

Newsletter

Issue. 104

27 May 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

Giving All You Have – An Inspirational Story	This article appeared in the East Anglian Daily Times on 21 st May and is a heart-warming story of one seven-year-old girl's donation to Saxmundham Health's bid to support the Covax initiative.
Community Enuresis Service	The Community Enuresis Service provides assessment and advice, offering nocturnal enuresis alarms, recommending and monitoring medical treatment (prescribed by the GP) where appropriate. The provision is delivered using systematic, reliable and consistent processes for assessing the individual child or young person in order to ensure effective and evidenced based therapeutic intervention. The service is keen to reiterate that it does accept referrals for CYP from ages 5 to 19 years old and they are keen to support individuals from the younger ages when possible.
Phlebotomy	The CCGs and ESNEFT would like to remind practices of phlebotomy best practice in relation to tourniquets, as highlighted in this Nursing Times article . As such we strongly recommend the use of single-use tourniquets within the Suffolk and North East Essex ICS. These can be ordered with the following code – <i>FWJ113 Tourniquet Single Use Latex Free Band Type Blue Smooth Finish Box 25 (Medicare TBBN25 5060040790076) £0.78p, box of 25.</i>
New LeDeR Website and Notification Site	<p>The new LeDeR (learning from lives and deaths of people with a learning disability and autistic people) website and notification site replace the previous Bristol University version. The way in which a death is notified remains the same.</p> <p>This follows the introduction of a new policy for LeDeR. From 1 June there will also be a new process for reviewers to follow, with training and a new web platform for the LeDeR workforce.</p> <p>Under the new arrangements, all notifications of a person's death will receive an initial review that will include talking to their family or people who knew them well, talking to their GP or looking at the GP records, and talking to at least one other person involved in the person's care. If a more detailed review is needed, a focused review will follow.</p> <p>All people from an ethnic minority background will receive a focused review. Families can say if they think a focused review is needed.</p>
New Service for People with Severe Mental Illness	<p>Healthy Together is a new service to support the physical health of people with severe mental illness.</p> <p>You can read all about it in this press release from NSFT.</p> <p>Access to the service is via NSFT.</p>
Why Bipolar Patients Don't Take Their Meds	<p>Please click here to access a press release from NSFT about why bipolar patients do not take their medication.</p> <p>This link takes you to an article from the Cambridge University Press on the same topic.</p>
Suicide and Self-Harm Prevention	NSFT is developing a joint Suicide and Self-Harm Prevention Strategy to guide services over the coming years. They are seeking views and guidance from service users, carers, staff, partners and third sector organisations.

<p>Strategy: Online Survey</p>	<p>The survey is available here.</p> <p>For more information or to request hard copies of the survey, please email: NSFTzerosuicideambition@nsft.nhs.uk</p> <p>The deadline for completion is Monday, 14 June.</p> <p>Thank you in advance for your help with this.</p>
<p>NHS App Queries</p>	<p>If your practice receives queries from patients regarding the NHS App, please advise them to contact the NHS App Helpline, whose details are included on the app, or to go to https://www.nhs.uk/contact-us/nhs-app-contact-us/. The NHS App is run centrally and CCGs have no input into its content or functionality.</p> <p>However, you may be interested in one recent NHS App development.</p> <p>From 17th May 2021, patients in England who have had a full course of the COVID-19 vaccine can demonstrate their COVID-19 vaccination status for international travel and check their Covid-19 vaccination record within the NHS App. For more information on this and suggested comms information for GP practices click on this url: https://digital.nhs.uk/services/nhs-app/nhs-app-guidance-for-gp-practices/covid-19-vaccination-status</p>
<p>Primary Care Safeguarding Bulletin</p>	<p>Please click here to access the May 2021 edition of the Safeguarding Bulletin for Primary Care.</p>
<p>The Great East Run</p>	<p>The Great East Run is a mass participation running event. Participants complete a 10km course in and around the Ipswich area on Sunday 19 September 2021.</p> <p>It is part of the “Most Active County” outreach programme.</p> <p>What is the outreach programme?</p> <p>The outreach programme is targeted at physically inactive adults (doing less than 30 minutes moderate to vigorous physical activity per week). It challenges those taking part to undertake regular weekly training to prepare for and take part in the 10km run on 19th Sept. In doing so it aims to create long term behaviour change and support individuals to become more active for life.</p> <p>How to get involved</p> <p>Further details about the programme can be found on the website: www.macoutreach.com</p> <p>Closing date for applications is 14th June.</p> <p>Further information</p> <p>Contact the programme coordinator, Carol Lukins by email: carol.lukins@suffolk.gov.uk or phone: 07955 735514.</p> <p>Practices may want to display this poster.</p>
<p>National Workforce Reporting Service (NWRS) Changes</p>	<p>The new National Workforce Reporting Service (NWRS) will be instantly recognisable and similar to systems already in use across the NHS, making it easier to navigate and complete. The key change is that from July 2021 you will access the service using the Strategic Data Collection Service (SDCS), using the same login you use to complete other data collections, such as the General Practice Annual Electronic Self-Declaration (eDEC). If you don't have an account, NHS Digital will help you to create one.</p>
<p>ESNEFT Staff Newsletter</p>	<p>You can view the latest edition of ESNEFT's staff newsletter here.</p>
<p>Living Well/Dying Well – Webinars 01/06/21 and 15/06/21</p>	<p>You are invited to attend a webinar presented by 3 Nations Dementia Working Group on Tuesday 1st June (11am to 12pm). It is the first of two sessions on the subject of Living Well/Dying Well.</p> <p>Please click the link below to register your place: https://alzheimers.zoom.us/webinar/register/WN_LiyFNvCSSb-tGJ8Vy8e1Sg</p> <p>Part two takes place on Tuesday 15th June (11am to 12pm)</p> <p>Registration Link:</p>

	<p>https://alzheimers.zoom.us/webinar/register/WN_dUn2sdQSQZeXfe_p33VhYA</p> <p>Recordings of previous sessions from 3 Nations Dementia Working Group can be accessed here.</p>
NSFT Psychology in Schools Training - Challenging Behaviour	<p>You can access the latest NSFT Psychology in Schools webinar, on the subject of Challenging Behaviour, here. The passcode for this is: GPeducation2020</p> <p>You can find all the NSFT Psychology in Schools webinars, plus supporting material at this link.</p>
NSFT Psychology in Schools	<p>Please click here for details of NSFT's Psychology in Schools Team programme of parent/carer workshops. In addition, you can access information about the Team's Parent/Carer workshops, including links to recordings on YouTube, here.</p>
ICS Briefing	<p>The Suffolk and North East Essex Integrated Care System briefing, released on 21st May, for stakeholders and community leaders can be accessed here.</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
www.ipswichandeastsuffolkccg.nhs.uk 01473 770000

Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)