

# A date for your diary

## St Elizabeth Hospice 2nd Palliative Care Conference

*Improving Symptoms in Palliative Care  
– what more can we do?*

**Thursday 18 November 2021, 9.10am - 5pm**

Following on from the success of our first conference in 2019, we are pleased to advise we are delivering a 2nd conference, which due to restrictions, will be online.

The conference will be full of advice on common symptoms and current challenges in palliative care with sessions on:

- Chronic pain
- Constipation
- Psychological distress
- Cancer related fatigue
- Updates on anticipatory prescribing, compassionate communities, transitional care and current research in palliative and end of life care.

This conference is suitable for clinicians working in specialist palliative care, GP's, hospital teams, community and care home staff who have an interest in palliative care and for those caring for patients with chronic pain and children transitioning into adult palliative care services.

We will be sending out information about how to enrol within the next few weeks, so keep the day free as it promises to be full of useful and interesting information to support you in your current role.

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