



Weekly Inbox

13 MAY 2019 Issue 322

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

- GP: GPs**
- PM: Practice Manager**
- Ad: Administrative staff (including medical secretaries, receptionists)**
- PN: Nurses (including HCAs, Practice Nurses, ANPs)**
- OC: Other clinicians (including ECP, Pharmacists)**

FOR ACTION	SOCIAL PRESCRIBING
1. Test the New SEND Support Wheel	7. Move Suffolk Week – 18-26 May 2019
FOR INFORMATION	EDUCATION & TRAINING
2. Leadership and Innovation Club Launch – Wednesday 22 May	8. GP Parkrun Pledge
3. GP Safeguarding Leads Session	9. Safeguarding Training – Wednesday 22 May
4. LeDeR Programme Learning into Action Bulletin	10. Dementia Education Evening – Wednesday 5 June
5. BMA Commissioned VAT Guidance for PCNs	11. PACT
6. Local vacancies	CONTACTS and USEFUL LINKS
	12. Contact us
	DID YOU KNOW...?
	13. Did you know...? Dying is something we need to plan for and should be talking about...
	CHART OF THE WEEK
	14. Chart of the Week: Dementia Coding – Full Year Results 2018-2019

FOR ACTION

OC GP PM Ad PN

1 Test the New SEND Support Wheel

To help children, young people and their families' source support for their needs a new tool has been developed that simplifies and improves the search facility on the Suffolk Local Offer website.

For more information and promotion, please click [here](#).

[Back to top](#)

FOR INFORMATION

OC GP PM Ad PN

2 Leadership and Innovation Club Launch – Wednesday 22 May

Directly following the safeguarding training, we are delighted to be launching the **(Suffolk and North East Essex STP) Leadership and Innovation Club** from 17:15 (close of event at 20:30). The response to date has been fantastic and there is still time to join the Club and attend the launch. **Please email chloe.cummings@suffolk.nhs.uk if you wish to attend.** If you have already registered, there is no need to respond again.

The [proposal](#) and [agenda](#) will provide details of how you can be a part of this exciting new initiative and give you a deeper insight as to what will be covered during the launch.

The Club has been designed in partnership with KnowledgeBrief, global leaders in management and leadership innovation. The launch itself will be a great opportunity for leaders across the region to network and develop as a leadership community. We will be focusing on the topic of "Timeless Leadership Advice" where Dr Tom O'Donnell will be our expert speaker. Tom is Head of the Professional Learning Team at KnowledgeBrief and received his doctorate from University College London and before that worked and studied at the Universities of Cambridge and Oxford.

[Back to top](#)

3 GP Safeguarding Leads Sessions

We would like to offer the opportunity for the safeguarding leads within Primary Care to attend a quarterly safeguarding meeting at Landmark House, Ipswich.

The sessions will cover both Children and Adult Safeguarding and will count towards level 3 safeguarding training. These will be facilitated by the Named Nurse for Adult Safeguarding and the Deputy Designate Nurse for Children's Safeguarding.

As well as offering safeguarding updates, there will be an opportunity to share and learn from complex safeguarding situations that have arisen in practice. The intention going forward is that these sessions will be regularly offered every quarter and will allow for the establishment of a clinical network of safeguarding leads across the area.

The dates for this year are:

- 15 July 2019, 2:30-4:30pm at Landmark House, G01
- 17 September 2019, 2-4pm, Landmark House, Main Conference Room
- 27 November 2019, 12:30-2:30pm, Landmark House, Main Conference Room

There is no need to book a place, just turn up. If you would like a parking space booked at Landmark house, please e mail caroline.pyrozuk@nhs.net. For any further queries please contact:

Sally Ryan, Named Nurse Safeguarding Adults, sally.ryan@suffolk.nhs.uk

Jo Hutchings, Deputy Designate Nurse Safeguarding Children, johannahutchings@nhs.net.

[Back to top](#)

4 LeDeR Programme Learning into Action Bulletin

OC GP PM Ad PN

Click [here](#) for the LeDeR Action Bulletin – Constipation – Dying for a poo.

[Back to top](#)

5 BMA Commissioned VAT Guidance for PCNs

OC GP PM Ad PN

The BMA has commissioned some VAT guidance (top tips, section 4). Click [here](#) to view it on their website.

[Back to top](#)

6 [Local Vacancies](#)

OC GP PM Ad PN

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

[Back to top](#)

SOCIAL PRESCRIBING

7 Move Suffolk Week – 18 - 26 May 2019

OC GP PM Ad PN

Move Suffolk week is taking place in the week of 18 - 26 May 2019. Practice's may wish to consider how they could engage people in any physical activities that are taking place this week to promote the uptake and benefits of physical activity.

Look out for more information coming out in the local press and on social media about the week in due course and visit www.movesuffolkweek.com to see a selection of offers and incentives to encourage people to become more active.

[Back to top](#)

8 GP Parkrun Pledge

OC GP PM Ad PN

To celebrate the first anniversary of the parkrun practice initiative launched by parkrun and the Royal College of General Practitioners in June last year, the two organisations have teamed up to hold a national GP parkrun pledge day. The aim is to get as many general practice staff as possible to pledge in advance, to join thousands of walkers, runners and volunteers at parkrun events across the UK on the same day.

For more details about GP parkrun pledge day click [here](#) and to find your nearest parkrun click [here](#).

For the full article, click [here](#).

For more information on becoming a parkrun practice contact [Zoe Knight](#).

[Back to top](#)

9 **Safeguarding Training – Wednesday 22 May**

At our education afternoon next Wednesday, we will be offering Safeguarding Training for all clinicians.

The main session will cover **Children and Adult combined Safeguarding Updates** including: Suffolk Gangs, MASH, Turning Point, Child Exploitation (Make a Change) team, Homelessness Reduction Act & Duty to Refer and the Multi-agency Adult Safeguarding Framework.

In parallel, Jo Hutchings, Deputy Designated Nurse Safeguarding Children and lead for Primary Care will be running a formal **Safeguarding Children L3 Training - Booking is essential for this session as numbers are limited; please email me to book a place shelley.mitchell1@nhs.net**. This is the same session run by Jo throughout the year at Landmark House and West Suffolk House, which you may have already done or booked onto. If you can't make it on 22nd, please contact [Caroline Pyrozuk](#) for other dates.

Either session will count towards your required hours at the appropriate level for nurses and GPs (level 3). [Download flyer](#)

[Back to top](#)

10 **Dementia Education Evening – Wednesday 5 June**
Trinity Park Conferences and Events Centre, Felixstowe Road, Ipswich, IP3 8UH

We are delighted to welcome Dr Elizabeth Barrett to speak at our next evening education event focusing on Dementia. Dr Barrett is a retired GP from Nottinghamshire and co-author of [Dementia Revealed - What Primary Care Needs to Know](#).

The Dementia Together team will also present on the evening, giving an overview of services locally including a patient perspective.

For more information, please take a look [HERE](#) and to book your place, please email shelley.mitchell1@nhs.net.

[Back to top](#)

11 **PACT (Primary care and Community care Training Hub)**



Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local

people.

Please follow the link to [PACT Training Hub Newsletter Issue 83](#).

Click for the [Celebrating International Nurses day newsletter](#).

[Back to top](#)

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

CONTACT

12 **Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).**

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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[Back to top](#)

DID YOU KNOW...?

13 **Dying is something we need to plan for and should be talking about...**

Click [here](#) for further information on 'Dying Matters'.

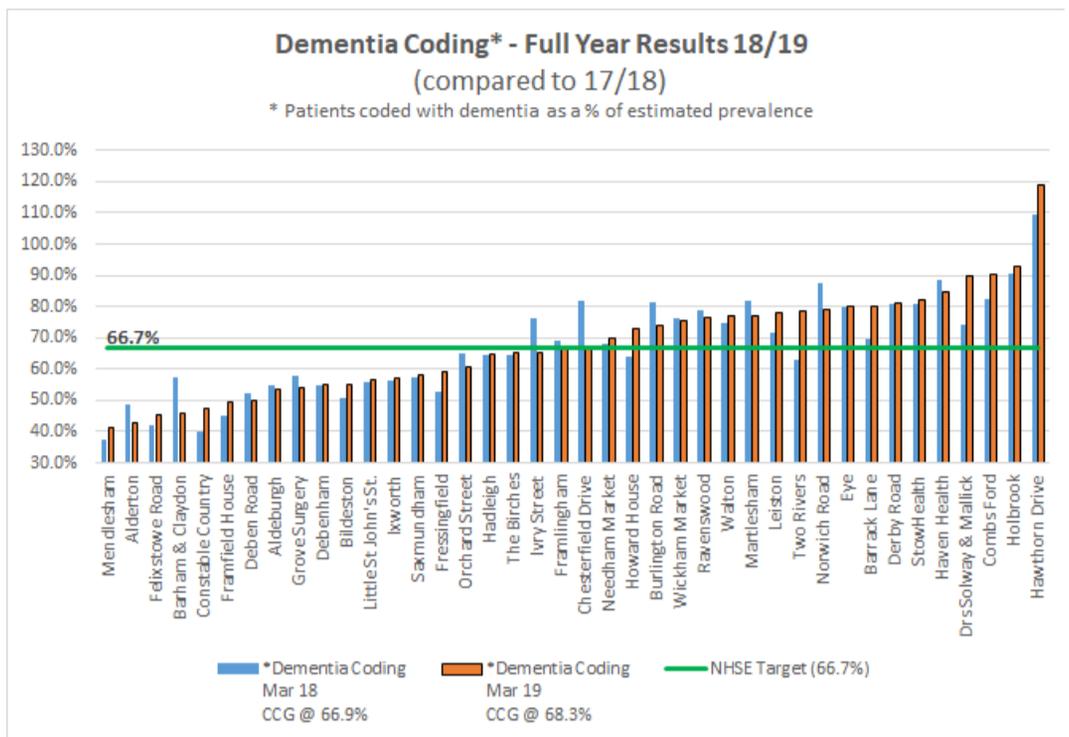
[Back to top](#)

CHART OF THE WEEK

14 We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at Dementia Coding – Full Year Results 2018-2019.



[Click on chart to enlarge](#)

[Back to top](#)