



## Bal Kaur Howard Training Safeguarding Solutions for Professionals

### HARMFUL PRACTICES, MODERN SLAVERY & SUBSTANCE MISUSE

When: 04<sup>th</sup> Feb 09.30-12.30 Substance Misuse/Addiction–Impact on Families  
04<sup>th</sup> Feb 13.30-16.30 FGM / Breast Ironing/Flattening  
12<sup>th</sup> Feb 09.30-12.30 Honour Based Abuse / Forced Marriage  
12<sup>th</sup> Feb 13.30-16.30 Modern Slavery / Trafficking (Adults & Children)

Where: Virtual / Online using Microsoft Teams

**Cost: £50.00 per delegate per session**  
**£125.00 per delegate for 3 sessions**  
**£150.00 per delegate for all 4 sessions**

**Training to include materials / e-packs**  
**Spaces are limited.**

#### Trainer

Bal was been employed by Suffolk Constabulary for 7½ years in their Domestic Abuse Team since 2009, offering her "expertise" on cases and writing safeguarding policies for Honour Based Abuse, Forced Marriage & FGM for the Constabulary & Local Safeguarding Boards.

From a personal experience, Bal was born in India and bought to the UK aged one. She was forced into a marriage at the age of 17 in this country. Bal's words "I refuse to take my past into the future, and regard myself to be an empowered survivor – my darkest past is now my greatest asset".

#### Testimonials

***I have seen you deliver face to face and your delivery virtually was interactive and just as powerful'***

*"The trainer was excellent. So easy to talk to, kept the training interactive and kept me thinking. Best training I have been on in a long time"*

*"Brilliant! Very passionate about the subject, very clear explanations – varied teaching tools which maintained my interest"*

*"This was undoubtedly the best training course I have EVER done. Trainer is very knowledgeable and pitched the course just right"*

**For further information, email [info@bkhtraining.co.uk](mailto:info@bkhtraining.co.uk)**

**Or, come and visit us online at [www.bkhtraining.co.uk](http://www.bkhtraining.co.uk)**

