



# Weekly Inbox

18 FEB 2019 Issue 310

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP: GPs**

**PM: Practice Manager**

**Ad: Administrative staff (including medical secretaries, receptionists)**

**PN: Nurses (including HCAs, Practice Nurses, ANPs)**

**OC: Other clinicians (including ECP, Pharmacists)**

### FOR INFORMATION

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- [Free 'Primary Care and Cancer Matters' – Wednesday 15 May](#)
- [PACT](#)

### CONTACTS and USEFUL LINKS

- [Contact us](#)

### DID YOU KNOW...?

- [Did you know..? Parents and Carers Together](#)

### CHART OF THE WEEK

- [Chart of the Week: Ipswich and east Suffolk Cumulative Achievement against Dementia Coding Target of 66.7% \(at January 2019\).](#)

## FOR INFORMATION

**OC GP PM Ad PN**

### 1 The NHS Long Term Plan and the GP Contract

You will no doubt be aware of two important documents recently published relating to how primary care (and the wider NHS system) will begin to operate, starting this year. We strongly advise practice staff read both documents, the links to which are below. There are also numerous summaries of both which can be found online. Please keep an eye on future editions of the Inbox for any meetings/events which the CCG will hold to support practices with these changes. The Primary Care Gateway email messages from NHS England will also be vital for disseminating any further key updates - Practice Managers should receive these.

- [The NHS Long Term Plan](#)
- [The NHS Long Term Plan Summary](#)
- [The 2019/20 GP Contract](#)
- [The GP Contract Summary](#)

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**OC GP PM Ad PN**

### 2 Suffolk Safeguarding Adults Framework

The [Suffolk Multi-Agency Safeguarding Adults Framework](#) has been launched. This does not replace the NHS App and NHSE Guidance, but rather provides you with a Framework that complements the NHS guidance, utilising a common safeguarding language across health, police and social care. If you have any queries, please contact [Christine Hodby](#).

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**OC GP PM Ad PN**

### 3 SEND 16+ Transitions Guide Available

A [4-page booklet of the SEND 16+ Transitions Guide](#) has been produced, in addition to the link sent previously for the digital and full version. This can be found on the [Local Offer website](#).

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## 4 NHS Health Checks Clarification

### 1. Are you claiming for all your NHS Health Checks?

- Could practices please send in claims for completed NHS health checks promptly? A number of practices may have completed these checks and forgotten to send in.
- Click for the current NHS Health checks [claim form](#) and contact [publichealth.suffolk@nhs.net](mailto:publichealth.suffolk@nhs.net) for claims.

### 2. Cardiovascular Disease Risk score section

- Could the actual number be written in this box, please? The majority of practices are doing this already so thank you to those that are.

### 3. Point of care testing (POCT)

- POCT practices are receive £20 per check + £2 for any high risk patient-finger blood sample at the appointment - with result, one appointment only, saving staff time. Consumable cost met by Public Health.
- None POCT practices receive £25, the practice have to arrange the blood test, 2 x appointments and a separate follow up appointment.
- The POCT programme is funded by Public Health. If practices receive an invoice for any consumables (testing strips /solution), from BHR, please forward this to [publichealth.suffolk@nhs.net](mailto:publichealth.suffolk@nhs.net).

### 4. NHS Health Check Training

For all NHS Health Check e-learning resources, please go to:

- [NHS Health Check e-learning course](#)
- [e-Learning for Healthcare MHS Health check programme](#)
- [The Best Practice Guidance document on NHS Health Checks](#)

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## 5 COPD Respiratory HOT Clinic - Reminder

A new COPD/Respiratory Hot Clinic initiative has been launched. Ipswich Hospital are offering a rapid access clinic to help patients with COPD avoid hospital admission. Patients that risk coming to the Emergency Department because their condition has suddenly worsened can be seen by a specialist on the same day or next day.

An information leaflet detailing the new service and details of how to refer can be found here [COPD Respiratory HOT Clinic leaflet](#). This service will run alongside our current admission avoidance service and you can refer using the same [referral form](#) as before. The clinic will be staffed by a specialist respiratory practitioner who will be able to carry out appropriate investigations, which could include blood tests, arterial blood gas tests, ECGs, chest X-rays and a respiratory physician (clinical lead) will review complex cases as necessary.

Following assessment, patients will be discharged with ongoing support in the community and GPs will be informed within 24 hours.

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## 6 The GP Support Hub is now Live! - Reminder

The GP Support Hub to support GPs across Suffolk is now up and running and officially launched last week. This [leaflet](#) outlines a few of their services.

If you are interested in any of the above, please get in touch with Jane & Michelle, GP Support Hub Managers, 01473 350 820 **Email:** [info@thegphub.org](mailto:info@thegphub.org) **Web:** [www.thegphub.org](http://www.thegphub.org) **Social media:** [@thegphub](#).

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## 7 What to do if I Fall? - Infographic

Please click [here](#) for an infographic on 'What to do if I fall?' that can be displayed on GP TV screens.

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## 8 [Local Vacancies](#)

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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## EDUCATION & TRAINING

### 9 Practice Manager Forum – Tuesday 12 March Holiday Inn Ipswich Orwell, Ransomes Europark, Ipswich, IP3 9SJ

The next Practice Manager Forum has been scheduled for Tuesday 12 March and will be held at Holiday Inn Ipswich Orwell, Ransomes Europark, Ipswich. Lunch will be available from 1pm.

The agenda can be found [here](#).

If you would like to attend, please confirm to [Jeni Burman](#) by **Friday 1 March 2019**.

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## 10 Trinity Park Event Feedback Request

We hope those of you who attended the training, education and development event at Trinity last week found it useful. The main presentations are now available on the [CCG website](#).

Your feedback is important to us and helps us with planning of future events. Please take a couple of minutes to complete the [Feedback Form](#). You can also use this form to request an attendance certificate if you would like one. Many thanks for your time.

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## 11 Free 'Primary Care and Cancer Matters' – Wednesday 15 May Wood Green, King's Bush Farm, Godmanchester, PE29 2NH

A FREE local education event on Primary Care and Cancer Matters. Please click on details below:

- [Save the Date flyer](#)
- [Agenda](#)
- [Please register here](#)

Please contact [Donna Reeve](#) with any questions.

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## 12 PACT (Primary care and Community care Training Hub)



Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 71](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

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## CONTACT

### 13 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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## DID YOU KNOW...?

### 14 Parents and Carers Together (Pact)

Parents and Carers Together (or Pact) is a Suffolk-based organisation that supports parents and carers of children and young people with mental health issues.

They have an updated leaflet about their support group and services to share to families/colleagues. Click on the image (right) to download.



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