



# Weekly Inbox

14 JAN 2019 Issue 305

## YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

**GP:** GPs

**PM:** Practice Manager

**Ad:** Administrative staff (including medical secretaries, receptionists)

**PN:** Nurses (including HCAs, Practice Nurses, ANPs)

**OC:** Other clinicians (including ECP, Pharmacists)

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## FOR ACTION

**OC GP PM Ad PN**

### 1 MSK GP Survey – Reminder!

We are looking to obtain feedback in relation to the MSK Service at Ipswich Hospital and your responses will assist us in identifying any areas for improvement. The results of this survey will be shared with yourselves and the MSK Operational Board.

<https://www.surveymonkey.co.uk/r/FJG9QG2>

We have had 3 replies so far so would be really grateful if you could complete the survey by 18<sup>th</sup> January 2019. If you have any questions please contact:-

[Angela Ashton](#) - Senior Transformation Lead.

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**OC GP PM Ad PN**

### 2 CCG Annual Stakeholder Survey

This week, practices should receive an email from Ipsos MORI ([CCG360stakeholder@ipsosmori.com](mailto:CCG360stakeholder@ipsosmori.com)) inviting you to take part in the survey and providing you with a link to an online survey. Your participation would be greatly appreciated; your views are very important in helping us develop in our role. To assist you, please take a look at our [2018 Year in Review](#) which gives a short summary of just some of the commissioning, leadership and engagement that the CCG has been involved with over the past twelve months.

Please note: the survey invitation will be sent to one nominated representative from each practice.

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## FOR INFORMATION

**OC GP PM Ad PN**

### 3 Unavailable Product

Please be aware there have been some reports of **Conotrane Barrier Cream** not being available to prescribe. We have been informed by the manufacturer that this is a temporary measure due to a change in supplier and should be available again from **20 January 2019**. During this time, it is advised that the second line barrier product **Medi Derma-S Barrier Cream** be issued as an interim measure. Further product details are available from the 'Catheter, Stoma and Skincare Formulary' and 'Nursing home dressings order form' attached, or are accessible via the Ipswich and East Suffolk CCG Website [Wound and Stoma Section](#).

If you have any queries on this matter please contact [Tralee Lashley](#) or medicines management team 01473 770249.

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## 4 Updated Catheter, Skin and Stoma Formulary and Updated Nursing Home Order Form

In December 2018 the CCG ‘Catheter, Skin and Stoma’ formulary was reviewed and updated to include more cost effective products for continence, skincare and stoma. All new products can be viewed in the updated formulary, accessible via Ipswich and East Suffolk CCG website - [Wound and Stoma Section](#).

A new skin barrier range **Medi Derma** has been included to supplement the existing skin care products and replace less cost effective products.

**\*Please note new changes:**

**\*New Addition - Medi Derma-S Barrier Cream** for incontinence moisture damaged skin.

Previous Product	Replaced with	New Formulary Product Range
Prosheild Plus Ointment	>	Medi Derma-Pro Ointment
Prosheild Foam and Spray Incontinence Cleanser	>	Medi Derma-Pro Foam & Spray Incontinence Cleanser
LBF Barrier Film Spray and Applicators	>	Medi Derma Barrier Film Spray and Applicators

The ‘Nursing Home Order Form’ has been updated to reflect this change of skin barrier preparations in line with the CCG ‘Catheter, Skin and Stoma’ formulary. This is also accessible via the IESCCG website [Wound and Stoma Section](#).

If you have any queries on this matter please contact [Tralee Lashley](#) or medicines management team 01473 770249.

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## 5 Outpatient Parenteral Antibiotic Therapy (OPAT) - ESNEFT

Patients within East Suffolk requiring IV antibiotics – all conditions except for cellulitis should be discussed with the duty microbiologist (01473 703012), referrals can then be made to the OPAT team by calling 01473 707682 (or ext. 8682). Patients requiring IV tazocin, ceftazidime or flucloxacillin will require a PICC line and therefore will be contacted separately by the PICC service when the next appointment is available.

For any further information on the OPAT service operating in your local area please contact [Grace Clarke](#) (specialist nurse) who can provide written information including posters or face-to-face information sessions.

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## 6 My Stroke Guide

Stroke can change your life in an instant. Whether it’s happened to you or someone close to you. A free online support tool is available now 24/7 called [My Stroke Guide](#). The Guide provides stroke survivors and carers with advice, information and over 200 videos to help build their knowledge, skills and confidence to actively manage their stroke journey. This includes a dedicated section for family and friends which provides information on the impact of stroke and advice about supporting loved ones.

Our online community connects you to thousands of others so you can share stories and tips, and find out how they manage recovery.

Please click [here](#) for further information.

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## 7 Specialist Perinatal Mental Health Service

**The Mix, 127 Ipswich Street, Stowmarket, IP14 1BB, Saturday 2 February, 10:30am-1:30pm**

Please encourage those you think would benefit and who would like to shape the service, to come along to this event. For more information, click [here](#).

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## 8 Tier 2 Visa Sponsorship Licence

Any UK based organisation that wishes to employ a non-EU overseas worker in the UK on a [Tier 2](#) (skilled worker with a job offer) visa must have a valid Tier 2 sponsorship licence. The employing organisation will need to submit an online application in order to obtain this licence.

NHS England has produced this [presentation](#) in order is to support you in making an application for a Tier 2 licence. Each licence is valid for 4 years and NHS England will **reimburse the application costs** and the **first 2 years Immigration skills charge**.

In July, NHS England launched an additional scheme aimed at supporting international GP trainees to remain in the UK upon completing their training successfully and with the next wave of trainee GPs due to complete this training over the next few months we are asking practices to get in touch with us if they would like to become a sponsoring practice. This is especially relevant for practices who either have current vacancies and/or are in hard to recruit areas, as these GPs are not only trained in the UK, but may have a breadth of clinical experience from their often varied and extensive experience across the world.

We would also like to ask practices to let us know if they already have Tier 2 sponsorship in place. Please contact [Julie Baran](#) or [Sonia Carnegie](#) to let us know if you already have Tier 2 sponsorship, or if you would be interested in applying for it.

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## 9 Services for Children and Young People with Special Educational Needs or Disabilities (SEND)

Ofsted and the Care Quality Commission (CQC) will soon be visiting Suffolk to review the progress of SEND services since their last visit. During the re-visit, Ofsted and CQC inspectors will be keen to speak to as many children and young people and their parents and carers as possible.

### Here's how to get involved

The inspectors will gather the contributions of parents and families through an [online survey](#) which **will open at 12 noon** on Monday 14 January and **close at 12 noon** on Friday 18 January.

An open meeting will take place on Monday 21 January at the Elisabeth Room, Endeavour House, 8 Russell Road, Ipswich IP1 2BX from 12 noon. If you would like to attend please email Suffolk Parent Carer Network on [admin@spcn.org.uk](mailto:admin@spcn.org.uk) with your name and telephone number so they can plan for your attendance and alert you to any changes to the meeting plan.

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## 10 Suffolk Family Carers – Who's in Charge

Please click [here](#) for the leaflet of the **Who's in Charge?** programme being delivered in Ipswich soon available **free** to family carers. Please do promote where you can.

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## 11 Great East Swim, Suffolk

Please promote the Great East Swim, physical activity. Information can be found [here](#) and additional posters and web banners can be downloaded [here](#).

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## 12 Taste Community Café for those suffering with Alzheimer's and Dementia

The Taste Community Café is open on Woodbridge Road for those suffering with Alzheimer's and Dementia. Please click here for [promotional information](#) and [details](#).

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## 13 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

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## EDUCATION & TRAINING

## 14 Mental Health and Emotional Wellbeing Education Sessions

Throughout 2019, the CCG is arranging a series of FREE educational evenings on mental health and emotional wellbeing designed for primary care practitioners in Ipswich and east Suffolk. Each session will include a meal at 6.45pm with the education session from 7:30 – 9:30pm.

The first of the series is on Thursday 7 February where the topic will be Personality Disorders. To book your place or for more details please contact [Shelley Mitchell](#).

Please see [flyer](#) for more dates in 2019 where future topics will include children and young people, depression and anxiety, psychosis, learning disabilities, consultation skills, Dementia, Drugs & Alcohol Dependence and substance misuse and more. There will be more information in the coming weeks so please keep an eye on the Weekly Inbox.

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## 15 FREE Primary Care and Cancer Matters Faculty

CRUK are working with the RCGP to hold a Primary Care and Cancer Matters Faculty event on Wednesday 6th February at Bedfordshire and Hertfordshire Faculty, Putteridge Bury, Hitchin Road, Luton LU2 8LE. **This is a free event for GPs and places are still available.** The [flyer](#) has all the details and booking link.

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## 16 Practice Manager Forum – Save the Date!

The next Practice Manager Forum is scheduled for Tuesday 12 March, 13:00 – 18:00. This will be taking place at Holiday Inn Ipswich Orwell, 2 The Havens, Ramsomes Europark, Ipswich IP3 9SJ and will include lunch.

We are finalising the agenda which we will send out soon.

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## 17 GP Skills Training Events

EPI in association with Red Whale and Suffolk & North East Essex Training Hub are offering FREE Skills Training available to the Primary Care workforce. Click [here](#) for more information or [flyer](#).

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