduction, Industrial Injuries Benefit, Funeral Payments, Child Benefits and budgeting loans as well as checking individual benefit entitlement.

**ALSO:** Debt and Money Management including personal budgeting, negotiating with creditors, Debt Relief Orders, bankruptcy and defending housing repossession. This service is authorised and regulated by the Financial Conduct Authority.

**AND:** Educational support for special educational needs, training and employment issues, Access to Work and screening and support for adults with dyslexia

**ALSO: how to access** Health and Care Assessments and Direct Payments, Suffolk Independent Living, Housing/Adaptations, Equipment, Transport, Credit Union, Accessible Holidays + Leisure **and applying for Blue Badges.**