



Weekly Inbox

27 January 2020 Issue 358

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

| |
|---|
| GP: General Practitioner |
| PM: Practice Manager |
| Ad: Administrative staff (including medical secretary, care navigator) |
| PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner) |
| OC: Other clinicians (including ECP, Pharmacist, PA) |

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FOR ACTION

OC GP PN

1. Stoma Product Recall

We have been informed that the follow stoma products are being recalled due to a manufacturing fault. Please see the below product codes of the affected products.

Product: Convatec combihesive natura two piece ostomy system convex durahesive flange

Product codes:

| |
|-------|
| S7304 |
| S7305 |
| S7306 |
| S7325 |
| S7328 |
| S7330 |
| S7331 |
| S7335 |
| S7336 |
| S7337 |
| S7338 |

If there are any patients on these products please refer them to their stoma nurse team, please see contact details below:

- **Ipswich & East Suffolk GP Federation - Community Stoma Nurses:** Debbie Cooper and Claire Fellingham 01473 242168
- **West Suffolk Community Stoma Nurse:** Bernadette Ambrose 07739 321369.
- **IHT Stoma Nurses** Sharon Stopher, Sally Power 01473 703301
- **WSH Stoma Nurses** Katie Lloyd, Ann Hubble 01284 712697

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2. 'Measles, Mumps and Rubella (MMR) – Help Us Help You, Get Protected'

Every GP practice in the country will shortly receive posters and reception counter cards to support the NHS 'Measles, Mumps and Rubella (MMR) – Help Us Help You, Get Protected' campaign.

This is one of six campaigns agreed as part of this year's GP contract and the materials have been developed to support you in encouraging your patients to get protected.

As part of this campaign, there are two posters, one version featuring a nurse, and an additional version that features a nurse and child (for the important parents of young children audience). Both posters carry the same text, highlighting that the MMR vaccination is the safest and most effective way to protect people and their families against measles, mumps and rubella. It goes on to say that two doses of the MMR vaccination are required for full protection and that a catch-up vaccination is available to those that aren't fully immunised.

The counter card should be used at reception desk to prompt patients to ask about the MMR vaccination when they're talking to the reception team. A digital pack including these and further downloadable materials including social media content and digital screens will also be available via the [Campaign Resource Centre](#). These materials are designed to complement other materials which are available to download/order here:

healthpublications.gov.uk/Home.html

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FOR INFORMATION

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3. Learning from Children's Deaths Newsletter

Please click [here](#) to find a the Learning from Children's Deaths first newsletter – in this edition you will find contact details for the Child Death Review team, information about recording Family and Professional Details on Health Records, Teenagers and Neglect, Organ Donation and more.

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4. PCSE and Deceased Patient Records

We have received queries regarding who is responsible for providing copies of deceased patients records. We have raised this with PCSE nationally to get some clarification on the situation. We received a response explaining that NHS England cannot be a data controller for records relating to de-registered patients until they are physically transferred into their possession. Therefore if a practice retains an electronic copy of the record on EMIS / SyStmOne they continue to be legally responsible for that information.

We recommend that once a patient dies, a practice sends any paper records to PCSE. Therefore, any requests for copies of a deceased patients record can be split between the paper and electronic record. PCSE can be asked to consider the request for any information held on paper, while a practice can be asked to consider the request for any information held electronically. Please note that this also applies to requests for electronic patient records under the LeDeR Programme (Learning Disability Mortality Review).

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5. NHS Ipswich and East Suffolk CCG – meeting in public

The next Governing Body NHS Ipswich and East Suffolk CCG meeting will take place on Tuesday 28 January from 9:15am.

The meeting will take place at Kesgrave Conference Centre, Twelve Acre Approach, Kesgrave IP5 1JF

To read the agenda and meeting papers please click [here](#).

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6. MyCOPD Pilot – Ipswich and East Suffolk Practices only

Since February 2018, patients with severe/very severe COPD within Ipswich and East Suffolk have been given the chance to sign up to the MyCOPD App as part of a pilot programme. Patients have been recruited by clinicians at Ipswich Hospital and the Pulmonary Rehab service who have been trained on how to use the App.

MyCOPD has been designed to enhance the self-management of all patients with a confirmed diagnosis of COPD who also have internet access. Regardless of disease severity or stage of treatment almost all patients with COPD will find benefit in the varying features of the App.

The CCG have recently been informed by NHS England that the remaining licences can now be made available to patients at all stages of patient management from the point of diagnosis onwards.

MymHealth, the developer of the App, will support practices by offering training to a staff member in the practice to help with the rollout to patients who are interested in signing up to the App.

If you are interested in finding out more about this, practices are invited to submit an expression of interest to the CCG. Expressions of interest will be managed on a first come first served basis. Please contact Claire Pemberton on clairepemberton@nhs.net for more details.

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OC GP PN

7. Suffolk Prevent Newsletter – Winter 2020

Please find attached a link to the first [Suffolk Prevent Newsletter](#). This document is intended for **front line professionals only** to supplement partnership training events and increase awareness.

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OC GP PM Ad PN

8. Suffolk How are you? Physical Activity Films

You can now find all seven short films for your GP practice TV screens on the following webpage <https://onelifesuffolk.co.uk/move-more/> to help inspire people to get active! Right click on in the bottom right hand corner of the film and the download button will appear.

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9. WellPoint Kiosks in locations across East Suffolk and Ipswich CCG area

As part of the Suffolk How are you? health and wellbeing campaign we would like to give you forward notice that Wellpoint health kiosks will be installed in the following venues from the week starting the 3rd February to the 1st week in May (final installation dates tbc).

- Ipswich County Library
- Chantry Library
- Felixstowe Library
- Hillside Community Centre, Stowmarket
- The Ansell Centre, Hadleigh
- EDF Energy, Sizewell

The kiosks give people the opportunity to get their health metrics on:

- Weight and BMI
- Body Fat Percentage
- Blood Pressure
- Heart Rate
- CVD Risk
- Heart Age

Readings are confidential, can be printed or sent to laptops, tables and phones.

We will be forwarding promotional materials to advertise the kiosk locations prior to the kiosk installation and would appreciate if you would share this opportunity at that point. For more information contact imogen.sherwood@suffolk.gov.uk

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10. ActivLives activities, newsletter & timetable

Please click [here](#) to find a time table of activities and [here](#) to find the ActivLives January – March edition newsletter.

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11. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

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PCN CLINICAL DIRECTORS INFORMATION

GP

12. Commissioning News 21 January 2020

Please find [here](#) a link to the the latest PCC News which includes Working with people and communities, Leadership skills for PCN clinical directors, Cervical screening: standards report 2018 to 2019 and more.

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SOCIAL PRESCRIBING

OC GP PM Ad PN

13. Social Prescribing Second Edition newsletter

Please find [here](#) the Social Prescribing Second Edition newsletter which includes information on how to refer into the Connect for Health programme, how Connect for Health will work, where Ipswich and East Suffolk CCG is up to on its Social Prescribing journey and more..



CONNECT
for health
Being Well Together

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EDUCATION & TRAINING

OC GP PM Ad PN

14. Training and Education Afternoon – 6 February

Our next education and training afternoon is on Thursday 6 February, at Trinity Park. Our headline topic this month is Gastroenterology where we welcome Crawford Jamieson from ESNEFT. [This month's agenda](#) will also include Prescribing Leads meeting, PCN Clinical Directors meeting and Primary Care Nurse Forum.

Some of the PCN Clinical Directors have asked if we could put some time aside at this Training and Education afternoon to enable practices to get together in your PCN groupings to discuss the recently published draft service specifications and to look at employing some of the additional roles ready for a start in April. Therefore we have put aside approximately 1 - 2 hours to enable practices to meet in their PCN groupings from 4pm.

We hope to see you there. As ever it helps with planning if we have an idea of numbers so if you are planning to come please contact [Shelley Hart](#).

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15. Save the Date – 1st Primary Care Nurse Forum 2020

The 1st Primary Care Nurse Forum for 2020 is on Thursday 6 February at Trinity Park. Please do invite HCAs and students to join us. Watch this space for further information.

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16. Mental Health Education Videos

The latest mental health education films to be uploaded to the CCG website are from the [Children and Young People](#) session and the [10-minute CBT training](#).

We hope to have all the remaining videos uploaded in the next few weeks.

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17. Mental Health Education Evening: 26 February

“...excellent speakers presenting fascinating and relevant topics.”

On Wednesday 26 February, we welcome back Dr Paul Everden as a follow up to his excellent talk in April on Consultation Skills. [View Flyer](#)

The session aims to help increase your confidence in dealing with patients with mental health problems, how to communicate better, to motivate patients and how great communication skills can result in fewer referrals and more job satisfaction for clinicians. If you missed Dr Everden first time around or want to refresh your memory on what was covered before attending part 2 in February, you can [watch the video](#) online with password Pr1maryCar3IES.

Each evening session is open to ALL practice staff, includes a two-course dinner served from 6.45pm followed by 2 hours of quality teaching from 7.30pm – 9.30pm. If you'd like to attend this or any future session, please contact [Shelley Hart](#); booking is essential if you require food.

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Dates for 2020 (and topics where known) are now listed on the [CCG website](#).

OC GP PM Ad PN

18. National Data Opt Out – online training to support compliance deadline

Online training is now available to help organisations understand and comply with the national data opt-out policy.

The training [programme](#) consists of a single session that should take no more than 45 minutes to complete. It is designed for colleagues who are responsible for ensuring compliance by **31 March 2020**, but is also helpful for general awareness.

You can also [visit the national data opt-out pages](#) for [guidance on becoming compliant](#) and help with [understanding the national data opt-out](#). For more information contact your Data Protection Officer.

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19. GPN Rosalind franklin Leadership Programme

Please find [here](#) details for the next cohort for GPN Rosalind franklin Leadership Programme aimed specifically at GPNs in mid-level roles. Open now for applications.

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20. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 118 – 22 January 2020](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub [Back to top](#)

CONTACT

21. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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CHART OF THE WEEK

22. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

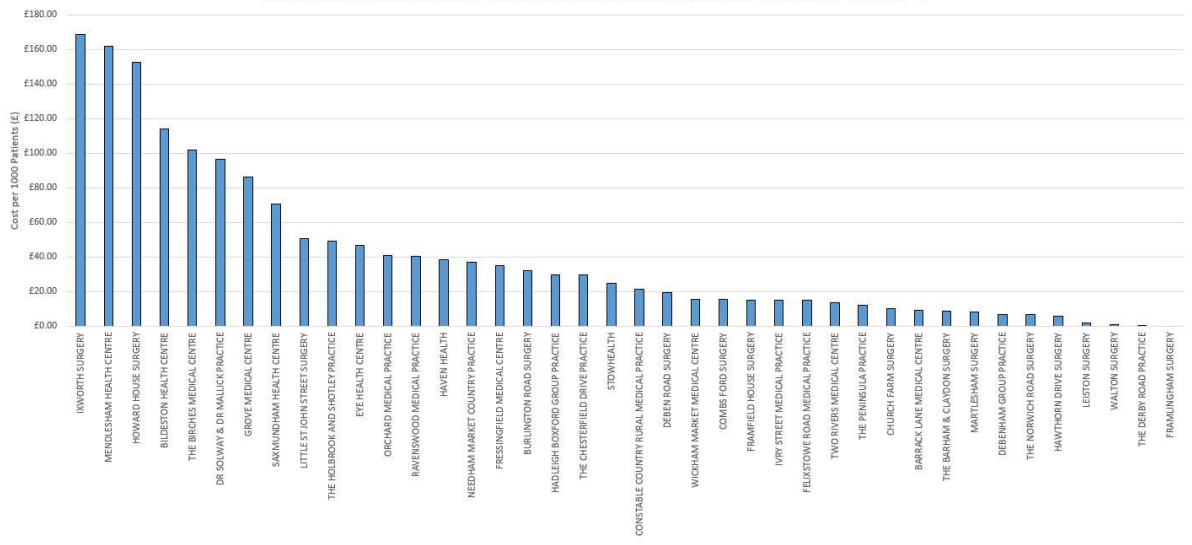
This week we are looking at: IESCCG spend per 1000 patients on rubefacients (excluding topical NSAIDs) by practice Nov'18 to Dec'19:

Top tip:

NHS England have classed rubefacients (excluding topical NSAIDs) as medicines of low clinical value and advises prescribers in primary care not to issue them on FP10s. NICE and the BNF also advise against its use. Prescribers are encouraged to review their prescribing and consider asking patients to buy them if they wish to continue using them.

Medicines Management technicians have a protocol to allow them to identify suitable patients with a view to switching them to self-care. For further information please contact your Medicines Management technician or contact a member of the team on 01473 770249.

IESCCG spend per 1000 patients on rubefaciants (excluding topical NSAIDs) by practice Nov '18 to Dec '19



[Click on chart to enlarge](#)

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