

GP Update

Virtual/Face to Face Clinics

- Throughout the Coronavirus pandemic, we have had to make changes to the way we deliver our Physiotherapy, Exercise therapy and BANS services.
- **From 01/06/21 we will start to return our Physiotherapy services to a “new normal” and will begin to offer patients a choice of how their first appointment is conducted; either a face-to-face or virtual first appointment.**
- We understand that despite an improving situation with the vaccine rollout there are still concerns over new variants of the virus. Additionally, vaccination does not provide 100% protection from the virus and there are people who have not been eligible or not taken up the offer of receiving a vaccination.
- It is possible in many cases that patient’s symptoms can be managed partially or fully via telephone or video consultation. This still remains the safest option during the current pandemic and is an option available to everyone referred to AHP Suffolk should they wish.
- Any patients who you feel require BaNS, Peripheral ESP, Physiotherapy or Orthopedic input can be referred through SPoA and triaged directly from here.

As a reminder:

A&E Pathway

- If you suspect a **partial or total Achilles rupture, finger tendon, quadriceps tendon or distal biceps tendon rupture** please refer immediately to **A&E** not to Physiotherapy
- If you suspect a patient has **Cauda Equina** please refer immediately to **A&E** not through SPoA or to Physiotherapy.

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