



# Weekly Inbox

07 Oct 2019 Issue 343

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP: General Practitioner**

**PM: Practice Manager**

**Ad: Administrative staff (including medical secretary, care navigator)**

**PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)**

**OC: Other clinicians (including ECP, Pharmacist, PA)**

### FOR INFORMATION

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- [Suffolk How Are You?](#)
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## FOR INFORMATION

**OC GP PM Ad PN**

### 1. Notification of Death Regulations 2019

The Notification of Deaths Regulations 2019 were laid before Parliament on 15th July 2019 and into force on 1st October 2019.

As a result of the Notification of Death Regulations 2019 a senior coroner should expect to receive notification of deaths in the circumstances detailed [here](#).

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**OC GP PM Ad PN**

### 2. Suffolk Respiratory Group Meeting

Please find [here](#) information regarding Children with asthma in Primary Care: Diagnosis and acute management meeting at The Suffolk Food Hall, Ipswich.

Places are limited so please book early if you would like to attend.

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**OC GP PM Ad PN**

### 3. How to implement online consultations...

Please see the link below to the online consultations implementation toolkit that was mentioned in Monday's Digital deep dive at the GPFV Delivery Group.

Please click [here](#).

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#### 4. [Suffolk How Are You?](#)

As part of the new Public Health campaign about eating well, moving more and sleeping well for Good Mood, Stress Less and More Energy please find attached the [How Are You Poster](#) and the [Suffolk How Are You Z Card](#).

**Suffolk How Are You?** was launched on the 17<sup>th</sup> September 2019 and is running until March 2020.

As part of its commitment to patient wellbeing and high quality self-care and self-management, Ipswich and East Suffolk Clinical Commissioning Group (IESCCG) are working with Suffolk Public Health to run a campaign to promote healthy lifestyles to residents and employees in the IESCCG area.

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#### 5. [Local Vacancies](#)

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

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### SOCIAL PRESCRIBING

#### 6. [Coming up.... Connect for Health Stowmarket](#)

The next Connect for Health Launch event is being held in Stowmarket on Wednesday 9 October 2019 at The Mix, IP14 1BB between 9.30am – 12.30pm. This event will give you an opportunity to learn more about Connect for Health and some of the organisations available in your area. Please drop in if you are able and promote to your patients.



**CONNECT  
for health**  
Being Well Together

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### EDUCATION & TRAINING

#### 7. [Mental Health & Emotional Wellbeing Evening Education Series - Wednesday 16 October: Learning Disabilities](#)

Our next evening education event will focus on Learning Disabilities.

Date: Wednesday 16 October 2019

Time: 6.45pm for two-course supper. Education 7.30pm – 9.30pm

Venue: Trinity Park

The evening is FREE to all staff working in general practice in Ipswich and east Suffolk. To book your place please email [shelleyhart@nhs.net](mailto:shelleyhart@nhs.net) and for more information please click [here](#) to view the flyer.

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#### 8. [Workforce Trans Awareness Training for Healthcare professionals in November](#)

This training is to increase participant's knowledge and skills when working with people who identify as transgender, enabling them to work more confidently and compliantly within current legislation and guidance.

To read more about this free course and to find the Eventbrite link, please click [here](#).

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#### 9. [ARPT Accredited Spirometry Course](#)

Please find information below regarding the ARPT Accredited Spirometry Course that is taking place in November and January for healthcare professionals who are responsible for performing, recording and interpreting spirometry in adults, or a combination of these. The course is available at both 'Foundation' (performing only) and 'Full' (performing and interpretation) level.

To express your interest in undertaking this course please complete the specific expression of interest form in this [document](#), this document contains more detailed information.

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## 10. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 104 – 3 October 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

*The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.*



Suffolk & North East Essex  
Primary Care Training Hub

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## DID YOU KNOW...?

### 11. New prescribing committee for the Integrated Care System

The first Suffolk and North East Essex Area Prescribing Committee was held in August. This is a new and vital group which will enable joined up safe, high quality and cost effective prescribing for our patients across our system. The first meeting included Chief Pharmacists from ESNEFT, West Suffolk Foundation Trust, NSFT, North East Essex CCG, West Suffolk CCG and Ipswich and East Suffolk CCG.

The terms of reference for the group were discussed, and standing items on the agenda include drug safety, antimicrobial stewardship, Integrated Care System (ICS) formulary development and ICS-wide shared care agreements.

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## CONTACT

### 12. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.

#### Want to become a Dementia Friend?

**Watch an online video** by clicking [here](#) and entering your unique code: **ips6900** (for all Ipswich & east organisations)



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

#### Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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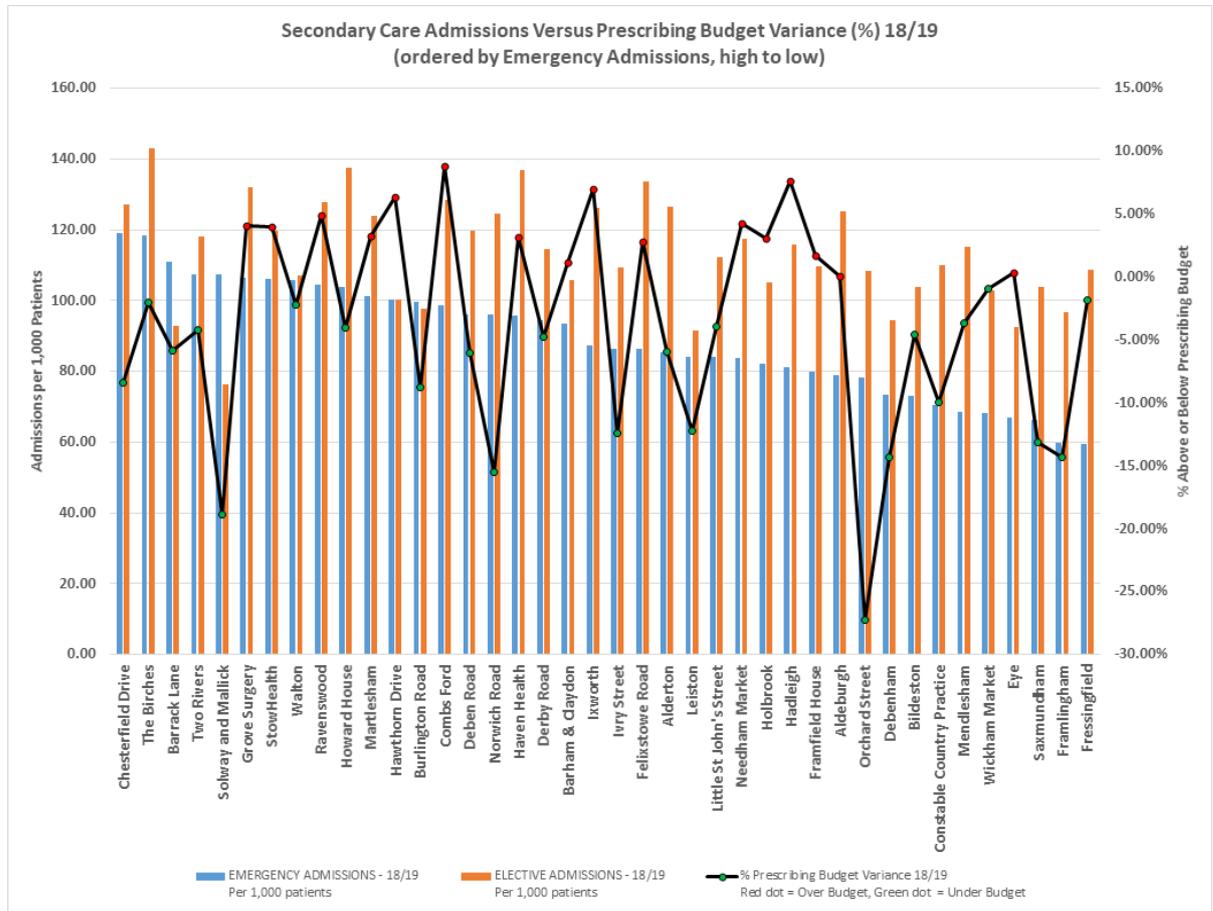
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## CHART OF THE WEEK

13. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Secondary Care Admissions Versus Prescribing Budget Variance.

Some of the GPs who are taking part in the Clinical Leadership course suggested that it might be useful and interesting to explore if there is a correlation between prescribing and elective and emergency admissions. It would appear there isn't a correlation.



[Click on chart to enlarge](#)

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