



Weekly Inbox

04 Nov 2019 Issue 347

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: General Practitioner
PM: Practice Manager
Ad: Administrative staff (including medical secretary, care navigator)
PN: Nurses (including HCA, Practice Nurse, Nurse Practitioner)
OC: Other clinicians (including ECP, Pharmacist, PA)

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FOR INFORMATION

OC GP PM PN

1. End of Life / Care Homes Update

New regulations on notifications of death: For the first time, the Government has introduced regulations that place a duty on registered medical practitioners to notify the coroner of certain deaths, and what information should be provided. They apply to England and Wales and become law on 1 October 2019. Read the Ministry of Justice's guidance on complying with the regulations [here](#).

14 – day Rule and completion of Cremation Forms for patients in Care Homes:

Following a series of queries the LMC has had discussions with both medical referees for the crematoriums in East and West Suffolk regarding the situation whereby a Cremation 4 form is presented for a patient who has died in a care home and has not been seen in the previous 14 days.

Both medical referees appreciated that there would be significant workload implications for GPs routinely seeing all patients expected to die every 2 weeks, particularly in the absence of clinical need. The medical referees have advised that (in line with their guidance) they would accept a time outside 14 days in an expected death in a palliative setting and that a care home expected death is a death in a palliative setting. They advise that it would be helpful to make this clear in the free text on the cremation form (question 9 cremation form 4) and the doctor completing the confirmatory certificate has spoken to a member of staff at the care home and indicated this in question 3 cremation form 5. If in doubt a conversation with the coroners' officer will prevent delays.

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2. SARC (Sexual Abuse Referral Centre)

There has been a case recently where a very young child who potentially had been sexually active was not referred to the SARC (Sexual Abuse Referral Centre) We would like to raise awareness of the role of the SARC in Suffolk known as 'The Ferns', how and when a referral to them should be made and the fact that they are available to offer advice to professionals.



Please access their [website](#) for more information and the attached flowcharts for referrals for patients below and over 13 years old.

To talk to a specialist nurse about a case please call Mountain Healthcare on 0330 223 0099 they are very happy to receive calls from primary care staff about individual cases if advice is needed. Please note this is a different number to the main SARC number on their website and will get you through directly to a Nurse.

Remember in these cases you will also need to consider the safeguarding risk to the child and a referral into the MASH is also likely to be needed.

We hope to get one of the specialist nurses to come along to one of our GP Safeguarding leads sessions next year.

Please find the referral process for a child under 13 years [here](#).

Please find the referral process for a child aged 13-17 years [here](#).

If you have any queries regarding the above information please contact [Jo Hutchings](#).

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3. Flu leaflets

The 'Protecting your child from flu' leaflet is now available to download in audio from: <https://www.healthpublications.gov.uk/ArticleSearch.html?sp=St-194&sp=Sreset>

This is also in braille – on demand from the Healthpublications website.

The same leaflet is available on GOV.UK in Arabic, Bengali, Chinese, German, Gujarati, Hindi, Italian, Polish, Romani, Romanian, Somali, Tagalog, Tamil, Turkish and Urdu.

<https://www.gov.uk/government/publications/flu-vaccination-leaflets-and-posters>

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4. Flu vaccination messaging for people with a learning disability

Around one in three deaths of people with a learning disability are caused by respiratory problems which increase during winter. A flu jab helps avoid preventable deaths during this period, so it's important that we reach more people with a learning disability so that we can increase the number of people who are protected.

GPs play a crucial role in helping protect vulnerable groups from flu. An easy read poster and leaflet are [available to download](#) for display in GP surgeries, as well as an [easy read template letter](#) to encourage patients to have the flu jab.

New [identification guidance](#) has also been published to support you in the identification of people in this group who need a flu vaccination.

If you are struggling to engage with any of your learning disability population, please contact the NSFT Primary Care LD Liaison Team: liaison.nursesld@nsft.nhs.uk

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5. Primary Care Leadership Collaboratives

Primary Care Leadership Collaboratives (PCLC) are designed to support local teams in developing leadership capabilities in each of the Sustainability and Transformation Partnership footprints ([see map](#)).

We are seeking up to eighteen collaboratives in total, likely to be a practice manager, practice nurse and GP/GDP but potentially including other senior colleagues in practices and other local organisations. Individual practices can form their own collaborative to attend and could use the programme to develop any quality improvement initiatives within their practice. We anticipate each collaborative will already be working together to improve health and health outcomes for communities. Our goal is to enable improvement, integration and innovation across STPs through the collaborative, sharing a common purpose and vision of primary care and future outcomes for communities. To find out more about this please click [here](#).

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6. Information for Midlands and East of England CCGs

Registration of those leaving secure residencies

Earlier this year, CCGs and GPs were made aware of a change in the GMS contract that requires practices to register individuals prior to them leaving the secure and detained estate. Colleagues were asked to update their procedures and support this new process by autumn 2019. A number of healthcare providers in the secure and detained estate are reporting that not all GP practices are aware of this and in some places have refused to register these individuals.

The copy below is available for use in your GP member newsletters:

GMS contractual reminder to support improvements in the registration of individuals leaving the secure residential estate

The [NHS England Standard GMS Contract 2017/18](#) (page 64) sets out information for GPs on registering individuals prior to their release from the secure residential estate (such as prisons, young offender institutions, immigration removal centres and secure training centres). This has now been implemented and is intended to help these individuals maintain continuity of care, avoid unplanned emergency admissions to hospital, and support their rehabilitation. Such individuals can also be initially reluctant to register with their GP practice post-release. To support with registering patients prior to their release, practices are asked to update their procedures and follow this improved process. Visit [here](#) for further information.

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7. Podcast – Suffolk Primary Care

Suffolk Primary Care is a super-practice incorporating twelve original practices with 33 partners covering 110,000 patients. Nick Rayner and Neil Macey were recently interviewed for 'The General Practice Podcast' about Suffolk Primary Care (SPC). The episode went live on Monday 28 October and can be accessed [here](#).

Nick and Neil explain the journey they followed bringing practices together, the benefits, what they are achieving together and how a solution has been found to the problem of property ownership.

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8. Start planning for Self Care Week 18 - 24 November

The Self Care Forum invites you to join the 600 organisations promoting National Self Care Week to help people think "self-care for life". It is an ideal promotional vehicle to help local organisations empower their population through local collaboration or, your own targeted campaign. A [toolkit](#) of resources is available which includes the Self Care Forum's [eight point plan](#) – a framework on how to structure your Self Care Week initiative. Contact the [Self Care Forum](#) for more information or [subscribe](#) to the mailing list for updates.

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9. Local Vacancies

Please click on the above link to see the local GP and practice staff vacancies currently advertised on our website.

New vacancies include:

- Salaried GP at Deben Road surgery – please follow the link above
- Temporary Practice Nurse at Barham and Claydon Surgery – please click [here](#) for more information and how to apply
- Physician Associate at Leiston Surgery – please follow the link above
- Admin Support at Orchard Medical Practice – please follow the link above

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PCN CLINICAL DIRECTORS INFORMATION

10. Senior Clinical Leadership programme

PCC has designed a two day programme to give senior clinical leaders an intensive introduction to leadership principles, practical skills that they can put to work immediately in their new roles, and a strong focus on the capabilities and techniques they will need to foster collaboration and build the relationships on which the success of the network will depend.

To read more about this programme starting 25 March in London please click [here](#).

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11. PCNS – Next Steps for Practice Managers Conference

NHS England and NHS Improvement are holding a series of dedicated regional events this autumn for Practice Managers:

The events are specifically for practice managers and we still have a few spaces left at the East of England event on the 7th November at Wyboston Lakes in Bedfordshire so if you are able to distribute the following information out to any practice contacts you have I would be really grateful as it would be good to get as many practice managers there as possible.

- Hear about PCNs, the fundamental role that you play and the development funding that is available
- Talk to Practice Managers who are working within PCNs and understand how their roles have developed
- Join interactive workshops that focus on:
 - PCN leadership: in the context of practice management
 - Coaching: support for practice managers
 - Population Health Management and collaborative working
 - Workforce – newer workforce roles and the impact on capacity

Registration is via the following link: -

Thursday 7th November

[East of England](#)

Wyboston Lakes, Bedfordshire

For further information please contact england.gpdevelopment@nhs.net

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12. Reminder: FREE Workforce Transgender Awareness Training

There are still spaces available to the free Workforce Transgender Awareness training, open to primary care staff working with Suffolk patients, this two-hour session aims to increase your knowledge and skills when working with people who identify as transgender, enabling you to work more confidently and compliantly within current legislation and guidance. [View Flyer](#) for more information. Choice of two dates/venues:

Tuesday 12 November, 2.30pm-4.30pm, Bury St Edmunds [Please click here to book](#)

Wednesday 20 November, 10.30am-12.45pm, Claydon [Please click here to book](#)

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13. Psychosis: the What and Why of Early Intervention

The next in our series of evening education sessions is coming up on Tuesday 12 November will be focused on Psychosis. We welcome Clinical Psychologist Dr Rebecca Rollinson and Dr David Williams from NSFT, who will aim to deliver an understanding of psychosis, the rationale for the importance of early intervention, what is provided within an early intervention service and procedures for screening and referring through from primary care. [Download flyer](#)

Date: **Tuesday 12 November 2019**

Time: 6.45pm for two-course supper. Education 7.30pm – 9.30pm

Venue: Trinity Park Bucklesham suite, Felixstowe Road Ipswich IP3 8UH

Places are limited and we need to know numbers for catering so any staff wishing to attend will need to book a place please via email to shelleyhart@nhs.net or call 01473 770021.

A reminder that our series of evening education events are FREE to ALL primary care staff working in general practice in Ipswich and east Suffolk and resources from each session are available on the [CCG website](#). Videos from previous sessions will be available very soon and we thank you for your patience!

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14. Suffolk and North East Essex Primary Care Training Hub (PACT)

The training hub weekly newsletter is THE PLACE to find local training, education and workforce development for primary care.

Please follow the link to the latest [Training Hub Newsletter Issue 107/108 – 23-30 October 2019](#)

If you would like to sign-up to receive the newsletter directly each week or have any queries please email PACT@suffolkch.nhs.uk.

The Training Hub is working together with representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.



Suffolk & North East Essex
Primary Care Training Hub

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CONTACT

15. Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you work in general practice in Ipswich and east Suffolk and are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.

Want to become a Dementia Friend?

Watch an online video by clicking [here](#) and entering your unique code: **Ips6900** (for all Ipswich & east organisations)



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

Useful links:

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Living Life to the Full for Suffolk](#)
- [New to the area? Our Clinician Welcome Pack includes useful information](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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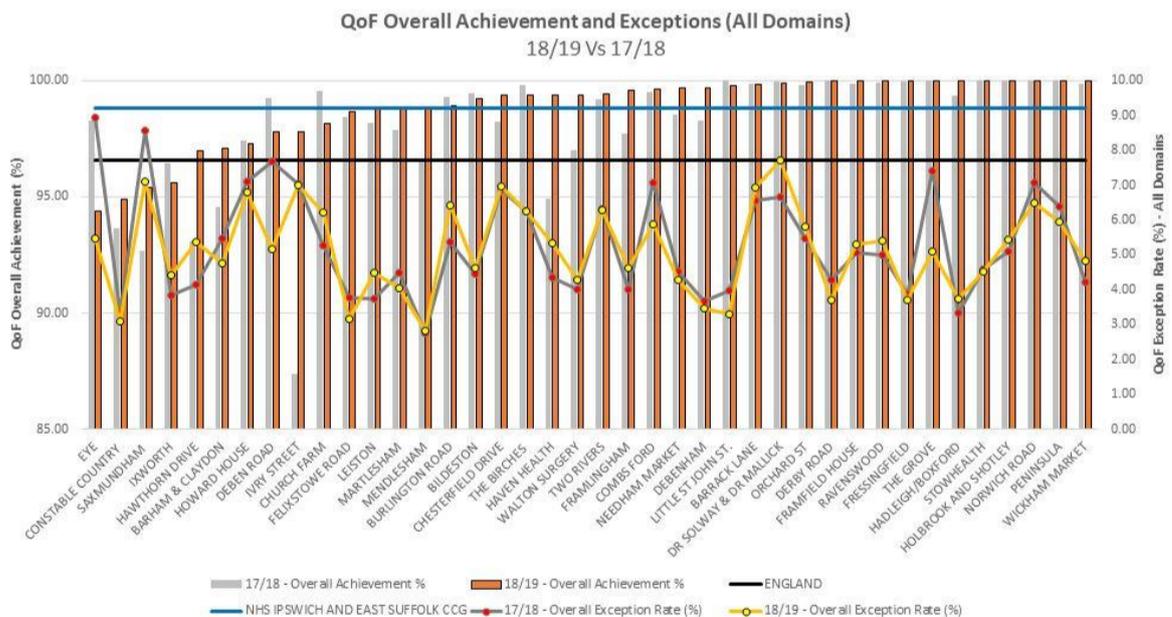
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CHART OF THE WEEK

16. We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week. Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at QoF Overall Achievement and Exceptions (All Domains) 18/19 vs 17/18



[Click on chart to enlarge](#)

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