

Newsletter

Issue. 69

29 September 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

Covid-19 Testing	<p>Just as a reminder, below are links to the three updates from the Department for Health and Social Care that came out earlier this month regarding Covid-19 testing.</p> <p>Testing Update Testing Policy Update Asymptomatic Testing</p>
Dementia Wellbeing in the Covid-19 pandemic	<p>Please see attached the latest NHSE/I guidance regarding the treatment of dementia patients during the Covid-19 pandemic.</p> <p>Dementia Wellbeing</p>
Post Covid-19 recovery – Support for Long Term Condition Management	<p>UCLPartners has designed a suite of resources to help clinicians deliver their care for patients with cardiovascular and respiratory conditions in a world where a lot of care is currently being delivered virtually. Resources are now available for high blood pressure, asthma and COPD, including search tools to risk stratify and prioritise patients, pathways and protocols to deliver care at home and use of the wider workforce, digital resources to support remote and self-management, and training that includes motivational interviewing and health coaching.</p> <p>Post Covid-19 Recovery LTCs</p>
PPE	<p>Practices are advised that they can access their free supply of Covid19-related PPE for NHS activities via the Government’s PPE Portal. Revised order limits are now in place to take account of flu-related activity. If you have any queries please go to the GOV.UK website or call the helpdesk number, 0800-876 6802.</p>
Mobile Testing Units	<p>Please click here a list of this week’s mobile testing unit locations.</p>
NHS App – pausing the contact tracing function	<p>Primary care colleagues are advised that you can pause the contact tracing function within the NHS App by moving the contact tracing toggle on the home screen. You should pause contact tracing if you are practising infection prevention and control (IPC), including whilst wearing PPE, when you are working behind a fixed Perspex (or equivalent) screen and are fully protected from other people, and when you store your phone in a locker or communal area. Please note - remember to turn contact tracing back on once you leave any of the above situations.</p>

Amendments to the Network Contract DES 2020/21	The NHS Confederation have produced a short briefing which summarises the amendments made to the Network Contract DES, including the new roles, and the investment and impact fund.
Mental Health	This Thursday (Oct 1), Norfolk and Suffolk NHS Foundation Trust (NSFT) will be launching its new First Response Line for professionals working with individuals who are experiencing mental health difficulties. Please click here for further information.
Support for Care Home Clinical Leads	The NHS Confederation have also provided a new briefing which provides guidance on the role of Clinical Lead for the Enhanced Health in Care Homes (EHCH) service set out in the amended Network Contract DES. It provides some background on the role and some examples of what good practice looks like in terms of clinical leadership, clinical oversight and building relationships with other clinical leads.
Infection Prevention & Control	Please see the latest NHS infection prevention and control recommendations regarding the remobilisation of services within health and care settings and a quick reference guide produced by the NHS and Public Health England . Remobilisation of Infection Prevention and Control IPC Quick Ref Guide
Flu Poster	A flu poster has been sent out by Public Health England in an easy read format for patients with a learning disability. This can be displayed at practices. Please share with colleagues and patients to help promote the flu vaccination this year.
Responsible disposal of Inhalers	Approximately 73 million inhalers are used in the UK every year. Landfill disposal of inhalers is harmful to the environment, both in terms of material waste and greenhouse gas emissions as the residual gas from canisters is released into the atmosphere. If every inhaler-user in the UK returned all their inhalers for one year, this could save 512,330 tonnes of CO ₂ eq - the same as a VW Golf car being driven around the world 88,606 times. Please inform patients that pharmacies will take empty and unwanted inhalers back with other waste medications to avoid them ending up in landfill.
Welcome Back to Work	Please see this flyer regarding the Welcome Back to Work initiative, which the CCG would like to bring to the attention of any GP who are currently not working but are considering a return to general practice.
NHS Reset: a new direction for health and care	Click here to access the latest report from the NHS Confederation, entitled NHS Reset: a new direction for health and care. The report identifies factors fundamental to achieving a more sustainable health and care service, which should lead to improving health for individuals, families and communities:
Next virtual Training and Education Event	The Ipswich and east Suffolk GP virtual education afternoon on 7 October will be starting with <i>Endocrine conundrums in primary care</i> where we welcome Dr Sanjeev Sharma, consultant endocrinologist ESNEFT. This will be followed by additional sessions on Eclipse for diabetes and emergency care pathways. The Primary Care Nurse Forum welcomes back Dr Chris Barclay to discuss type 2 diabetes and the low-carb diet. The attached agenda outlines the programme for the afternoon and includes the Microsoft Teams links you need to access each session.

<p>Registered Nurse Degree Apprenticeship</p> <p>Deadline: Monday 5th October</p>	<p>A reminder that the deadline for submitting the expression of interest (EOI) forms for the Registered Nurse Degree Apprenticeship (RNDA) is Monday 5th October.</p> <p>Applications are invited for the full 4 year programme and for the 2 year “top-up” programme for NMC registered Nursing Associates and Assistant Practitioners that have already completed the Foundation Degree.</p> <p>Please remember to send a copy of the EOI forms to Phyllis Anderson (phyllis.anderson1@nhs.net)</p> <p>The RNDA announcement and both forms are available below.</p> <p>RNDA Announcement</p> <p>Full RNDA EOI Form</p> <p>NA/AP Top-Up EOI Form</p>
<p>Diabetes Webinars</p>	<p>Please see attached details of some diabetes-related webinars taking place in October and November.</p> <p>Diabetes Seminars October</p> <p>Diabetes Seminars November</p>
<p>Cancer - Education Session recording</p>	<p>Thank you to all who attended the “Diagnostics during Covid-19” education session on Thursday 24th Sept. For those who missed it, a recording of the screening session can be accessed here. Please also see the attached PowerPoint slides from Dr Pete Holloway and Dr Andrew Yager, and a certificate of participation for CPD purposes. We are keen to understand how useful you found the session and if there’s anything else we can do to support you in primary care, so please go here to give feedback.</p> <p>Cancer Diagnostics During Covid-19</p> <p>Rapid Diagnostics Service Presentation</p> <p>Certificate of Participation</p>
<p>Annual Members Meeting Minutes</p>	<p>The minutes from the meeting held on 10th Sept 2020 can be found here:</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group
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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)