

Family carers need your support!

Our **GP Advisors** continue to provide support for family carers for your practice. This includes 1:1 telephone or virtual advice; guidance and emotional support using health coaching techniques, including Emergency/Contingency Planning during this difficult time.

We encourage all staff within the practice to be involved with the identification and referral of carers. Advisors are always on hand by telephone, email or video call to provide advice and guidance.

- To refer to the Suffolk Family Carers GP Advisors - e-mail [sfc.gpteam@nhs.net](mailto:sfc.gpteam@nhs.net) (with carer's verbal consent)

Include carer's details

- Carer's full name and date of birth
- Carer's preferred contact number or email
- Name of your practice.

Our **Respite on Prescription** service continues to enable a family carer to have an elective procedure or medical appointment by replacing the care they would normally provide either with home care or residential care.

- Referrals to the Respite on Prescription service can be completed on the DXS system or E-mail [sfc.ropreferrals@nhs.net](mailto:sfc.ropreferrals@nhs.net)

Please disseminate this information to all your colleagues throughout the practice.