



Weekly Inbox

02 Dec 2019 Issue 351

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner

PM: Practice Manager

Ad: Administrative staff (including medical secretary, care navigator)

PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)

OC: Other clinicians (including ECP, Pharmacist, PA)

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1. Pre-registration Pharmacists in General Practice 2021/2022: Information for Prospective Host Sites

Clinical pharmacists are increasingly working as part of general practice teams. They are highly qualified experts in medicines and can help people in a range of ways. This includes carrying out structured medication reviews for patients with ongoing health problems and improving patient safety, outcomes and value through a person-centred approach.

Please click [here](#) to read more about the Pre-registration Pharmacists in General Practice 2021/2022 Information for Prospective Host Sites.

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2. DXS Update – Changes to Folder Structure

Further to the previous DXS update, you will notice that there is a new folder structure on the DXS tree. The number of folders has been reduced by moving some of the specialty folders into the relevant hospital folder. It is hoped that this structure, which resembles the layout within SystmOne Forms, will improve the ease of searching for referral forms and guidance. Should you still wish to search by specialty, a 'Landing Pages' folder has been created with landing pages for each specialty.

If you would like to comment on the new structure, or have any queries relating to the information on DXS, please contact wscg.pathwaycontentfeedback@nhs.net.

For technical queries, please continue to contact the DXS helpdesk by emailing support-uk@dxs-systems.com or phoning 0800 028 0004.

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3. Online mental health resources for your patients

Please take a look at this [quick reference guide](#) to online mental health resources for your patients which has been developed by Dr John Hague.

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4. Kooth Festive Season poster and video

Key messages for professionals:

- The festive period can be a difficult time for young people. It's important to remind young people that Kooth is available during this time.
- E-poster - please print and display as appropriate and circulate to colleagues and young people.
- The Kooth video can also be shared with young people and colleagues: <https://vimeo.com/318731977/a9f32c87de>
- If you would like to book a professionals Kooth information presentation or request Kooth resources please get in touch.

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Please find poster and video linked [here](#).

5. Dermatology

The CCG are working with Dermatology clinicians and managers at the East Suffolk and North East Essex Foundation NHS Trust Ipswich site to support them in managing the demand that flows into the hospital but ensuring that only the most appropriate patients are referred for a face to face consultation. As part of this work, the Dermatology team would like to engage with any GPs or Nurse Practitioners who have a special interest in Dermatology. This is to help improve links with primary care to enable patients to be managed out of the acute setting where appropriate.

As well as this we would also like to understand what practices have a dermatoscope and if this is being used?

Please could you email Alison Sadler with your response to the questions above.

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PM Ad

6. Care Navigator News

Please find [here](#) the latest edition of the Care Navigator news.

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7. SEND Practitioner Brief November 2019

Please follow link to read the first Suffolk SEND Practitioner Briefing:

<https://sway.office.com/eeWOyNZqQ3CZLih?ref=email>

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PM Ad

8. ICUsteps

This is a group run by patients to support those who are recovering from critical care and critical illness. More information can be found on the ICUsteps [website](#).

There is a leaflet/poster [here](#) for display in your practices with 2020 dates.

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GP

9. Research Alert

Please find [here](#) the latest Research Alert from the Primary Care Unit at the University of Cambridge. This is primary care research on improving quality of life in heart failure patients and how to increase advance planning rates.

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10. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

Vacancies include:

- Salaried GP (with the possibility of future Partnership) – Holbrook and Shotley
- Physician Associate – Leiston Surgery

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11. East of England Social Prescribing peer support workshops for PCN Link Workers

Please find attached [here](#) details of the forthcoming STP/ICS wide peer support workshops for local Social Prescribing Link Workers

This is the first of 2 for your STP/ICS between now and March 2020 (the second will be on 3rd March in Bury St Edmunds)

The first is on 14 January in Colchester between 1pm and 4pm at the Mark Tey Hotel, Colchester

This is a free event aimed primarily at new PCN Social Prescribing Link Workers, however all link workers involved in delivering social prescribing are eligible to register.

Please note the event is only available to social prescribing link workers

Registration for the event will be direct through NHS England / Improvement and the link to register will be circulated shortly. If you know Link Workers that would like to attend, please ask them to email sian.brand2@nhs.net

In the meantime, please hold the date in your diaries.

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EDUCATION & TRAINING

GP

12. Reminder: Drug, Alcohol & Substance Misuse and Mental Health: 4 December 2019

The next session in our series will look at how the drug and alcohol treatment service can benefit GPs and patients. Our key speakers are **Nick Allard**, Recovery and Integration Manager with the Suffolk Recovery Network and **Carl Chatfield**, a peer mentor working with Turning Point who has lived-experience of alcohol, drug and mental health issues.

Wednesday 4 December 2019, 7.30-9.30pm with dinner available from 6.45pm. Trinity Park Conference & Events Centre, Felixstowe Road, Ipswich IP3 8UH

Please contact shelleyhart@nhs.net to book your place and if you have any special dietary requirements please let us know.

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PM

13. Practice managers – funded coaching and mentoring opportunity

Following the success of the last coaching and mentoring programme, and positive feedback from those who took part, practice managers are again being offered free [coaching and mentoring sessions](#) between January and March 2020. Places are limited and are offered on a first-come first-served basis. The deadline for expressions of interest is **midnight 4 December**.

For more information, please email england.gpdevelopment@nhs.net. Please share this information with any practice managers you know who may benefit from this opportunity.

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14. Training and Education Afternoon 11 December 2019: A Rash Diagnosis?

Our next education and training afternoon is on Wednesday 11 December, at Trinity Park. Our headline topic this month is Dermatology and this month we have a double-header for this important topic for primary care. We welcome local GP Dr Debs Banerjee, followed by Chris Cook from ESNEFT on Lesion Recognition. This month's event will also have speed dates on stroke, diabetes and FIT testing, Practice Pharmacist Network meeting, PCN Clinical Directors meeting and Care Navigator Forum.

We hope to see you there. As ever it helps with planning if we have an idea of numbers so if you are planning to come please email shelleyhart@nhs.net

[Download agenda](#)

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15. Care Navigator Forum 11 December 2019

The next Care Navigator forum will be held on 11 December 2019, 2pm at Trinity Park, Ipswich. (Lunch available from 1:30pm). The forum is for 1 or 2 Care Navigators to attend from each Practice, preferably those who attended the previous forums to enable continuity. Please notify [Emily Rutherford](#) of the names of your Practice's Care Navigators who will be attending if you have not already done so. Please click [here](#) for the agenda.

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16. Save the Date – Practice Managers 11 December 2019

The CCG have decided to book a room at Trinity Park on 11th Dec 1 – 2pm (over lunch which is provided)...for Practice Managers. This is mainly aimed at new practice managers and new deputies as we have had a few over the past 12 months. It is a networking session with no set agenda (there may be a round of introductions!). The Primary Care Team will be there and we will be showcasing the new practice manager pack and asking for feedback. We are there to answer any questions and it is mainly for you to talk and meet each other. All longer serving managers are still welcome and to share any knowledge you have, it is helpful for new practice managers to form relationships as a support network.

We will also hope to have the CCG IT team there and the Training Hub.

The feedback has been to make PM Forums more training based and we are working on this and hope to send some information out soon. Feedback was also that you don't get time to network and the time you get at the PM forums isn't enough so we thought with several new members holding this informal session may be useful!

Please do let us know by **Thursday 05 December** if you would like to come along to this event by emailing either [Jennifer Burman](#) or [Laura Krolik](#).

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17. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 112 – 27 November 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub

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CONTACT

18. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **lps6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)

[NHS England](#)



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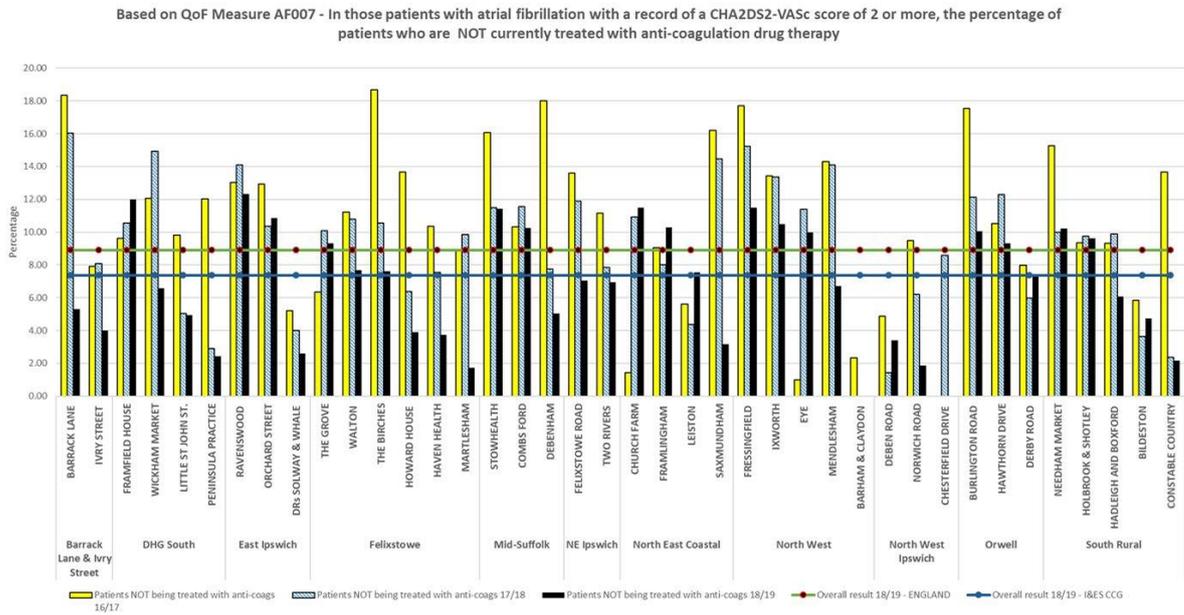
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CHART OF THE WEEK

19. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Based on QoF Measure AF007 – In those patients with atrial fibrillation with a record of a CHA2DS2-VASc score of 2 or more, the percentage of patients who are NOT currently treated with anti-coagulation drug therapy.



Anticoagulation is the recommended treatment for most AF patients with an immediate to high stroke risk. This week's chart uses the latest QoF data to illustrate where AF patients in Ipswich and East Suffolk CCG are not being treated this way and how the pattern has changed over the last three years. Treatment without anticoagulation may, of course, be entirely appropriate but it is worth checking that AF patients are receiving the most appropriate treatment. The CCG would like to encourage you to discuss this with the other practices in your PCN.

[Click on chart to enlarge](#)

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