

Newsletter

Issue. 98

19 April 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p>Ramadam – Supporting Staff and Supporting Vaccine Uptake</p>	<p>Please find below useful materials about how to support NHS staff during Ramadan, as well as helping to support vaccine take-up during this period.</p> <p>Please note, the BIMA has issued specific advice urging Muslims observing Ramadan not to delay getting the covid vaccine, drawing on analysis from Islamic scholars which says that injections for non-nutritional purposes do not invalidate the fast. There is no material of foetal or animal origin in either of the available vaccines. All ingredients are published on the MHRA’s website.</p> <p><u>Supporting Materials:</u></p> <ol style="list-style-type: none"> 1. Workplace considerations during Ramadan - how to support staff who may be fasting - https://www.england.nhs.uk/workplace-considerations-during-ramadan/ 2. Ramadan Questions and Answers for Workforce 3. Supporting Vaccine Uptake during Ramadan (see also: https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2021/04/supporting-covid-19-vaccine-update-during-ramadan-guide.pdf)
<p>Covid-19 Vaccinations. Frontline Health and Social Care Staff</p>	<p>NHSE has recommended that going forward, eligible frontline health and social care workers (HSCW) and carers who are unknown to the system will need to use PCN-led local vaccination services where possible. A communication has gone out to our local authority and system partners to advise them of the new process. Once eligibility has been confirmed they can still ring 0344 2573 961 (open 10am to 4pm, local rate) to get a vaccination appointment. Alternatively, they are being asked to call the practice where they are registered. PCN vaccination sites have been made aware and have been asked to ensure that processes are in place for the practices they are supporting.</p>
<p>Rheumatology Shared Care Queries</p>	<p>There is a new email address for all queries relating to Rheumatology Shared Care Agreements. With immediate effect please use the following:</p> <p>lh-tr.Rheumatology@nhs.net</p>
<p>Ramadam and Physical Activity</p>	<p>The Equality, Diversity and Inclusion team and the Get Help To Get Active service at One Life Suffolk have produced a comprehensive booklet with lots of helpful ideas on how to exercise safely during Ramadan. This has been co-produced with the Bury St. Edmunds Islamic Cultural Organisation and has been endorsed by the British Islamic Medical Association.</p> <p>This booklet is currently being translated into Bengali, Urdu and Kurdish (Sorani). Please contact One Life Suffolk for these translated versions or visit their website where they will upload them as soon as they are available. If you require this resource in any other languages, or if you require printed version, please contact One Life Suffolk.</p>
<p>Phlebotomy in West Suffolk</p>	<p>Please click here for information regarding the move to an appointment only based system for Phlebotomy in West Suffolk.</p> <p>A guide for GPs on registering for and using the Swiftqueue online booking system is available here.</p>

Stroke Recovery Service	<p>A partnership of health and care providers has now taken over responsibility for an early supported discharge service for stroke patients across Suffolk. The specialist service provides up to six weeks of intensive stroke rehabilitation in patients' own homes following their discharge from hospital, in turn helping them to optimise their mobility and independence. The contract has been awarded to the Suffolk Alliance, which is a partnership of East Suffolk and North Essex NHS Foundation Trust (ESNEFT), West Suffolk NHS Foundation Trust (WSFT) and Suffolk County Council and will run for the next five years. It will give alliance partners the opportunity to work more closely together to provide better joined up care for patients. The service will also link up with charity and voluntary partners, including Livability Icanho, who can offer additional support to patients. The alliance has taken responsibility for delivering the service from Norfolk Community Health and Care NHS Trust. Staff who provide the service have transferred to either ESNEFT or WSFT, which means that patients will continue to be cared for by the same team. For more information click here or email jodie.price@wsh.nhs.uk.</p>
Quality and Outcomes Framework (QOF)	<p>Due to the timing of Easter and the resulting loss of processing days, there has been an impact on the timing of the QOF aspiration payment for some areas this month. The calculation of the QOF payment has now been completed and authorised and has been transferred to National Health Applications and Infrastructure Service (NHAIS) for processing. If practices' core GMS/PMS/APMS contractual payments have not yet been processed for April, the QOF aspiration payment will be processed in conjunction with those core contractual payments. However, in areas where payment deadlines fall earlier in the month, and core GMS/PMS/APMS contractual payments have already been processed, the QOF aspiration payment will be processed separately. In these areas, and to ensure the QOF aspiration payment is made in line with the provisions set out in the SFE, there will be an additional payment run to ensure all QOF aspiration payments are made by the end of April. If you have any queries please email england.gpcontracts@nhs.net.</p>
Mental Health Update	<p>Please click here to access the latest update from Marie Gabriel, Chair of the Norfolk and Suffolk NHS Foundation Trust (NSFT).</p>
April 2021 Safeguarding Bulletin	<p>Please click here to access the April 2021 Safeguarding Bulletin.</p>
ESNEFT – Staff Newsletters	<p>You can view the latest editions of ESNEFT's staff newsletters here and here.</p>
Suicide Bereavement Survey	<p>Please see <i>attached</i> a request for health professionals to participate in a research study being led by the University of Strathclyde and the Mental Health Foundation. For this study, in addition to HP participants, the research team is seeking people who are aged over 60 and have experienced a bereavement by suicide. If you are able to support with this by sending to any relevant contacts and bereavement services, the research team would be most grateful. Please note that any further queries or correspondence need to be directed to the study lead Jeffrey Hanna (contact details in the attached flyer).</p>
GP Burnout Survey	<p>Dr Orla Whitehead, a practising GP and NIHR In Practice Fellow, who also works at Newcastle University, is researching GP burnout and spiritual health. Spiritual health is a broad term, including meaning, purpose and/or the personal soul, transcendence and relationships with others and/or a higher power, and religious or spiritual practice. All GPs in the UK who have worked since the start of the Covid-19 pandemic are eligible to participate. This invite is to those who don't feel burned out, those who do, and those in between. Equally, the survey is for those who are spiritual and/or religious, of any type, and for those who are not. To take part, you will be asked to complete an online survey which should take approximately 10 minutes. This research has never been done before in the UK and is particularly important now due to the additional pressures of the pandemic. A planned outcome is for the survey findings to inform interventions to improve GP wellbeing. Dr Whitehead's letter of approval from the Health Research Authority is attached here. If you have any questions, please email Orla.Whitehead@Newcastle.ac.uk or ishbeloria.whitehead@NHS.net.</p>

Medical Director Masterclass – The Gender Pay Gap 20/4/21	<p>Professor Dame Jane Dacre is hosting a ‘medical director masterclass’ regarding the gender pay gap in medicine on Microsoft Teams on Tuesday 20th April. ‘<i>Mend the Gap: The Independent Review into Gender Pay Gaps in Medicine in England</i>’ starts at 5.30pm. Should you wish to have a pre-read a copy of the report can be found here. The executive summary is on pages 7 to 17. Click here to join the meeting.</p>
Next Education Afternoon 24/4/21 - Agenda and Links	<p>We hope you will be able to join us for our online education afternoon on Thursday where we’ll be covering Cardiology; Medical certification of death; What to expect at an inquest and Cancer as a long-term condition. East First5 group will also be meeting during the afternoon. View Agenda for joining information. Each meeting has a separate link so please make sure you have all three to hand on the day.</p>
Optimise Rx Webinar	<p>From April 22nd to May 13th, FDB are running a weekly online webinar about FDB OptimiseRx. The sessions are aimed at end users of OptimiseRx (e.g. GPs, PCN Pharmacists, Non-medical prescribers).</p> <p>The session will cover:</p> <ul style="list-style-type: none"> • How OptimiseRx has supported PCN and practice teams during the peak COVID-19 periods • Understand how OptimiseRx content reflects the latest national guidance and helps promote best practice prescribing • The integration within clinical systems, and what this means for PCN and practice end users of OptimiseRx • From the perspective of your job role, showcase how OptimiseRx can benefit and help PCNs and practices deliver value to their healthcare priorities <p>There are 4 webinars, 2 each for users of either the EMIS Web or TPP SystemOne clinical system.</p> <ul style="list-style-type: none"> • Thursday 22nd April 12:30 PM to 1:15 PM - EMIS Web user • Thursday 29th April 12:30 PM to 1:15 PM - TPP SystemOne users • Thursday 6th May 1:00 PM to 1:45 PM - EMIS Web users • Thursday 13th May 1:00 PM to 1:45 PM - TPP SystemOne users <p>Follow the link to choose a webinar to join, approximate run time will be 45 mins.</p> <p>https://interactive.fdbhealth.com/optimiserx_lunchtime_learnings_2021</p>
Surviving Emotions Masterclasses	<p>Please click here for details of a free workshop being run by NHSE/I’s Leadership & Lifelong Learning Primary Care Team. These new, two-hour, virtual masterclasses have been created for leaders working in challenging, constantly evolving systems who still need to care for the people in their team and find ways to care for themselves. The workshops are practical, interactive and should be enjoyable. They include an ‘airlock’ meditation to tune out the emotional noise, and the demands placed on you, to help you to fully participate. Dates run from 26th April to 23rd June.</p>
Developing Skills in Health and Social Care Project	<p>The developing skills in health and social care (DSHSC) project, will be providing fully funded qualifications to staff living and working in the adult health and social care sector across Suffolk and Norfolk. The aim of this project is to empower employees to develop new skills, enabling them to continue providing high-quality care to local people.</p> <p>Part-funded by the European Social Fund, the project will fund a range of specific qualifications, including functional Skills in Maths, English and IT, Care Certificate, Dementia, End of Life Care, Mental Health, Learning Disabilities and Autism, and Management. View Leaflet for more info</p> <p>Visit www.norfolk.gov.uk/developingskills for more details and to register your interest.</p>
Suicide Awareness and Response Training	<p>Following the success of the events that ran in November 2020 and January and March 2021 we are pleased to announce that more online training sessions for Suicide Awareness and Response for Primary Care have been booked for 25th May 2021 and 7th July 2021, 13.00 – 16.30. These events are FREE.</p> <p>The course is split into 2 x 1.5 hour sessions. Session one (Suicide Awareness for Primary Care) is for ALL practice staff (clinical and non-clinical). Session two (Suicide Response for Primary Care) is for clinical</p>

	<p>staff <i>only</i> and provides primary care clinicians with training on how to use SAFETool™.</p> <p>Delegates MUST attend the Suicide Awareness section (session one) if they wish to attend the Suicide Response section (session 2).</p> <p>In order for your staff to attend can you please send their name, job role, GP practice and email address (this must be specific to the individual and not a generic practice email) to: suicidepreventiontraining@suffolk.gov.uk before the 14th May 2021. Their details will then be sent to the training provider, who will contact the individual with joining instructions.</p> <p>Here is a flyer explaining the modules and an infographic giving feedback from the July 2020 course, which can be displayed in practices if you wish.</p>
ICS Briefing	The ICS Briefing released on 16 th April can be found here .

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)