

Newsletter

Issue. 90

18 February 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p>COVID-19 Population Risk Assessment</p>	<p>Below is a communication from the DHSC concerning a new data-driven risk assessment called the COVID-19 Population Risk Assessment. This has been developed to help identify people who may be at high risk from COVID-19.</p> <p>DHSC - COVID-19 Population Risk Assessment</p>
<p>New SNOMED Codes for Long Covid</p>	<p>New SNOMED codes are now available for Long Covid, including referral to post-Covid assessment clinic (i.e. SNELCAS) and completion of the Yorkshire screening tool which is done in primary care prior to referral.</p>
<p>Vaccine Information – Resources in Community Languages</p>	<p>NHS England has produced videos of clinicians recording messages in some of the most commonly spoken languages to help ensure messages about the importance of getting a COVID-19 vaccine are clear for all. Public Health England has also shared printable leaflets on COVID-19 vaccine information in various community languages. Download from the campaign resource centre and share.</p>
<p>Covid-19 Vaccine for Minority Ethnic Backgrounds</p>	<p>Dr Juno Jesuthasan has recorded a video to encourage people from minority ethnic backgrounds to have the coronavirus vaccine. You can watch it at this link:</p> <p>https://youtu.be/j7jtuth9dUg</p>
<p>DASH Completions 2020 – information required by 26/02/21</p>	<p>The Domestic Abuse Risk Assessment (DARA) will eventually replace the Domestic Abuse, Stalking and Honour Based Violence risk assessment model which is currently used. Although there will be a staged introduction and there is no reason why both processes cannot work in tandem for a period of time, Suffolk County Council are keen to understand what the impact may be on the wider system.</p> <p>To that end, they would like to know how many DASH risk assessments your organisation completed during the calendar year 2020 and, of which, how many were scored medium and high.</p> <p>If you are able to help, please contact Richard Baldwin (Richard.Baldwin@suffolk.uk.gov) by Friday 26th February 2021. Many thanks.</p>
<p>Discontinuation of the Flutiform® k-haler®</p>	<p>Napp has advised us of the discontinuation of the Flutiform® k-haler® (fluticasone propionate and formoterol fumarate dihydrate). The dates of withdrawal from the market are: April 2021 (125/5MCG) and August 2021 (50/5MCG). Flutiform® pMDI, will remain available and contains the same ICS/LABA combination and dosing as Flutiform® k-haler. Their discontinuation notice can be found here. Please be aware that the k-haler was a breath actuated device.</p> <p>A search has been published on SystmOne to help you identify patients who are currently prescribed the Flutiform® k-haler. This can be found in the “Drug discontinuation” folder within “Medicines Management”. Well controlled patients could be managed by switching over to Flutiform pMDI but this requires the patient being able to use and co-ordinate a metered dose inhaler. A formulary choice of spacer may be an option i.e. Aerochamber Plus or the Space Chamber Plus Compact. Alternatively, those with uncontrolled asthma or who are unable to manage an MDI</p>

	<p>should have their treatment reviewed. The CCG adult asthma guidelines can be found here.</p> <p>If the patient is switched to an alternative device please ensure that they are provided with information on how to use the new device. The following websites provide useful videos and/or leaflets on how to use different inhalers devices:</p> <ul style="list-style-type: none"> • www.rightbreathe.com – videos • https://www.asthma.org.uk/advice/inhaler-videos/ - videos • https://www.neessexccg.nhs.uk/inhalers-and-you - videos & leaflets <p>If you require any further advice regarding this discontinuation please contact the Medicines Management Team – iesccg.medsmanagement@nhs.net</p>
Diabetes – Temporary Helpline	<p>A temporary diabetes helpline has been launched in response to the disruption to the normal diabetes services caused by the coronavirus pandemic. The NHS Diabetes Advice Helpline is intended to be available until mid-March 2021 (continued provision after this date will be reviewed based on service pressures and ongoing need) and is for adults living with diabetes who use insulin to manage their own condition and require clinical advice. Where routine care has been disrupted, the helpline is available to give clinical advice to help patients understand how to effectively manage their diabetes. Patients registered with practices experiencing service pressures will be contacted to direct them to the helpline. GP colleagues are asked to make patients aware of this service and advise them to use it if they are unable to get in touch with their usual care team. Patients can access the helpline by calling 0345-123 2399 between 9am and 6pm, Monday to Friday.</p>
Dementia - 7 Days-a-Week Support Trial	<p>NSFT's West Suffolk Dementia Intensive Support Team will be trialling seven days-a-week support for people with dementia from February 20, 2021. Working seven days-a-week will mean that people with dementia are given support at the earliest opportunity and they and their carers will have more positive outcomes. To refer patients or to get advice from the team between the hours of 9am and 5pm, call 01284-733260 or email distwestsuffolk@nsft.nhs.uk. The aim of the Dementia Intensive Support Team is to promote independence and support people with dementia to remain living in their own homes, prevent unnecessary admissions to hospital, and to prevent premature moves into long term care. The seven-day working initiative will be trialled for six months. The team will be evaluating patient need throughout the pilot and will be asking for your feedback. If you have any queries or questions regarding the pilot or the dementia intensive support team, please contact Helen Gray, NSFT Clinical Team Leader, via the above number, or email helen.gray@nsft.nhs.uk.</p>
Dementia Together Zoom Meet Ups	<p>Dementia Together are offering regular meet ups over Zoom. Sessions last for an hour and take place every Monday and Wednesday. Click here for more information.</p>
Capacity Assessment	<p>Please see this flow chart for details of how to undertake a capacity assessment in Primary Care.</p>
Next Mental Health Evening Education Event – 25/02/21	<p>Helping our perinatal patients during covid-19 Thursday 25 February, 7pm – 8.15pm MS Teams</p> <p>This evening education session will not only offer a refresher of perinatal mental health - what it is, how to recognise it, how to manage it and when/how to refer – but we'll also have an overview of local pathways, what the Wellbeing service offer, the Suffolk Libraries perinatal mental health project, and look at the impact of COVID-19 on perinatal mental health.</p> <p>Our speakers will be Dr Victoria Wilson, GP (Woolpit) and perinatal mental health GP spotlight champion, Helen Jackson, Perinatal Clinical Nurse Specialist & ANP (NSFT), Birgitte Wendon-Blixrud from the Wellbeing Service and Sara Lungley from Suffolk Libraries.</p> <p>We very much hope you can join us. View Flyer for more info and joining link.</p>

Primary Care Coaching	Following the success of the #LookingAfterYouToo coaching offer, the health and wellbeing offer has been expanded to include coaching for leaders and managers in primary care settings. The new #LookingAfterYourTeam service will create an opportunity for individuals who lead, manage or organise teams, groups, services or networks in primary care to access coaching about their team. Click here for an updated communications toolkit for both offers that includes bulletin/email/social copy, social media graphics, posters, a short video, case studies and web/email banners.
End of Life Presentation - Recording	<p>The recording of Dr Mannix's presentation from the Education Afternoon on 10th Feb 21 is now available to watch online and the recordings of the speed-dates will be online by the end of this week. All can be found here: Ipswich and East Suffolk CCG > GP practice member area > Training & education > Training & education > GP training events > GP education videos > TED End of Life</p> <p>A few people who attended the session last week were logged in as guests with only first name or initials. Unfortunately, this means we cannot identify you in order to send you a copy of Kathryn's book. If you think you might be one of those people, please contact Shelley Hart so we can ensure no-one who attended misses out. Thank you.</p>
The A, B, C (and D) of Dying Well – GP Training Dates in June	<p>The CCG and Hospice have arranged this informal and informative training day for GPs to learn how to identify, pro-act, and confidently manage patients in their last months and weeks of life. This is training with a difference - covering anticipation and pro-active care to avoid crises; self-care for the physician, and discussions of who else can support you to support your patients and their families.</p> <p>Funded places are offered free of charge to one GP per practice. More than one place may be available for larger practices and funding is available towards backfill for GP time (practice managers have been emailed about this).</p> <p>Sessions will be a full day and take place online with choice of Thursday 10 June or Tuesday 15 June and can be booked via: https://www.stelizabethhospice.org.uk/hospice-education/</p> <p>Please book your place before 31 March 2021.</p> <p>There is more information in the attached flyer.</p>
Education and Training Afternoons - 2021/22	Dates for training and education afternoons are now confirmed and can be found in the training area of the CCG website .
ICS Stakeholder Briefing	The latest Suffolk and North East Essex Integrated Care System briefing for stakeholders and community leaders can be accessed here .

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
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Visit the [CCG Covid-19 webpage](#) where you can find many useful links and resources