



# Weekly Inbox

3 JUN 2019 Issue 325

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

<b>GP: GPs</b>
<b>PM: Practice Manager</b>
<b>Ad: Administrative staff (including medical secretaries, receptionists)</b>
<b>PN: Nurses (including HCAs, Practice Nurses, ANPs)</b>
<b>OC: Other clinicians (including ECP, Pharmacists)</b>

FOR ACTION	EDUCATION & TRAINING
1. <a href="#">Turning Point secure email address</a>	7. <a href="#">CPD Funding</a>
<b>FOR INFORMATION</b>	8. <a href="#">Free Diabetes Training</a>
2. <a href="#">PCN updated DES Guidance</a>	9. <a href="#">PACT</a>
3. <a href="#">Patients no longer registered</a>	<b>CONTACTS and USEFUL LINKS</b>
4. <a href="#">Carers Week starts 10 June</a>	10. <a href="#">Contact us</a>
5. <a href="#">Latest vacancies</a>	<b>DID YOU KNOW...?</b>
<b>COMMISSIONING UPDATES</b>	11. <a href="#">Did you know..?</a>
6. <a href="#">Better Births launch</a>	<b>CHART OF THE WEEK</b>
	12. <a href="#">Chart of the Week: Hay fever or allergic rhinitis prescribing spend</a>

## FOR ACTION

**OC GP PM Ad PN**

### 1 Turning Point secure email address

The Turning Point secure email account [EAHUB.turningpointsuffolk@nhs.net](mailto:EAHUB.turningpointsuffolk@nhs.net) is being closed. There is now an auto-reply on this email account redirecting people to other secure email address.

The correct email address for referrals is: [ECHUB.turningpointsuffolk@nhs.net](mailto:ECHUB.turningpointsuffolk@nhs.net) please ensure that your records are up to date.

The latest [referral form](#) has the correct ECHUB email address on it.

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## FOR INFORMATION

**OC GP PM Ad PN**

### 2 Primary Care Networks updated DES Guidance

Please see link to the updated [Primary Care Network Directed Enhanced Service Guidance](#) that has been published. The new version adds three sections:

- 5: Financial entitlements, nominated payee and payment information
- 6: Extended hours access
- 7: Practices and PCNs crossing CCG boundaries

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**OC GP PM Ad PN**

### 3 Patients no longer registered/not registered

Please could any correspondence you receive from West Suffolk Hospital in regards to patients that are either no longer registered or are not registered at your Practice, please be returned by email to [WSCCG.wshgpqueries@nhs.net](mailto:WSCCG.wshgpqueries@nhs.net). If you need to return any correspondence by post, please mark it for the attention of Jo Wyatt, WSCCG/WSH GP Queries Team, Flat 2, Oak House A, West Suffolk Hospital, Hardwick Lane, Bury St Edmunds IP33 2QZ.

Following receipt of correspondence, patients' records are updated accordingly on e-Care. If you have any questions regarding this, please contact [WSCCG.wshgpqueries@nhs.net](mailto:WSCCG.wshgpqueries@nhs.net).

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**OC GP PM Ad PN**

### 4 Carers Week: 10 June – 17 June

Next week is Carers Week and this year the focus is supporting carers to get connected in their communities:

- ✓ Connected to advice and information
- ✓ Connected to services
- ✓ Connected to friends and family
- ✓ Connected to others
- ✓ Connected to technology

**61% of carers in the UK said they had suffered physical ill health as a result of caring (Carers Trust) and are more likely to suffer from isolation and loneliness.**

Carers do all this and more for family and friends who are older, ill or have a disability...



...all while trying to maintain a life of their own.

Help Build Carer Friendly Communities [carersweek.org](http://carersweek.org)

Suffolk Family Carers will be out and about, raising awareness and will be available for advice and information across Suffolk; please [click here](#) to see where they will be in the Ipswich and East Suffolk area.

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**OC GP PM Ad PN**

### 5 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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## COMMISSIONING UPDATES

Find out the latest commissioning news from the CCG. We welcome your comments and feedback on any items in this section – [contact us](#)

OC GP PM Ad PN

### 6 Better Births launched across Suffolk and north east Essex

An official launch event is set to take place in Hadleigh on Tuesday 4 June to celebrate a brand-new way of working for maternity services across Suffolk and north east Essex. The aim is to deliver a more personalised service to new mothers and their families, with each pregnant mum getting her own dedicated midwifery team and the reassurance of a midwife she knows present at the birth.

Initially, six new 'continuity of care' teams have been created across Ipswich, West Suffolk and Colchester hospitals, providing antenatal, birth and post-natal care and offering new mothers an unparalleled level of support. [Read more...](#)

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## EDUCATION & TRAINING

OC GP PM Ad PN

### 7 CPD Funding

The Training Hub (PACT) have a limited budget to be able to fund Continued Professional Development for registered clinical staff.

- ✓ Any course must benefit the personal development of the staff member, the Practice and the patients they work with.
- ✓ This funding is usually allocated to accredited modules undertaken at a local university. Previously funded courses include Non-medical prescribing, holistic assessment etc.
- ✓ Your manager must be in agreement with you undertaking the course and, where applicable, ensure support for you to complete competencies in practice.

If you would like to apply for funding to access a course, please complete the [application form](#) and return it to: [pact@suffolkch.nhs.uk](mailto:pact@suffolkch.nhs.uk) by **Friday 21 June 2019**.

Unfortunately, completion of the form does not guarantee funding but we will consider each application carefully and do our best to allocate the funding fairly and equitably.

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OC GP PM Ad PN

### 8 Free diabetes training places

Suffolk has been allocated funding from HEE for training in Diabetes Management in Primary Care. The chosen course is the University of Essex which the Fed manages. Feedback from the courses is excellent.

There are 25 free places for each of the two diabetes modules: [1\) Insulin initiation and optimisation](#) and [2\) Advanced diabetes management](#).

If interested please email Sheila Smyth [Sheila.smyth@nhs.net](mailto:Sheila.smyth@nhs.net)

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### 9 PACT (Primary care and Community care Training Hub)



Suffolk & North East Essex  
Primary Care Training Hub

Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 86 – 27 May](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email [PACT@suffolkch.nhs.uk](mailto:PACT@suffolkch.nhs.uk).

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## CONTACT

### 10 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email [IESCCG.gp-contract-queries@nhs.net](mailto:IESCCG.gp-contract-queries@nhs.net) with **Contracts** in the subject line.



**Safeguarding Children is Everyone's Responsibility:** news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information



**GP Support Hub**  
Tel 01473 350 820  
Email [info@thegphub.org](mailto:info@thegphub.org) Web [www.thegphub.org](http://www.thegphub.org) Social media [@thegphub](#)

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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## DID YOU KNOW...?

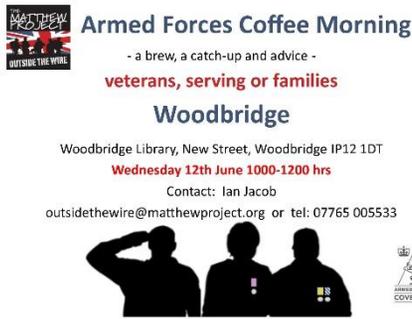
### 11 Support for Armed Forces Veterans

General practice plays a vital role in supporting improvements being made to healthcare for Armed Forces veterans and their families. NHS England and NHS Improvement are encouraging practices to enlist in [a scheme improving care for thousands of armed forces veterans and their families](#).

Practices have been sent a package of resources covering how to identify veterans and make sure their service is recognised by hospitals and other services, as well as how to access mental and physical health care tailored to their needs. The resource pack aims to help GPs to support the health commitments of the [Armed Forces Covenant](#), as referenced in principle four of the [NHS Constitution](#). The [NHS Long Term Plan](#) also sets out a commitment to improve care for veterans, with a particular focus on enhancing mental health services for ex-forces.

Those who support these important actions can become accredited as part of a growing network of Veteran Friendly GP practices.

There are Armed Forces Support Group Coffee mornings in Woodbridge and Felixstowe. Please promote Armed Forces Coffee Morning in your practices.



**Armed Forces Coffee Morning**  
- a brew, a catch-up and advice -  
**veterans, serving or families**  
**Woodbridge**  
Woodbridge Library, New Street, Woodbridge IP12 1DT  
**Wednesday 12th June 1000-1200 hrs**  
Contact: Ian Jacob  
outsidethewire@matthewproject.org or tel: 07765 005533



**Armed Forces Coffee Morning**  
- a brew, a catch-up and welfare advice -  
**veterans, serving and families**  
**Felixstowe**  
Costa, Hamilton Road, Felixstowe, IP11 7AF  
**Every 1st Monday of the month 10.00-12.00 hrs**  
Contact: Dawn Kemp  
dawnk47@sky.com

[Woodbridge](#) - Wed 12 June, Woodbridge Library 10am – 12pm

[Felixstowe](#) - 1<sup>st</sup> Monday of every month, Costa on Hamilton Road, 10am – 12pm.

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## CHART OF THE WEEK

**12** We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

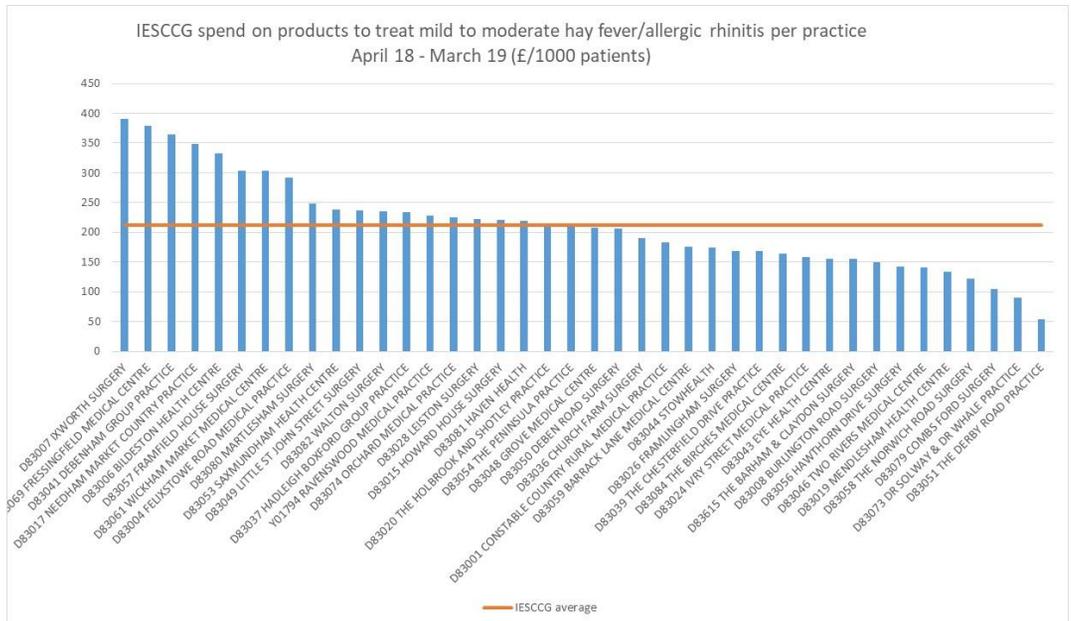
Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: **Prescribing spend on products to treat mild to moderate hay fever or allergic rhinitis.**

### Top tip

IESCCG spent over £1.2 million between April 2018 and March 2019 on prescriptions for medications that could potentially be purchased over the counter (OTC) from a pharmacy and other outlets such as supermarkets. The cost to the NHS for many of the items used are often higher than the prices for which they can be purchased over the counter. NHS England recommends that prescriptions for the treatment of mild to moderate hay fever or allergic rhinitis should not routinely be offered as the condition is appropriate for self-care through the purchase of over the counter medications recommended by a pharmacist.

Medicines Management technicians have a protocol to allow them to identify suitable patients and switch them to self-care and the use of over the counter medication. For further information please contact your Medicines Management technician or contact a member of the team on 01473 770249.



[Click on chart to enlarge or download](#)

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