

# Covid-19 Newsletter

Issue. 45

09 June 2020

Welcome to the latest edition of the Covid-19 newsletter. We will be issuing this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

**Previous issues** – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<b>Extended Hours</b>	<p>When the Covid pandemic began and many staff were required to isolate at home a number of practices asked for permission to suspend the delivery of extended hours due to significant capacity issues. These capacity issues have largely been resolved.</p> <p>Therefore we are asking those practices that suspended their extended hours services to resume them with effect from Monday 6 July. If this will cause any issues for any practice please get in touch with <a href="mailto:David.brown2@ipswichandeastsuffolkccg.nhs.uk">David.brown2@ipswichandeastsuffolkccg.nhs.uk</a></p>
<b>After care from Covid-19</b>	<p>This guidance supports primary care and community health services to meet the immediate and longer-term care needs of patients discharged following an acute episode of COVID-19.</p> <p><a href="#">Aftercare needs of inpatients recovering from COVID-19 5 June 2020</a></p>
<b>Diabetes &amp; Covid-19</b>	<p>Please see <i>attached</i> details of a series of webinars being run throughout June by Dr Sanjeev Sharma, Consultant in Endocrinology and Diabetes at ESNEFT. <b>The next one is this 7pm evening: Virtual Assessment and Optimisation of people with Type 2 diabetes</b></p> <p><a href="#">Diabetes and COVID-19 seminars</a></p>
<b>ESNEFT - Births</b>	<p>Pregnant women are able to choose to have their babies at ESNEFT's midwife-led units once again. The service was temporarily suspended in April to keep both staff and patients safe during the COVID-19 pandemic, but has this week been re-established at Ipswich Hospital's Brook Birthing Centre.</p>
<b>Safeguarding</b>	<p>Please see <i>attached</i> an HM Government leaflet on safeguarding. We would be grateful if you would print out some copies for distribution in your practices.</p> <p><a href="#">Safeguarding is Everyone's Business leaflet</a></p>
<b>DXS Update</b>	<p><b>Latest updates to the DXS Professional section:</b></p> <ul style="list-style-type: none"> <li>• <b>New COVID-19 folder</b> which includes: <ul style="list-style-type: none"> <li>○ ESNEFT Guide to Outpatient Referral Pathways during the COVID-19 Epidemic (SUF1770)</li> <li>○ COVID-19 Advanced Care Plan (SUF1766) and Guidance (SUF1767)</li> <li>○ COVID-19 2WW patient letter template (SUF1765)</li> </ul> </li> <li>• <b>Updated</b> Notification of Infectious Diseases (SUF1038) – now includes COVID-19</li> <li>• <b>Updated</b> East Medicines Management Pathway (SUF1430) – now has links to COVID-19 related information including Self-Care for Wounds Guidance and Guide for Alternative Inhalers Prescribing.</li> </ul>

<p><b>MSK Physiotherapy Services - Allied Health Professionals Suffolk</b></p>	<p>Dear Colleagues</p> <p>Since lockdown started, when most of our staff were deployed into Trusts to aid the Covid-19 response, we have continued to run a safe and effective MSK Physiotherapy service. We have been accepting and triaging self-referrals and Single Point of Access (SPOA) referrals as usual, and other than for very urgent cases, have been running telephone and/or video consultations.</p> <p>Referrals into secondary care have been affected somewhat with the T&amp;O departments priority shifting towards life and limb saving surgery only, however <b>where clinically appropriate</b> patients have been either referred on or are awaiting our attention for referral workup once these pathways return to normal.</p> <p>We also continue to offer a <b>First Contact Practitioner</b> service, remotely at this point in time.</p> <p>Although the majority of our staff returned on or about 1<sup>st</sup> June, as yet guidance has not changed and we will continue to run a virtual service for other than the very urgent cases (which we will determine at triage). That said, we would really encourage you to refer patients to us- and preferably <b>encourage patients to use self-referral</b> (web <a href="https://physioselfrefer.co.uk/">https://physioselfrefer.co.uk/</a> or call on 03330 433966; your practices should have all the material such as referral cards and posters already), and hopefully freeing up some of your time.</p> <p>To re-iterate, please keep sending referrals, and please encourage more self-referral; but we would be grateful if you could be clear to patients that most cases will be managed virtually and there are likely to be delays in seeing secondary care consultants until guidance changes.</p> <p>Any queries, please contact <a href="mailto:tim.hague2@nhs.net">tim.hague2@nhs.net</a></p>
<p><b>Sustainability Survey</b></p>	<p>In the last few months, general practice has risen to the challenge of a new way of working due to the Covid-19 pandemic. However, it is widely recognised that the health impacts of the climate emergency will be greater than those of coronavirus. As we move forwards, we have the opportunity to look at how general practice can become more sustainable while continuing to provide excellent care to our patients. We would like to support you with this and our first step is to establish where you are regarding sustainability and gather your opinions about the challenges and opportunities this presents. To this end, the <b>Suffolk &amp; North East Essex Integrated Care System's Sustainability Group</b> would be grateful if you could complete this <a href="#">questionnaire</a>. You may also be interested in this <a href="#">free webinar</a> for GPs on greener practice, which is being hosted by the <b>Royal College of General Practitioners' White Rose Faculty</b> from 1pm to 2pm this Friday, 12 June.</p>
<p><b>CCG stakeholder update</b></p>	<p>Please see <i>attached</i> the latest stakeholders update from Dr Ed Garratt, Chief Executive of the NHS Ipswich &amp; East Suffolk, NHS West Suffolk and NHS North East Essex CCGs and Executive Lead for the Suffolk and North East Essex Integrated Care System.</p> <p><a href="#">Ed Garratt Update 5 June</a></p> <p>Please click <a href="#">HERE</a> to see the latest <b>video update</b>.</p>

If have any questions or important information to share in the next edition, please contact [Caroline Procter](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group

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Visit the [CCG Covid-19 webpage](#) where you can find many [other useful links and resources](#)