

## Communications re Current Health Enhanced Monitoring device

Audience: General Practice, Integrated Neighbourhood Teams and Consultants (particular to specialties)



From early February we are introducing wearable enhanced monitoring devices into three teams in Ipswich and East Suffolk.

These may be fitted to patients that you care for within the community and you might find the recorded information useful during your interaction with them. The wearable device connects to a tablet within the patient's home and can connect to additional equipment like weighing scales and blood pressure cuffs.

We are introducing the devices to

REACT admission avoidance teams to remotely monitor patients at home that need close observation.

COPD and Respiratory community team to monitor patients with infective or non-infective exacerbations.

Heart Failure community team for monitoring patients that requires up-titration and optimisation.

These teams will be responsible for monitoring the data and alerts from the wearable device.

Patients will be wearing devices for a short period of time and depending on the needs of the patients can monitor:

- Respiratory rate
- Heart rate
- Movement
- Oxygen Saturations
- Weight
- Blood pressure

The tablet, which supports the wearable in the patient's home, can be used to message with the patient, video call with the patient and offer surveys or questions about their daily wellbeing.

The devices will be monitored (not necessarily in real time) by the

relevant community teams but will also alert a clinician if the reported observations start to fall outside of set parameters. The patient is given a leaflet where it is made clear that if they become unwell, they would need to act as they if they were not wearing the device, as they are not necessarily being monitored live or in real time. We are hoping the trend data (some observations are taken every 15 minutes) will make a difference to investigations and diagnosis to patients under hospital care and the monitoring will support admission avoidance and early discharges.

If you have any further questions please contact: Montanna Pownall, Project Coordinator:

[montanna.pownall@nhs.net](mailto:montanna.pownall@nhs.net)

