



# Weekly Inbox

1 July 2019 Issue 329

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: General Practitioner</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretary, care navigator)</b>
<b>PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)</b>
<b>OC: Other clinicians (including ECP, Pharmacist, PA)</b>

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## FOR ACTION

PM

### 1. Improving flu vaccination uptake among younger at risk adults: Practice Manager Association research partnership with the University of East Anglia

Addressing lower rates of flu vaccination continues to be a priority area for action by the NHS and [NICE have published guidance](#) [NG103] on improving flu vaccination coverage rates.

To explore how uptake among at risk adults can be improved and NICE guidance implemented, the PMA has launched a collaboration with the University of East Anglia (UEA) to look at different approaches taken by practices to raise rates, and how these can be spread nationally in a cost-effective way. The first step will be a UEA survey to see what different practices are doing to boost rates and find out more about the challenges faced by practices with increasing flu vaccination in adults with chronic conditions.

The hope is that as many practice managers as possible will take the opportunity to play a crucial role in completing the survey and contributing their valuable knowledge to this work

[Link to UEA Survey](#)

The survey takes approximately 10 minutes to complete and includes an option to be followed up in more detail by the UEA research team.

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## FOR INFORMATION

OC GP PM Ad PN

### 2. The Latest Primary Care Dashboard

The latest, and final, issue of the [Primary Care Dashboard](#) (log-in required) for 2018/19 is now available to download (Excel format). This is, with a couple of appropriate exceptions (e.g. CQC Rating) a "year-end" position for 2018/19.

The Primary Care Dashboard enables the CCG and NHSE's Area Team to monitor progress, primarily but not exclusively, against the indicators/metrics included in the PMS Development Framework and the Local Enhanced Services (LES) contracts. However, as many of the indicators on the dashboard could also be seen as supporting continuous improvement throughout primary care within the CCG area, we have included GMS practices for information only.

Data topics that have not changed since the last version have been greyed-out on the "Individual Practice Summary" tab and their headings greyed-out in the "Complete Data" tab.

If you have any questions, please contact [Scott Pomroy](#).

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OC GP PM PN

### 3. Rapid Access Chest Pains service on e-Referral

ESNEFT – Ipswich site is pleased to announce the launch of a new e-Referral service for Rapid Access Chest Pains (RACCP) which will replace the current email referral method. The 'ALL – Clinical Assessment Service – Cardiology – RACCP – Ipswich Hospital – RGQ' service will go live on e-Referral on **Monday 1 July 2019**.

Prior to referring please ensure all pre-referral guidance tasks have been completed and that a copy of the RACCP Pre-Referral Guidance Referral form is electronically attached to your referral. Please note that from **Friday 26 July 2019** we will **no longer** be accepting email referrals.

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#### 4. Changes to family history breast cancer pathway at ESNEFT – Ipswich site

From the start of June 2019, ESNEFT have implemented a change in the pathway for Family History Breast Cancer patients. Patients referred from this date will have an initial consultation and mammogram, as normal, but will now remain under the care of the consultant and be offered an annual follow up mammogram. It is anticipated that this pathway change will offer an improved service to patients, as previously they have had to make an appointment with their GP on a yearly basis in order to be re-referred to this clinic.

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#### 5. Relocation of Riverside Bloods

Please follow the above [link](#) to the information you have been waiting for to share with your patients to book their phlebotomy appointment. If you have any questions please direct them to:-

**Shelley Garrey**

Business Development Manager – North East Essex & Suffolk Pathology Service  
East Suffolk and North Essex NHS Foundation Trust






**Phone:** 07885 427833 **Ext:**1837 (Colchester)

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#### 6. SystmOne Formulary Update – Continence, Stoma, Skincare and Wound Care

SystmOne formularies have now been updated with the inclusion of all formulary-approved products for continence, stoma accessories, skin care preparations and wound care.

The product formularies will appear as follows:

<a href="#">SuffolkCCG Wound Care Secondary Formulary May 2019</a>	
<a href="#">Suffolk CCG Wound Care Formulary May 2019</a>	
<a href="#">Suffolk CCG Stoma Accessory Formulary</a>	
<a href="#">Suffolk CCG Skin Care Formulary</a>	
<a href="#">Suffolk CCG Continence Formulary Dec 2018</a>	

The majority of products added will be pre-set with appropriate quantities and directions for use to assist practices with monitoring appliance use and reducing unnecessary waste. The CCG advocates a maximum of two weeks (wound management appliances) or one month (continence, stoma or tracheostomy products) in normal circumstances.

For further formulary and appliances guidance, you can access the **Woundcare, Catheters, Stoma and Skincare** section on the [Ipswich and East Suffolk CCG website](#).

Alternatively, please contact Medicines Management Appliances Nurses via: [Tralee.lashley@nhs.net](mailto:Tralee.lashley@nhs.net) and/ or [Denise.hutchinson4@nhs.net](mailto:Denise.hutchinson4@nhs.net)

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#### 7. Upcoming Practice Nurse Wound Care group meeting

There will be a meeting on the dates for the Practice Nurse Groups.

- **16 July 2019**, 1.30pm - 3pm at Stowhealth Medical Centre, Violet Hill, Stowmarket, IP14 1NL; free parking at Stowmarket Football, Club Greens Meadow Ground, Bury Road, Stowmarket, IP14 1JQ. Bring your own lunch.
- **24 September 2019**, 1pm - 2.30pm at Ravenswood Medical Practice, 24 Hening Avenue, Ipswich IP3 9QJ. Free parking in front of the practice. Bring your own lunch.

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#### 8. New Ordering List for Continence Products

To support health care professionals when ordering and prescribing continence products, a new ordering list has been developed for use. The products listed on the form include first line formulary products for catheters, drainage bags and sheaths, with supporting guidance on product codes and appropriate quantities.

The list can be used as an ordering prompt for clinicians requesting products or a useful guide for practices when prescribing or dispensing. The catheter ordering list can be accessed via the [CCG website](#).

Any queries regarding this can be sent directly to the Medicine Management Appliance Nurses: [Denise.hutchinson4@nhs.net](mailto:Denise.hutchinson4@nhs.net) and/or [Tralee.lashley@nhs.net](mailto:Tralee.lashley@nhs.net)

For support relating to ordering LINC medical continence products please contact Alison Naeem at [alisonnaeem@linc-medical.co.uk](mailto:alisonnaeem@linc-medical.co.uk)

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#### 9. Reminder: Medical GP Cover – Aldeburgh Community Hospital

East Suffolk and North Essex NHS Foundation Trust is in the process of finding a new suitable supplier to provide Medical GP cover in Aldeburgh Community Hospital.

GP practices interested in this opportunity to tender for providing medical cover are invited to take a look at the Contracts Finder [website](#) where you can find more information and timetable. **Please note that the deadline is 4 July.**

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#### 10. Future of Ipswich and District Clinical Society and Ipswich and Suffolk Medico Legal Society

Please follow this [link](#) for a letter from John Wyke around the two societies.

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#### 11. Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies.

New jobs added every week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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**12. 18 July – Practice Development Afternoon**

We have an Education and Development afternoon coming up on Thursday 18 July. Out of Hours cover will be provided in the usual way, however there will be no structured training provided at Trinity Park.

Please be aware that the CCG have **not** booked rooms at Trinity Park for practices to use on 18 July as it is expected that practices would prefer to meet locally; it is intended that practices take the opportunity to work with colleagues within their PCN to consider:

- PCN development
- Potential for including LES's within the PCN contract
- How the PCN can operate and make decisions effectively
- Identification of any information needs to support decision making
- How the PCN might work with the INT in an effective manner
- How the PCN might work together in respect of managing work load and workforce issues
- Start to identify the training needs associated with working as part of a PCN

We are not looking to be prescriptive as to how PCNs utilise this time, the list above is intended to identify a number of issues that your PCN may wish to consider. Could someone from each PCN drop an e-mail to [Jen Burman](#) setting out the issues discussed and conclusions reached.

**Practice Managers:** Please could you let [Shelley Mitchell](#) know if you **do not** require Out of Hours cover for the afternoon of 18 July. If no GPs from your practice are able to attend your PCN meeting, the CCG will **not** be able to provide you with cover.

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## SOCIAL PRESCRIBING

**13. Launch of 'CONNECT for health' initiative across East Suffolk**

Each integrated neighbourhood team in IESCCG has access to the social prescribing scheme, 'CONNECT for health' that has launched today (Monday 1 July). If your practice has yet to return your [Expression of Interest form](#), please can you do so to [Zoe Knight](#) as soon as possible, and no later than **Wednesday 3 July**.

The [poster](#) and [leaflet](#) can be found by following the links and we would encourage practices to add the leaflet and some information regarding the Connect for Health programme onto your website.



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## EDUCATION &amp; TRAINING

**14. Flu Immunisation programme 2019-20**

For 2019-20 flu vaccine updates there is a free online course produced in partnership with Public Health England on the e-Learning for Health [website](#).

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**15. GP 'BringBaby' Training Day**

[BringBaby](#) are hosting a free, localised and friendly update course, open to all GPs. The course is particularly suitable for those on maternity leave, career break or new to area. Learn in a relaxed and friendly environment. Babies up to 18 months are welcome to attend with their parent.

The course includes clinical and appraisal updates and signposting to local resources and support.

- Guest speaker: Dr Virginia Hubbard- Consultant Dermatologist
- Baby activities and mindfulness/ small group work for those without babies.
- Mandatory training: child safeguarding.

This **free** training day is open to GPs in Suffolk and North East Essex ([View flyer](#)) and will be held on Thursday 19 September 2019. Registration at 9.45am, finish at 2.30pm at the Belstead Brook Hotel, Ipswich. There will be free lunch.

To book your place please email [info@thegphub.org](mailto:info@thegphub.org)

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**16. Educational evening: Young People's mental health**

Our next mental health educational session is at Trinity Park on Tuesday evening (2 July) and focuses on [Young People's mental health](#).

Our keynote speaker will be Dr Maryanne Freer, a psychiatrist and GP educator with a love of general practice who has trained GPs across the UK ranging from inner cities to remote, rural practices. Dr Freer works with the [Charlie Waller Memorial Trust](#).

If you would like to attend but cannot make it on Tuesday, the session is to be repeated in West Suffolk House, Bury St Edmunds on Wednesday evening (3 July). Contact [Rachel Seago](#) for details.

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**17. PACT (Primary care and Community care Training Hub)**

**The training hub weekly newsletter is the place to find local training and education for primary care.**

Please follow the link to [PACT Training Hub Newsletter Issue 90](#).

If you would like to sign-up to receive the newsletter directly each week or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).



Suffolk & North East Essex  
Primary Care Training Hub

Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

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## DID YOU KNOW...?

### 18. Do you know what the Suffolk and North East Essex Sustainability and Transformation Partnership has achieved?

Find out by watching a short film that has been created by the STP team highlighting its achievements of the past three years.

The film is featured on the homepage of the [Can Do Health & Care website](#)



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## CONTACT

### 19. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG gp-contract-queries@nhs.net](mailto:IESCCG gp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

#### Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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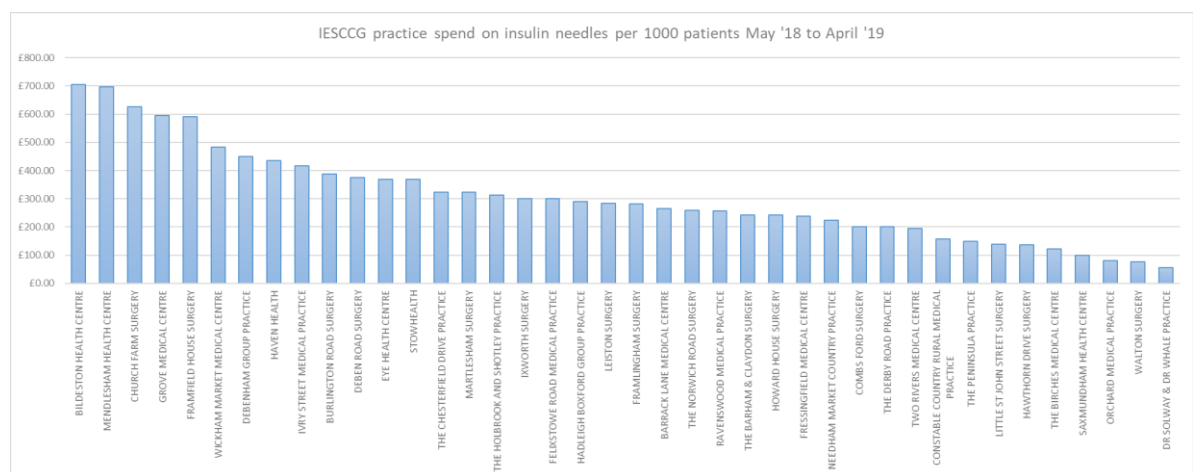
## CHART OF THE WEEK

### 20. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: [Practice Spend on Insulin Needs](#)

#### Top Tip

IESCCG currently recommend the GlucoRx Carepoint needle as the insulin needle of choice. Medicines management technicians have a protocol to allow them to identify suitable patients and switch them to the preferred needle. For further information please contact your Medicines Management technician or contact a member of a team on 01473 770249



[Click on chart to enlarge](#)

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