

# Newsletter

## Issue. 61

### 13 August 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

**Previous issues** – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p><b>Diabetes</b></p>	<p>Practices can continue to refer patients to the NHS Diabetes Prevention Programme as they have been doing (with HbA1c), but there is also now the option for patients to self-refer using their Diabetes UK risk score. See <i>attached</i> details. A link to the <b>Diabetes UK</b> updated position statement on advice for healthcare professionals on Covid-19 and diabetes and an extraordinary position statement on flu vaccination that has been published in light of Covid-19 can be found <a href="#">here</a>.</p>
<p><b>Re-opening of the Frailty Assessment Base (FAB) at Ipswich Hospital</b></p>	<p>We are pleased to announce that the Frailty Assessment Base at Ipswich hospital has now reopened for face-to-face assessments with adapted ways of working to follow social distancing and infection control guidance. For advice or urgent referrals needing to be seen please use the Geriatric hot phone on 07930 181236. For those who require a less urgent assessment please refer via the FAB email to <a href="mailto:chu-fr.fab@nhs.net">chu-fr.fab@nhs.net</a>. Please help the team by providing all relevant information and sharing the patient record via SystemOne. The team are continuing to work through referrals received whilst FAB was unable to offer to face-to-face assessments so please bear with us during this interim recovery phase.</p>
<p><b>Flu vaccinations</b></p>	<p>Please see <a href="#">attached</a> a media release issued this morning by the <b>SuNEE CCGs</b> that welcomes plans to extend eligibility for flu vaccinations to people in the 50 to 64 age bracket but urges them to wait until they hear from their practices about getting immunised so the NHS can focus first on those in the most ‘at risk’ categories, including the 65+ cohort, pregnant women, young children and those with long-term health conditions.</p>
<p><b>Update on Learning disabilities; Annual Health Checks &amp; Flu Vaccinations</b></p>	<p><b>Annual Health Checks</b> Annual Health Checks are critical in identifying health needs much earlier in patients with Learning Disabilities. In order to reduce the risk of increased unnecessary deaths in people with a learning disability during the coronavirus outbreak it is essential that annual health checks continue to be carried out. NHSE recommends that ‘where this can be delivered safely on a face to face basis this should continue. Where this care cannot be delivered safely face to face or where the patient has other medical conditions which require them to shield or socially isolate the review could be conducted remotely, with as much of the physical review completed as is practicable in these circumstances’.</p> <p>Ipswich &amp; East and West Suffolk CCGs have worked together with NSFT and ACE Anglia colleagues to create a set of resources for primary care to enable them to reinstate checks. Please find here:</p> <ul style="list-style-type: none"> <li>• <a href="#">A simple flow diagram which describes the process, including how to refer non-engaging patients to NSFT, as well as links to a health check invite, information on what a health check is and information around PPE (all in easy read).</a></li> <li>• <a href="#">Crib sheets to support practice conversations with patients, particularly around establishing reasonable adjustments and the best method for a health check (face to face or remote).</a></li> </ul> <p>We are in the process of arranging for copies of the pre health check questionnaire to be printed and sent to you ASAP. If in the mean time you would like an electronic copy that you can print off and post yourself please let us know. Please note, the electronic document is 18mb, hence why it has not been attached to this email.</p>

	<p>We appreciate that there may be difficulties in undertaking this piece of work and we encourage you to liaise with your aligned Primary Care Learning Disability Liaison Nurse who can;</p> <ul style="list-style-type: none"> <li>• Help patients and their carers navigate the health and social care system</li> <li>• Provide information and training to practice staff</li> <li>• Give advice around reasonable adjustments</li> <li>• Ensure your practice LD register is accurate and in line with the information that Social Care holds</li> </ul> <p><b>Flu Vaccinations</b>  People with a learning disability should be encouraged to have a flu vaccination, if they are really unable to tolerate an injection there is a nasal spray available in practices. We are aware through the LeDeR programme that the majority of our deaths in the learning disability community are as a result of respiratory conditions and infections. We encourage you to read the guidance on how to support people with a learning disability and flu vaccinations;  <a href="https://www.gov.uk/government/publications/flu-vaccinations-for-people-with-learning-disabilities/flu-vaccinations-supporting-people-with-learning-disabilities">https://www.gov.uk/government/publications/flu-vaccinations-for-people-with-learning-disabilities/flu-vaccinations-supporting-people-with-learning-disabilities</a>  This document lists the steps that GP practices can take to support their patients.</p> <p>There is also easy read flu information from Public Health England  <a href="https://www.gov.uk/government/publications/flu-leaflet-for-people-with-learning-disability">https://www.gov.uk/government/publications/flu-leaflet-for-people-with-learning-disability</a></p> <p>If you have any queries, please contact  <a href="mailto:Emily.rawlinson@ipswichandeastsuffolkccg.nhs.uk">Emily.rawlinson@ipswichandeastsuffolkccg.nhs.uk</a></p>
<p><b>Expanding the Primary Care Workforce in 20/21</b></p>	<p>Please find <a href="#">attached</a> a letter from NHS England and NHS Improvement regarding expanding the primary care workforce as an immediate priority for all systems.</p>
<p><b>Telederm Phase 2</b></p>	<p>Since going live on 22<sup>nd</sup> June 2020, 145 requests have come through the Rego Teledermatology system from practices in Ipswich and East Suffolk. Dr Labinoti, Dermatologist at Ipswich Hospital, is extremely committed to the project and has responded to the majority of requests within 1 working day. Around 50% of the requests have been able to be managed in primary care, saving unnecessary footfall into the hospital and improving patient experience.</p> <p>We've been continuing to work with Vantage to make improvements so from 12<sup>th</sup> August 2020, there will be the following changes to the system:</p> <ul style="list-style-type: none"> <li>• For SystmOne practices, there is a new, simplified way of launching Rego from the 'Acute' tab within CCG East Forms (please see attached quick reference guide).</li> <li>• Two week wait referrals can now be sent through Rego, in addition to routine / urgent requests for skin lesions. Don't forget to complete all sections to enable the referral to go through. <b>Please note that rashes should not currently be sent through this system.</b></li> <li>• If a referral into secondary care is advised, there will be a new button in the outcome email that will link directly into eRS to streamline the referral process.</li> </ul> <p>Following feedback, a simplified user guide has been developed (<a href="#">please find this here</a>) and training videos for <a href="#">SystmOne</a> and <a href="#">Emis</a> are also available.</p> <p>An additional MS Teams Support Session has been arranged on Wednesday 19<sup>th</sup> August, 12.30pm - 1pm. If you would like to join this session or have any queries regarding Teledermatology, please email <a href="mailto:caroline.wells@suffolk.nhs.uk">caroline.wells@suffolk.nhs.uk</a>.</p>
<p><b>Well-being and work for refugee integration service</b></p>	<p>Please find <a href="#">a flyer</a> for the services that are now available across the region for both refugees and UASC plus other third country nationals. In some parts of the region (Norfolk and Hertfordshire), the employment advisers have been at work since early April, whereas in Cambridgeshire, the well-being service has been in place for some months. However, we are now reaching the point where most of the service providers are in place and running a service – and where they aren't, there is a date on the flyer to let you know when they will begin.</p>

If have any questions or important information to share in the next edition, please contact [Caroline Procter](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group  
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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)