

# Newsletter

## Issue. 78

20 November 2020

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

**Previous issues** – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p><b>Covid19 mass vaccination campaign</b></p>	<p>Please see below three recruitment ads in connection with the forthcoming Covid19 mass vaccination campaign. Applications are sought for the positions of registered clinical managers (Band 8a), registered healthcare professionals (Band 5/6), immunisers (Band 4), healthcare assistants (Band 3), bank admin support (Band 3) and volunteer stewards.</p> <p><a href="#">Advert 1</a> - registered clinical managers (Band 8a), registered healthcare professionals (Band 5/6), immunisers (Band 4), healthcare assistants (Band 3)</p> <p><a href="#">Advert 2</a> - Bank Admin Support (Band 3)</p> <p><a href="#">Advert 3</a> – Volunteers</p>
<p><b>Care home staff flu vaccination</b></p>	<p>Please see below a letter from NHSE/I regarding the role general practice can play in helping to increase flu vaccination take-up amongst care home staff. Currently (as at 16/11/20) only 21.7% of directly employed care home staff and 15.6% of agency/bank staff have been vaccinated.</p> <p><a href="#">Care Home staff vaccination</a></p>
<p><b>Action from learning: Response to learning from deaths of people with a learning disability from COVID-19</b></p>	<p>On 12 November 2020 the University of Bristol published its report into the deaths of 206 people with a learning disability at the start of the COVID-19 pandemic. The report highlighted some good practice in the care of people with a learning disability, but it also highlighted concerns about the care that some people received.</p> <p>The NHS is committed to working with partners and stakeholders to embed the learning from the report and implement the changes to services required. This short <a href="#">report</a> is designed to outline the actions that we will be working with system partners to implement so that action is taken. A local update will be shared in due course</p>
<p><b>Covid-19 Research 13/11/20</b></p>	<p>Please click <a href="#">here</a> for the latest Clinical Research Network (CRN) Eastern Covid-19 update from the National Institute for Health Research (NIHR).</p>
<p><b>Reminder - Fibromyalgia Pathway</b></p>	<p>Earlier this year the new Fibromyalgia Pathway was launched. We've received some feedback that referrals are still being sent to Rheumatology for diagnosis, when diagnosis should be confirmed within Primary Care. The new Pathway and associated Pre-referral Guidance and Form that was developed in conjunction with the Rheumatology and Pain Service at Ipswich can be found on DXS. For information, the original Practice Briefing can be here:</p> <p><a href="http://www.ipswichandeastsuffolkccg.nhs.uk/LinkClick.aspx?fileticket=7M4BZXR_S2s%3d&amp;tabid=335&amp;portalid=1&amp;mid=1337">http://www.ipswichandeastsuffolkccg.nhs.uk/LinkClick.aspx?fileticket=7M4BZXR_S2s%3d&amp;tabid=335&amp;portalid=1&amp;mid=1337</a></p>

<b>Rheumatology Referrals</b>	Working with Rheumatology department we've received some feedback regarding the completeness of information contained within referrals. Can you ensure that all relevant fields are completed and pre-referral tests either carried out or requested. This will enable triage of the referrals to the appropriate clinic type and slot.
<b>Non 2WW Dermatology Referrals</b>	<p>The teledermatology advice and guidance service at Ipswich Hospital for non-2WW skin lesions has been running successfully for several months and currently almost 50% of referred patients are not needing to attend secondary care and being managed in primary care. It does require an image of the lesion - one taken on a mobile phone is fine - and a response can usually be expected within 72 hours. Please try to arrange good quality images in the GP surgery if the patient is unable to organise and send them in on their own.</p> <p>Current waiting times for both routine dermatology appointments and the skin lesion clinic are now over 20 weeks. Therefore, we would like to encourage practices to use the teledermatology (Rego) service as this will result in a faster more efficient diagnosis of skin lesions, avoiding long waits and uncertainty for your patients. If you have any questions regarding the service, clinical or technical, please contact <a href="mailto:caroline.wells@suffolk.nhs.uk">caroline.wells@suffolk.nhs.uk</a>.</p>
<b>Colchester MESH module downtime 21/11/20</b>	Please click <a href="#">here</a> for information regarding system downtime this Saturday (Nov 21) for the Colchester MESH module (Lab Comm).
<b>Survey – Impact of Covid-19</b>	A group of researchers made up of professors and professionals from the University of Huelva and Loyola University in Spain, working in collaboration with Yeovil District Hospital, is doing an international study to learn about the psychological impact of Covid19 on health care professionals and the general population. The survey, which has been approved by the Health Research Authority, takes approximately 20 minutes to complete and can be accessed <a href="#">here</a> .
<b>Next Cancer Education Session 25/11/20</b>	<p>Please remember to join the next cancer education session:</p> <p>Date/Time: Wednesday 25<sup>th</sup> November at 1pm</p> <p>Topic: Cancer Diagnostics</p> <p>Speaker: Alice Parr STP Cancer Lead / Macmillan GP NEE</p> <p>This will be a Microsoft Teams meeting; the link is below and also in the attached full schedule of education sessions.</p> <p>Please just click on this link prior to the date and time mentioned above.</p> <p style="text-align: center;"><a href="#">Join Microsoft Teams Meeting</a></p> <p>Please ensure you join in good time with your microphone muted and your camera off.</p> <p style="text-align: center;"><a href="#">Cancer Education Session Timetable</a></p> <p>If you've missed them, recordings of previous sessions can be viewed online:</p> <p><a href="https://ipswichandeastsuffolkccg.nhs.uk/GPpracticememberarea/Trainingeducation/Trainingeducation/GPtrainingevents/GPeducationvideos/CancerLunchandLearnVideos.aspx">https://ipswichandeastsuffolkccg.nhs.uk/GPpracticememberarea/Trainingeducation/Trainingeducation/GPtrainingevents/GPeducationvideos/CancerLunchandLearnVideos.aspx</a></p>
<b>Cancer Care Navigator Presentation</b>	<p>Please click the following link for the slides from Dr Andrew Yager's <a href="#">short presentation on the Suffolk Cancer Care Navigators</a> during the Practice Shutdown on Thursday 12<sup>th</sup> November. Dr Yager is more than happy to join a practice meeting to present this service to the practice staff. It should also be possible to introduce you to the navigator attached to your PCN.</p> <p>Dr Yager's email address is: <a href="mailto:a.yager@nhs.net">a.yager@nhs.net</a></p>

<b>Menopause and Contraceptive Updates</b>	Please see the attached flyer which provides details of Menopause and Contraceptive Updates with Sally Roberts on 4 <sup>th</sup> and 16 <sup>th</sup> December 2020. <a href="#">Menopause and Contraceptive Training</a>
<b>Involving people and communities in PCNs</b>	Below is a link to a series of webinars for people working in PCNs to support them to work in partnership with their people and communities. Please do see if you are able to make some time to attend and also share with relevant staff. <a href="https://www.events.england.nhs.uk/webinar-series-building-inclusive-primary-care-networks-in-partnership-with-people-and-communities">https://www.events.england.nhs.uk/webinar-series-building-inclusive-primary-care-networks-in-partnership-with-people-and-communities</a>
<b>Dementia, Depression and Delirium webinars</b>	Whilst delirium, dementia and depression have similarities in presentation and sometimes co-exist, they have very different treatment responses. To raise awareness of the 3Ds, their inter-relationship and the importance of a person-centred approach, NHSE/I have commissioned Life Story Network to deliver two webinars for the East of England on Friday 27 November 12.00 – 1.00pm and Thursday 3rd December 3.00 – 4.00 pm*  The webinars are aimed at professionals and unpaid carers of people living with dementia. Please find here a <a href="#">flyer</a> attached with further details of what can be gained by attending the webinars, and instructions on how to book a place. Links for these seminars can also be found below:  <a href="https://www.events.england.nhs.uk/events/delirium-dementia-depression-webinar">https://www.events.england.nhs.uk/events/delirium-dementia-depression-webinar</a>  <a href="https://www.events.england.nhs.uk/events/delirium-dementia-depression-webinar2">https://www.events.england.nhs.uk/events/delirium-dementia-depression-webinar2</a>  Be aware that the webinars will be delivered via Teams so places are limited to 250 per session and will only be available to those who book a place. Please note the revised dates  If you have any questions, please contact Ben Adams via phone or email: 07783816338 <a href="mailto:ben.adams4@nhs.net">ben.adams4@nhs.net</a>
<b>Transitional Regulatory Approach and Strategy webinar</b>	Please click <a href="#">here</a> to view a video featuring Dr Rosie Benneyworth, Chief Inspector of Primary Medical Services and Integrated Care at CQC, as she discusses their transitional regulatory approach and the latest on the emerging strategy for 2021 and what this means for those working in general practice and other primary care services
<b>Sleep Resources</b>	The NSFT Psychology in Schools Team have developed a School Staff Professional Development Pre-recorded Training Programme on the Mental Health and Wellbeing Impact of Covid-19 and How to Support Colleagues and Students (Sept 2020). General practice staff may also find the training useful. Attached is a copy of the <a href="#">recording</a> and the <a href="#">slides</a> from the presentation along with a <a href="#">sleep blog</a> which goes with the podcast (Sleep <a href="https://youtu.be/U4pthSEi8dk">https://youtu.be/U4pthSEi8dk</a> ) and other information on sleep.  <a href="#">Sleep routines</a>  <a href="#">Top tips for better sleep</a>
<b>Wellbeing Suffolk Professional Event - Save the Date!</b>	On the 19 <sup>th</sup> January 2021, Wellbeing Suffolk will be hosting a <a href="#">professional event</a> on Zoom, aimed care navigators and social prescribing link workers. They will be presenting everything they do and how they have evolved to support Mental Wellbeing in these challenging times.  There will be sessions from the clinical and social team. You will also have the opportunity to get a taster of their virtual socials with a short relaxation station session. If you would like to come to the event, please email the following email address to confirm your attendance:  <a href="mailto:suffolksocials@nsft.nhs.uk">suffolksocials@nsft.nhs.uk</a>

<b>Training and Education afternoon – 12/11/20</b>	Recordings and slides from last week’s education afternoon are now available to view on the CCG website covering <a href="#">Veterans, Cancer care navigators and acute pathways</a> and <a href="#">Personal wellbeing</a> .
<b>ICS Briefing</b>	Please click below to read the latest edition of the Suffolk and North East Essex ICS briefing: <a href="https://sway.office.com/EXZvC17AHiKUBFC8?ref=email">https://sway.office.com/EXZvC17AHiKUBFC8?ref=email</a>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group  
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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)