

Newsletter

Issue. 66

09 September 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p>Covid Expense Claims</p>	<p>The CCG will continue to reimburse reasonable costs incurred during August/September but these should only relate to PPE, consumables (e.g. cleaning consumables) and any equipment already agreed with the CCG on a case by case basis. The CCG wouldn't expect any additional pay costs or any high value non-pay items.</p>
<p>Pillar 2 testing capacity update</p>	<p>Pillar 2 Testing Capacity Regional update 08092020 v1</p>
<p>NSFT First Response professionals line</p>	<p>The new NSFT First Response professionals line goes live on the 1st October.</p> <p>This line is for all NSFT Colleagues, GPs, Ambulance service, Police, charities, housing, etc.</p> <p>This should mean colleagues are all kept waiting much less to speak with NSFT and the professional calls go straight to the Band 6 Nurses.</p> <p>As of the 1st October, please use this number so that it doesn't block the line for service users, and hopefully all callers get a prompt response.</p> <p>The number is 03003034418</p>
<p>AHPS MSK Physiotherapy service update</p>	<p>AHPS Update from Matt Peck, Clinical & Operational Lead Physiotherapist</p> <ul style="list-style-type: none"> • It remains possible for patients to self-refer to physiotherapy for MSK problems via the usual web / phone routes. • Patients will be triaged and sent advice / exercise and then followed up as required via phone, video call or face to face appointment as indicated. • Please continue to encourage those patients with MSK conditions that require physiotherapy to self-refer and for more complex cases where a self-referral may not be appropriate please put a referral in to the Single Point of Access via e-refer. • If a patient has failed physiotherapy / conservative measures please do not ask them to self-refer to physio to instigate this, instead please use the Single Point of Access with a referral that explains this and which service you feel they need. <p>As always any questions please do contact myself or Daniel Thomas (Clinical Lead Physiotherapists) on matt.peck@nhs.net and daniel.thomas1@nhs.net respectively.</p>
<p>Wellbeing support for families and carers of people with a learning disability</p>	<p>Turning Point have produced a 'Find Out More' guide which provides wellbeing support for families and carers of people with a learning disability.</p> <p>There are also some links to further resources at the end of this guide that can be used to access more information and support, if needed.</p> <p>Access the guide by clicking this link: https://rise.articulate.com/share/7yIVhHfaoZwUHGry98fTbDhpxKSLhx3v?utm_source=Web%20page%20click&utm_medium=Website&utm_campaign=Carer%20Pack#/</p>
<p>LPC communications</p>	<p>A message for PCN Clinical Directors from Suffolk Local Pharmaceutical Committee</p> <p>PQS briefing for PCN Clinical Directors 2020 Suffolk</p>

<p>Reminder: Training and Education Afternoon - Safeguarding</p>	<p>On Thursday 10 September we will be holding a virtual education and training afternoon via Microsoft Teams where we will be offering safeguarding training at level 3 covering both adult and children. The afternoon will be split into 3 sessions; please follow the links below for each session:</p> <ul style="list-style-type: none"> • 2pm - Mental Capacity Act Assessments Option 1: for those with experience OR • 2pm - Mental Capacity Act Assessments Option 2: for those without experience or requiring a refresher • 3.15pm - Safeguarding adults and children during Covid • 4.40pm - Perplexing presentations and bruising in children <p><i>These sessions will form part of your additional level 3 hours for both adult and children's safeguarding (so can be counted for both). Separate to this you need to complete your mandatory CCG level 3 session at least every 3 years which will moving forward involve some modules on e-learning as well as a virtual face to face session with the CCG Safeguarding team on local issues and case discussions.</i></p> <p>The Programme of Events attached to this email has more information and includes the links you need in order to join the various sessions.</p> <p>The Annual Members Meeting also takes place at 1.30pm, which as a constitutional requirement, necessitates attendance from each practice.</p> <p>Join Microsoft Teams Meeting</p>
<p>Free Online Care Navigation Training</p>	<p>Following cancellations in May, we now have dates booked for Care Navigation Training Level 1 and Level 2, to be run online via Zoom with Sally-Anne Pygall. Staff will need to do Level 1 and Level 2 and both sessions last about 3 hours (breaks will be scheduled in).</p> <p>Level 1 will be Tues 6 October (am or pm) or Wed 7 October (am or pm)</p> <p>Level 2 will be a week later, Wed 14 October (am or pm) or Thursday 15 October (am or pm)</p> <p>If you have staff who need training or would benefit from a refresher, please let Shelley Hart shelleyhart@nhs.net know which sessions you wish to book. Spaces will be allocated on first come first served basis. There are 15 spaces available on each session.</p>
<p>LARC Fittings</p>	<p>Short PCWHF video protocol for LARC fittings in primary care during COVID-19 restriction easing.</p> <p><i>This video has been created by PCWHF and contains only their views and opinions. Bayer have supported this video with a grant, with no influence on the content.</i></p> <p>Please note that by clicking this link you will be entering a non-Bayer site and Bayer is not responsible for the content on this site. This link is only intended to enable access to the video</p> <p>Click here to watch the video</p>
<p>Women's Health Matters Webinar series</p>	<p>Counselling for LARC in a digital revolution</p> <p>Dr Diana Mansour Wednesday 16 September, 19:00-20:30</p> <p>Dr Zara Hairder Contraception - The 10 minute consultation including remote and digital delivery</p> <p>Dr Juhi Tandon Virtual Reality in Patient Education</p> <p>Dr Diana Mansour Counselling Workshop</p> <p>Increasing access to LARC- An opportunity to reset and redesign</p> <p>Dr Anne Connolly Wednesday 30 September, 19:00-20:30</p> <p>Dr Anne Connolly Increasing LARC – Making it work</p> <p>Dr Ursula Mason Northern Ireland Federation Model to increase access to LARC</p> <p>Mr James Woolgar Commissioning via Primary Care Networks to improve access to LARC</p>

	<p>What's new, what's important in Heavy Menstrual Bleeding and Menopause</p> <p>Dr Diana Mansour Wednesday 14 October, 19:00-20:30</p> <p>Dr Diana Mansour Heavy menstrual bleeding Dr Sarah Gray Menopause and Hormone Replacement Therapy Dr Diana Mansour Open discussion session – ask the experts</p> <p>Register here</p>
<p>Free Online Event: How can PCNs best address health inequalities in a COVID-19 era</p>	<p>New NHS Alliance has worked with a wide range of cross-sector partners on a series of events exploring the question <i>'How can PCNs succeed in reducing health inequalities, working with communities and local partners?'</i> Two of the three events took place in February – one on Manchester, the other in Birmingham – and some radical proposals were emerging. The series was disrupted by the coronavirus outbreak with the final event, that was due to take place in March in Bristol, being postponed.</p> <p>The final event will now take place online from 14:00 to 16:30pm on Tuesday 15 September 2020.</p> <p>At 16.30 we will be joined by members of the NHSEI DES Contract team who will present some of their thinking about how the DES Contract and Service Specification for health inequalities might support population health management and health creation.</p> <p>The free event will feature and explore what has changed with COVID-19, the extent to which some of the more radical shifts are now taking place and what needs to happen next for primary care, communities and local partners to respond effectively to the rising health inequalities exposed and exacerbated by COVID-19, supported by primary care networks. A report will be published in the autumn.</p> <p>You can book your place here and please feel free to share this with your colleagues: https://www.eventbrite.co.uk/e/health-creation-how-can-pcns-succeed-in-reducing-health-inequalities-tickets-114400097772?aff=ebdssbonlinesearch</p>
<p>Suffolk Wellbeing News</p>	<p>Wellbeing Suffolk - Update for Primary Care</p> <p>Wellbeing news for GPs</p>

If have any questions or important information to share in the next edition, please contact [Caroline Procter](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
www.ipswichandeastsuffolkccg.nhs.uk 01473 770000

Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)