

Newsletter

Issue. 79

27 November 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p>Coronavirus Vaccine Volunteer Opportunities</p>	<p>We are looking for volunteers from across Essex and Suffolk to lead our fight against coronavirus – you could be part of it!</p> <p>Working with NHS colleagues across the two counties, we are gearing up in the next few weeks to be ready to deliver a COVID-19 vaccination programme.</p> <p>We are now seeking great volunteers to work as stewards.</p> <p>This is an exciting opportunity for you to join us and play your part in protecting the community and saving lives.</p> <p>Local vaccination centres will be open from 8am-8pm seven days a week. We are looking for people to start as soon as to enable the local vaccination centres to be ready from 1 December 2020 to March 2021.</p> <p>There are opportunities to work flexible hours, with a minimum commitment of four-hour shifts. At this stage, we are looking for people to work until March 2021.</p> <p>If you are interested in joining this unique new team please contact us by email at epunft.recruitment.covid-19@nhs.net</p> <p>Please see our web page for full details: : https://eput.nhs.uk/about-us/working-at-eput/vaccine-recruitment/</p>
<p>Supporting Post-Covid Recovery</p>	<p>In issue 77 of this Newsletter, reference was made to resources available to support post-Covid recovery. This included reference to a website called “Your Covid Recovery” (https://www.yourcovidrecovery.nhs.uk/). This site contains an abundance of free material for people to access. Reference was also made to an online interactive platform, but please be aware that this has not yet been rolled-out. Comms will be issued when it is ready to use.</p>
<p>Covid Research</p>	<p>Two lots of Covid research to share with you (see below). One from National Institute for Health Research (NIHR) and another from Norfolk & Suffolk Primary & Community Care Research Office at NHS Norfolk and Waveney CCG.</p> <p>Covid Research – NIHR Covid Research - Norfolk & Suffolk Primary & Community Care Research Office</p>
<p>Ophthalmology</p>	<p>Ipswich Hospital have produced the document below which includes information regarding staff, equipment and future plans, which you might find useful.</p> <p>Ophthalmology Guide</p> <p>Consultant ophthalmologist Deepak Vayalambone will be presenting at our training event on 2 December (see training event article below, pg.3)</p>
<p>Turning Point</p>	<p>Please see below a link to a flyer for the Young People’s Drug & Alcohol Service at Turning Point. We are aware that one of the impacts of Covid-19 has been that the number of referrals to this service has decreased significantly.</p> <p>Turning Point Youth Service Flyer</p>

<p>Dementia Together</p>	<p>Dementia Together have continued to be operating within the restrictions of the Coronavirus outbreak and the UK Government, Public Health England guidelines throughout CV19 and will continue to do so. The helpline will continue to be available 7 days a week for continuous support throughout this difficult time.</p> <p>Dementia Together Navigators will also be able to complete a detailed assessment over the phone offering support, education and a listening ear throughout this difficult time.</p> <p>Free phone: 08081 688 000</p> <p>Monday to Friday, 9am - 6pm. Saturday, Sunday & Bank Holidays, 10am - 4pm</p> <p>Please continue to refer to Dementia Together, if you can refer your patient and carer at the same time as the CMAS referral they will ensure that they are both supported through their journey, whether they have a diagnosis of dementia or not. Dementia Together can also link with external services including NSFT and social care as well as social prescribers and additional support, as well as working with GPs and Dementia Nurses within primary care so they are aware of where their patient is within the system and flag any concerns they have if their condition worsens.</p>								
<p>Transgender Feedback</p>	<p>The Nottingham Centre for Transgender Healthcare (NCTH) with Cambridge and Peterborough Partnership NHS Foundation Trust are at the very early stages of a scoping exercise for a potential transgender healthcare service for people in the east of England. At this stage they are looking for your feedback to help us design the service. If you have five minutes to spare, please consider completing the form here.</p>								
<p>Carers Rights Day 2020</p>	<p>Each year organisations from across county join forces to promote Carers Rights Day, a national event run by Carers UK. The day aims to empower carers by providing the information and support they need to feel confident in asking for the help they are entitled to.</p> <p>To find out more please visit the Suffolk Family Carers website.</p> <p>Carers Rights Leaflet</p>								
<p>Teledermatology</p>	<p>Thank you to all practices who completed the Teledermatology user feedback survey in September. The service has been running successfully for several months:</p> <ul style="list-style-type: none"> • Over 440 requests received from over half of IES practices. • 87% of requests have been responded to within 3 working days. • 47% of referred patients are not needing to attend secondary care and can be managed in primary care. <p>We have been working with Rego to respond to feedback and make further improvements to the system.</p> <table border="1" data-bbox="432 1956 1401 2420"> <thead> <tr> <th data-bbox="432 1956 916 2019">You said:</th> <th data-bbox="916 1956 1401 2019">What we did:</th> </tr> </thead> <tbody> <tr> <td data-bbox="432 2019 916 2151">It is not always clear which fields are mandatory to complete before the Rego template can be sent.</td> <td data-bbox="916 2019 1401 2151">Mandatory fields are now highlighted by a red dot on the Rego template.</td> </tr> <tr> <td data-bbox="432 2151 916 2249">It is not always clear whether a request has been sent properly.</td> <td data-bbox="916 2151 1401 2249">Incomplete requests can now be seen in the 'saved' tab on Rego.</td> </tr> <tr> <td data-bbox="432 2249 916 2420">It is difficult for secretaries to make referrals on ERS if recommended as the link from Rego requires a GP smartcard.</td> <td data-bbox="916 2249 1401 2420">A smartcard workaround is being put in place so secretaries will be able to make referrals on behalf of GPs.</td> </tr> </tbody> </table> <p>We would like to encourage practices to use the Rego Teledermatology service for adults with skin lesions as this will result in a faster more efficient diagnosis, avoiding long waits and uncertainty for your patients. The service is not suitable for under 16s or patients with rashes. If you have any questions regarding the service, clinical or technical, please contact caroline.wells@suffolk.nhs.uk.</p>	You said:	What we did:	It is not always clear which fields are mandatory to complete before the Rego template can be sent.	Mandatory fields are now highlighted by a red dot on the Rego template.	It is not always clear whether a request has been sent properly.	Incomplete requests can now be seen in the 'saved' tab on Rego.	It is difficult for secretaries to make referrals on ERS if recommended as the link from Rego requires a GP smartcard.	A smartcard workaround is being put in place so secretaries will be able to make referrals on behalf of GPs.
You said:	What we did:								
It is not always clear which fields are mandatory to complete before the Rego template can be sent.	Mandatory fields are now highlighted by a red dot on the Rego template.								
It is not always clear whether a request has been sent properly.	Incomplete requests can now be seen in the 'saved' tab on Rego.								
It is difficult for secretaries to make referrals on ERS if recommended as the link from Rego requires a GP smartcard.	A smartcard workaround is being put in place so secretaries will be able to make referrals on behalf of GPs.								

<p>The Next Training & Education Afternoon – Wed 2 December</p>	<p>Our December event includes Ophthalmology (2pm – 3.15pm) and Diabetes (3.45pm – 5pm).</p> <p>Consultant ophthalmologist Deepak Vayalambone will be giving a presentation on common eye problems and improving diagnosis in primary care. This will be followed by an Update on the new contract for Healthier You! The National Diabetes Prevention Programme – NDPP2 and a presentation on the diabetic foot with Andy Barker, Podiatry Team Leader and Clinical Specialist with the GP Fed, who will be joined by Duncan Fowler, Consultant diabetologist and diabetic foot lead, to help answer your questions. There will be Q&A with all speakers so have your questions ready! View Agenda</p> <p>Other sessions</p> <p>Primary Care Nurse Forum (2pm – 3.30pm)</p> <p>Topics include: screening & immunisation, social prescribing, respiratory and virtual group consultations. View full Nurse Forum agenda. Nurses can then join the diabetes session as part of the main programme.</p> <p>Care Navigator Forum will be meeting at 2pm. This is open to all care navigators and reception staff working in primary care and is an opportunity for support and discussion. We will be hearing the latest news from the GP Federation services and about the new cancer care navigator service at Ipswich hospital. Contact Jenny Lawton for more information. View agenda</p> <p>The East First5 Group will be meeting at 4pm. This is open to anyone within their first 5 years of being a GP. The group will have a guest speaker discussing Hospice work and Palliative Care. Contact Tracey Lincoln info@thegphub.org for more information.</p> <p>PCN Clinical Directors meeting takes place at 5pm. Please follow the link in your invitation.</p>												
<p>Training and Education videos</p>	<p>A recording of the prescribing session from November’s education afternoon is now available to view on the CCG website with the appropriate login/password.</p> <p>The recording of last week’s evening session on handling disclosure of sexual abuse is also now available to watch online.</p>												
<p>Level 3 Joint Safeguarding Children & Adult Training</p>	<p>Training dates for Level 3 Joint Safeguarding Children and Adult Training for GPs and Primary Care Staff only</p> <p>26 January 2021, 2.00 pm to 4.00 pm, via Microsoft Teams – to book a place, please book here .</p> <p>25 February 2021, 9.30 am to 11.30 am, via Microsoft Teams – to book a place, please book here</p> <p>24 March 2021, 2.00 pm to 4.00 pm, via Microsoft Teams – to book a place, please book here</p>												
<p>Cancer Diagnostics Session 25/11/2020</p>	<p>Following the education session on 25 November, please see below documents and links as follows:</p> <ul style="list-style-type: none"> • Diagnostics session recording • Feedback form • Dr Alice Parr PowerPoint slides - Cancer Diagnostics <p>We are keen to understand how useful you found the session and if there’s anything else we can do to support you, so please use the link above to give some feedback. The GPs have asked for your thoughts on future talks/interests on cancer that you would like at future cancer education sessions. Please forward any ideas to Kelly.worger@suffolk.nhs.uk</p> <p>Forthcoming cancer education sessions:</p> <table border="1" data-bbox="427 2504 1402 2708"> <thead> <tr> <th>Date</th> <th>GP</th> <th>Agenda Item</th> <th>Link</th> </tr> </thead> <tbody> <tr> <td>Thurs 21 Jan 2021</td> <td>Peter Holloway</td> <td>RDC Development</td> <td>Click here to join Cancer Education Session on RDC Development</td> </tr> <tr> <td>Wed 10 Mar 2021</td> <td></td> <td>Red Whale and PCN DES</td> <td>Details to follow</td> </tr> </tbody> </table>	Date	GP	Agenda Item	Link	Thurs 21 Jan 2021	Peter Holloway	RDC Development	Click here to join Cancer Education Session on RDC Development	Wed 10 Mar 2021		Red Whale and PCN DES	Details to follow
Date	GP	Agenda Item	Link										
Thurs 21 Jan 2021	Peter Holloway	RDC Development	Click here to join Cancer Education Session on RDC Development										
Wed 10 Mar 2021		Red Whale and PCN DES	Details to follow										

<p>Calling all Current & Prospective Training Practices – International GP</p> <p>01/12/2020 12:30pm</p>	<p>Following the introduction of an NHS commissioned virtual language school, which continued to run during COVID-19, we are pleased to say we now have a pipeline of International GPs (IGPs) looking for practices.</p> <p>We would like to engage with practices and PCNs/larger practice groups who would be interested in hosting an IGP, and to facilitate this and following the success of the two previous events we are holding an extra virtual drop-in event specifically for clinicians and practices to come along and gain more information about the scheme. The event will take the format of a Q&A session with representatives from Health Education England (HEE) and the national and local IGPR teams, as well as the East of England Medical Director Dr Alistair Lipp.</p> <p>This will be held on Tuesday 1 December @12.30 Click here to join the meeting on the day.</p> <p>The event will last for 45 minutes, and you are welcome to join in at any point during the session depending on when is convenient for you. If you are interested in finding out more and plan to attend the event, or are interested but unable to make the event and would like more information, then please contact Sonia Carnegie.</p> <p>Not a training practice? No problem, please feel free to also express an interest/come along to the event or contact your local IGPR team and alongside HEE we can work with you around gaining the necessary accreditations.</p>
<p>Latest ICS Briefing</p> <p>23/11/20</p>	<p>The latest Suffolk and North East Essex Integrated Care System briefing for stakeholders and community leaders can be accessed here.</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
www.ipswichandeastsuffolkccg.nhs.uk 01473 770000

Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)