

Newsletter

Issue. 67

16 September 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

Mobile Testing Unit (MTU) locations	<p>Please see <i>attached</i> details of the locations of mobile COVID-19 testing units across the east of England for week commencing Monday 13 September.</p> <p>MTU Sites</p>
Covid-19 outbreak plan update	<p>Message from Stuart Keeble, director of Public Health Suffolk following his covid-19 outbreak plan update at training event:</p> <p>I offered to share with you details of Coronawatch which is updated daily with Suffolk statistics. I also spoke about Suffolk Covid-19 Coordination Centre (SC19CC) which is our single point of contact for Coronavirus management. We are interested in receiving intelligence (both soft and hard) from yourselves about your patients, especially most vulnerable, so we can take actions to protect individuals and prevent and reduce spread.</p> <p>Please find below information: Coronawatch: https://app.powerbi.com/view?r=eyJrIjoiaZWQ1MjgyOGMtOGRkNi00M2E5LTlmNjltOTgzMzViZTlyODg3liwidCI6IjEwOWM2YWVjLTUwNDYtNGE5NS04ZjNjLTg0ZjYzYmExOGFmNCIsImMiOj9</p> <p>Suffolk Covid-19 Coordination Centre (SC19CC) Email address is Covid-19@suffolk.gov.uk – this is for professionals rather than general public.</p>
Covid-19 Testing in Suffolk – An Update	<p>Please find attached an update from Stuart Keeble, Director of Public Health Suffolk, regarding Covid-19 testing in Suffolk.</p> <p>Covid testing</p>
Covid-19 – Shared Learning from Primary Care	<p>Please find attached the output of a recent local survey regarding the changes that have taken place in Primary Care during the initial phase of the Covid-19 pandemic. Thank you to those of you who took part in the survey.</p> <p>Covid-19 Pandemic Learning</p>
Respite on Prescription and the GP liaison advisors	<p>A quick reminder that Respite on Prescription and the GP liaison advisors are still available to support carers. Please see the attached document from Suffolk Family Carers for details.</p> <p>Suffolk Family Carers Newsletter</p>

<p>Transformation of Mental Health Services in Suffolk</p>	<p>Since 2018, the Suffolk CCGs have been having <i>#AVeryDifferentConversation</i> about Mental Health with people living and working in Suffolk. Based on those conversations plans have been produced for the transformation of mental health and learning disability and autism services in east and west Suffolk. You can read about these plans HERE.</p> <p>In addition to the information available on the main service pages, a little extra detail for those who work in healthcare, social care and education are available here: frequently asked questions for our workforce.</p> <p>The priority areas are:</p> <ul style="list-style-type: none"> ▪ Children, young people and families' mental health services ▪ Community mental health services ▪ Crisis mental health services ▪ Learning disabilities and autism services <p>The CCGs in Suffolk will spend the next 7 weeks encouraging everyone to share their views. We want to hear from you to understand if we have got these services right. Please look through all the information carefully before completing the survey. www.surveymonkey.co.uk/r/7LMKX78</p> <p>Please also share the link below with your patients, friends, family, colleagues: www.westsuffolkccq.nhs.uk/averydifferentconversation/.</p>
<p>At My Bedside</p>	<p>At my Bedside is a service for families, friends and family carers of patients in hospital. (Ipswich hospital and West Suffolk Hospital - for Colchester hospital please see flyer below for details)</p> <p>The service offers support to stay in touch for people who may not be able to visit the hospitals by:</p> <ul style="list-style-type: none"> • Liaising with the hospital wards to support patients to stay in touch with family or friends by telephone or video call • Giving general advice • Family carer support, • Signposting to helpful services in their area • Emotional support <p>If you wish to refer to this service, please complete a SCIL work ticket. Select At my bedside from the project drop down and then choose the appropriate team member for the hospital you wish to refer to.</p> <p>Ipswich Hospital</p> <ul style="list-style-type: none"> • Carly Small • Mandy King • Sue Redhead <p>West Suffolk Hospital</p> <ul style="list-style-type: none"> • Rachel Johnson <p>Families, friends, family carers can also refer themselves to this service by telephoning 01473 835477 or email hello@suffolkfamilycarers.org</p> <p>At My Bedside</p>
<p>Learning from Children's Deaths Workshops</p>	<p>Starting 12 October 2020, the Eastern Region Child Death Overview Panel are presenting a week of professional workshops on this topic. All events are 45 minutes long, followed by a 45 minutes Q&A, free and held on Microsoft Teams.</p> <p>For more details please see attachment below</p> <p>Learning From Children's Deaths</p>

Webinar - Delivering the Early Cancer Diagnosis Service Spec	<p>Please see link below to an NHS Confed webinar – Delivering the Early Cancer Diagnosis Service spec – how to start and learning from others. It is suggested that you book ASAP as the event is expected to fill-up quickly.</p> <p>https://www.nhsconfed.org/events/2020/09/delivering-the-early-diagnosis-of-cancer-pcn-specification</p>
Environmental Sustainability Network	<p>A network has been set-up for GPs/other primary care professionals across our patch who are interested in promoting environmental sustainability within their surgeries.</p> <p>The next meeting, with a theme of recycling and waste management, takes place on Wednesday 23 September @ 5.30 until 6.00pm.</p> <p>If you are interested in joining the network and for more details on upcoming events, please see the attachment below.</p> <p>Environmental Sustainability</p>
Back to School, Back to Health – Week 5	<p>The challenge for Week 5 of the Back to School, Back to Health campaign is about asking individuals and their families to write a letter to someone who they don't see very often.</p> <p>OneLife Suffolk have this to say about the subject:</p> <p>Writing letters is a great way to connect with other people. It will give them something personal to keep and look back on in the future. You could surprise a friend or family member who lives far away by writing a letter and posting it to them. #backtoschoolbacktohealth If you want to add some creativity to your letters, there are some awesome letter templates for you can download on the #suffolksaysthanks website: https://buff.ly/3m2RwHt. You can sign up to our back to school back to health campaign by calling 01473 718193 or visit our website: https://buff.ly/3IUzJSS</p> <p>#publichealthsuffolk</p>
Safeguarding Learning	<p>Thank you to all who attended the Safeguarding education and training afternoon on MS Teams on 10 September. A certificate of attendance is no longer routinely issued in recognition that reflective notes are better evidence of learning rather than a proof of attendance certificate. The attached Safeguarding Learning Activity Log or Training Log, Reflection form and competencies can be used to record your learning from this, and other safeguarding training.</p> <p>If you are interested in booking a place on one of the monthly L3 sessions that Jo mentioned last week, please contact caroline.pyrozuk@nhs.net for dates and information.</p> <p>The feedback link is still open for you to share your views on last week's safeguarding training, both content and format. We know over 250 people tuned in, so we'd really love to hear from more of you. It should only take a couple of minutes, thank you.</p> <p>The slides and video will be available on the CCG website by the end of this week. In the meantime, if you want to review the session, it is available to 'attendees' as a recording by following the original link. The link is only valid for one month.</p>

<p>Primary Care Pharmacy Education Pathway employer webinar replay</p>	<p>CPPE have released a recording to support employers of clinical pharmacists.</p> <p>Please find below the link to the 50-minute recording of the <i>Primary care pharmacy education pathway</i> employer webinar from 9 September 2020.</p> <p>The link is only valid for one month.</p> <p>Please cut and paste the link into your browser:</p> <p>https://cppe.zoom.us/rec/play/bOGqlrJqlynvL2JVxdpbmWQeN9vfz-gsleoVggaMrUJ2jOm5WjqMFPfbansS92oAs-CZmkODzO8OugzA.xFI8pJVMIFGPbZT3?startTime=1599652922000</p>
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If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
www.ipswichandeastsuffolkccg.nhs.uk 01473 770000

Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)