

Joint Injection Course

Practical Skills Module

(2.5 Hours)

Maximum of 3 delegates

Online
Knowledge
Module



Diagnostic Tests for
tennis and golfers elbow
Eccentric exercises
Injection techniques

Mechanism of action of
corticosteroids



Oxford Hospitals
Shoulder Pathway for
ACJ, GHJ and rotator cuff
tendinopathy
Examination & Injection
techniques

Pharmaceutical
Agents



Trigger finger, De
Quervain's, Carpal
Tunnel, OA Base of
Thumb
Examination and
Injection techniques

Patient
selection

Knee

OA Knee
Lateral and anterior
approaches to injection.

Consent